

At the Helm



Capt (IN) A Muthuraman, Principal



Lt Col ADS Jasrotia, Vice-Principal



Lt Cdr Anantha Krishnan K, Administrative Officer



Mr Anuj Kumar Kushwaha, Senior Master



5748 Cdt Yashraj Sharma (School Adjutant)



5773 Cdt Rickchen Buragohain (School Captain)



5791 Cdt Prachurya Bharadwaj (Mess Captain)





Sainik School Goalpara 2020-2021





ब्रिगेडियर पी. के. शर्मा

निरीक्षण अधिकारी

Brig PK Sharma

Inspecting Officer Telefax: 011-23011498 Tele: 011-23014826

E-mail: sainikschoolsociety@gmail.com





भारत सरकार, रक्षा मंत्रालय सैनिक स्कूल सोसायटी, 101 डी-1 विंग, सेना भवन नई दिल्ली – 110011 Government of India Ministry of Defence Sainik Schools Society 101, D-1 Wing, Sena Bhawan

New Delhi-110011

I am happy to learn that Sainik School Goalpara is bringing out the annual issue of its school magazine "The Puberun" and I extend my best wishes for the same.

A school's magazine is its best ambassador and it reflects its ideals, convictions and all that it stands for. It is indeed heartening to see the qualitative growth and development of the school both in academic and other areas.

Over the years, Sainik School Goalpara has contributed significantly by enriching the human resource of the society. Today the old boys of the school occupy important positions in all walks of life. I am sure that the school will continue to produce quality leaders in the years to come.

I express my warm felicitations and best wishes to Sainik School Goalpara fraternity and wish them all success in their future endeavors.

Jai Hind!

(PK Sharma)





ग्रुप कैप्टन पी रवि कुमार

निरीक्षण अधिकारी

Gp Capt P Ravi Kumar

Inspecting Officer Sainik Schools Society Tele Fax: 011-23011498 Tel: 011-23014826

E-mail: sainikschoolsociety@gmail.com





भारत सरकार, रक्षा मंत्रालय

सैनिक स्कूल सोसायटी, 101, डी-1 विंग, सेना भवन नई दिल्ली - 110011

Government of India.

Ministry of Defence, Sainik Schools Society 101, D-1 Wing, Sena Bhavan New Delhi-110011

The journey of humanity through the interminably gloomy tunnel created by a virus gone berserk has been harrowing and even heartrending. But there is finally a glimmer of light at the end. New hope awakens at the dawn of what appears to be a life full of hidden possibilities and renewed promise.

While we have been leading a confined existence for over a year, it taught us the value of family, hygiene and exercise, self reliance and of course the power of the internet, which in the school scenario, ironically reiterated the primacy of the teacher in a revised role.

The single most reason why the teacher will never get wiped away like the chalk marks on the blackboard is the role she or he plays in finding the right spark in each of the students and in guiding and encouraging them as per her or his special abilities, something which no one else including parents would be better placed to do. Yes, teachers were at one time foster parents, especially in a gurukul environment, nurturing and raising the child to be educated and human and well prepared to deal with the real challenges of life. While today parents and the media have to a great extent tried to fill the gaps in the learning process-as we particularly realised during the lockdown, will they ever be able to replace the teacher in a classroom? Google or YouTube can be your guru who uncomplainingly dispel your doubts regarding facts and figures, but who is the one who cares for the child when her or his spirit cowers? Who, besides igniting ideas, holds up an ideal for all the youngsters to see and seek? Who brings out the best side of the student and turns that coveted spotlight which not only presents the girl or boy in an admirable avatar but also lets the child bask in that all important two minutes of glory and pride which like a life-buoy would keep the esteem afloat all one's existence and make her/ him indebted to that selfless savior forever, like we are to the masters of our generation, who held our hand and led us out of darkness.

Compliments to the editorial team for putting this magazine together, despite being dramatis personae in perhaps the most traumatic and tumultuous chapter in our lifetime. Wishing Principal, Staff, Students and Families a creditable score in all performance parameters, most of all-health.

Jai Hind!

(P Ravi Kumar)







Editorial Board

Patron

Capt (IN) A Muthuraman Principal

Editorial Adviser

Lt Cdr Anantha Krishnan K Offg Vice Principal

Editor-in-Chief

Mr Prodip Kumar Adhikary

Sub Editors

Mrs Raisa Yasmin (English)

Mr Krishna kumar Borah (English)

Mrs Puspalata Kalita (Assamese)

Dr Durga Prasad Mishra (Hindi)

Photo Coverage

Mr Sriharsa Gouda, TGT (Maths)

Mail us at:

editorthepuberun@rediffmail.com

"What makes a child gifted and talented may not always be good grades in school, but a different way of looking at the world and learning."

- Chuck Grassley

Education is no more confined to books and the four walls of the classroom but it is primarily to equip the learners with the requisite skills to face and conquer the world outside and bring in constructive, holistic and sustainable changes in society to make it a joyous and peaceful place to live in.

There has been a paradigm shift in education system in recent past. Moreover, this pandemic has taught numerous lessons to teachers and taught as well, with never fading imprints and the normalcy awaited by us will definitely be a new normalcy with lot of surprising facts.

A learner centric teaching approach is the need of the hour at this juncture. We all must put our collective efforts in connecting teaching-learning to the real life situations, for which school and society must work hand in hand to achieve the optimum learning outcome and teaching needs to be more of 'learning by doing', making it experiential in nature.

This digital issue of 'The Puberun' is a testimony of how prompt and effective SSG was to embrace this transition towards digital mode of teaching and training and will definitely showcase the creative, critical and potential expressions of cadets and staff.

"The principal goal of education in the schools should be creating men and women who are capable of doing new things, not simply repeating what other generations have done."

- Jean Piaget

Wish you all a happy reading! Read on...

Prodip Kumar Adhikary Editor-in-Chief

From the Principal's Desk



The Academic Year 2020-21 has been unprecedented as the world stared at an unimaginable challenge posed by COVID-19. However, the teachers encountered the problem with positive approach and the learning continued as early as from March 2020 in online mode. However, the teaching-learning process was not as effective as it ought to be but as we adopted more technologies and teaching tools we became adept to the newer situation.

Therefore, this edition of the magazine is special as it brings out what happened in the school during the first pandemic year and I am confident that this will be a treasured collection in the school's archives.

As communication will always remain the core skill required for success and good human relations, I urge the cadets to participate in every literary activity wholeheartedly and continued to enrich school publications with high quality contributions.

Capt (IN) A Muthuraman



Achievers 2020-21

Recommended by SSB (NDA 146th Course)

Bir Chilarai Awardee (2020)

Best NCC Cadet (Jr Div, Gp HQ Ghy)



5825 Cdt Ajay Kumar



6052 Sgt Abu Hasmiud Doza



6134 Cdt Bedanta Das Talukdar

TOPPERS AISSE 2021



6069 Cdt Avyukt Kumar



6024 Cdt Aditya Pratim Bordoloi



6492 Cdt Tanishq Jaiswal



6514 Cdt MU Harshitaa







TOPPERS AISSCE 2021



5791 Cdt Prachurya Bharadwaj



5749 Cdt Lham Tashi



5773 Cdt Rickchen Buragohain



NDA Entry



THE PATH TRODDEN OVERVIEW OF ACADEMIC YEAR 2020-2021

Academics <

The school instituted various initiatives to enhance the Cadets' entry into the National Defence Academy, Khadakwasla, Pune. UPSC preparatory classes followed by a series of Mock Tests were conducted for the Cadets of XI and XII. The school also arranged for an SSB Capsule conducted by Lakshya Academy, New Delhi. Five Cadets from 2020-21 session cleared UPSC Written Examination out of which, Cdt Ajay Kumar was recommended by SSB. Also, out of seventeen other cadets of the previous batches, that cleared the examination, four Cadets namely Cdt

Himshikhar Kashyap, Cdt Abhijit Giri, Cdt Rishav Raj

The school performed remarkably well and achieved 100% results in both Class X and XII CBSE Examinations 2020-21. 91 out 104 Cadets in Class X and 47 Cadets out 62 cadets in Class XII secured more than 75%. Cadet Avyukt Kumar and Cdt Prachurjya Bharadwaj topped with 98.2 % and 92% in Class X and XII respectively.

TEACHERS' TRAINING

In order to keep pace with the emerging challenges and developments in the field of education, it is obligatory for the teaching community to enhance their knowledge and hone their skills time to time. Realising the significance of such dynamics, the school organised several Faculty Development Programmes during which faculty members researched and presented their findings and ideas on the areas that were considered vital to fulfilling the objectives of the school. Besides, they attended various training programmes conducted by CBSE and also, a workshop on 'Emotional Intelligence' conducted by Mrs Urmimala Das, Fulbright Alumna and Headmistress, Bal Mandir Public School.

Training for Online Classes on MS Teams

An online Teachers' Training Workshop was conducted by a team of experts from Microsoft on 18 May 20 to enable teachers to conduct online classes for cadets through MS Teams.



National Webinar

Teachers attended the National Webinar on the "Use of Online Resources during Lock Down in COVID-19 Period" on 25 Aug 2020. It was organised by Central Library Nehru College, Pailapool, Cachar.





Co-Curricular Activities

Keeping in pace with the challenges caused by Covid-19 pandemic, the school conducted various co-curricular activities online for the Academic Session 2020-21. The new format of the activities helped both the cadets and the faculty members embrace the vistas of new-age learning and enhance their knowledge and skills.

- ❖Inter-House English Debating Competition was conducted on 29 Jun 21. The topic for the competition was, "Can India counter China's growing influence in the world?". The competition was won by Udaygiri House.
- ❖Inter-House Hindi Debate was conducted on 14 Sept 20 during which the participants justified if 'Online education is a welcome step to develop wholesome growth of students'. The first position was secured by Lachit House.
- ❖Inter-House Assamese Debate based on 'India's ability to counter China's growing influence in the world', was conducted on 18 Sep 20. The first position was bagged by Eklavya House.
- ❖Inter-House English Declamation Contest (Juniors) was conducted online on 26 Dec 20. The theme of the contest was `Freedom Fighters of India'. The contest was won by Chilarai House.
- Quiz was conducted round the year to upheld important occasions and various government initiatives viz. 'World Environment Day' on 5 Jun



20, 'Ek Bharat Shreshtha Bharat' on 27 Aug and 30 Sep 20. In addition, Inter-House Quiz Competition for Juniors and Sub-Juniors were conducted on 30 Sep and 12 Dec 20 that were won by Eklavya House and Bhaskar House respectively.

- A Painting Competition for classes VI to VIII and an Essay Writing Competition for classes IX to XII on the theme, "Gandagi Mukt Mera Gaon" were conducted as per CBSE guideline on 13 Aug 20.
- ❖Inter-House Hindi Short-Story Writing Competition (Juniors) was conducted on 24 Sep 20 that was won by Chilarai House.
- As part of the awareness campaign under the 'Constitution Day', a Poster Making Competition on the theme, 'Clean Water' was conducted on 10 Oct 20.

School Celebrations

Celebration and observation of various important occasions in educational institutions are pertinent to wholesome growth of students as these inculcate social skills and harmonious growth in them. The school organised various such celebrations and observations during the session.





YOGA MAHOTSHAY

Yoga Mahotshav was celebrated under 'Ek Bharat Shreshtha Bharat' on 09 July 20 using online platform. PTI conducted an online Yoga session followed by a lecture cum presentation on importance of Yoga by the class teacher during regular online classes.



RASHTRIYA EKTA DIWAS

As part of Rashtriya Ekta Diwas, a pledge was taken by 70 staff members including Principal maintaining the protocol of COVID-19 on 31 Oct 20.

Independence Day

74th Independence Day was celebrated in the school maintaining COVID-19 protocol. Appreciation Certificates were awarded to eight teachers for excellent results in AISSE and AISSCE 2020. Five other employees were also rewarded for their dedicated service to the school.

≻6th International Yoga Day

The 6th International Yoga Day was observed on 21 Jun 20. Cadets, staff and family members joined the online yoga session from their residence through MS Teams conducted by PTI. Also, an online painting competition was conducted on 'Yoga in Everyday Life' for cadets.



Teachers' Day

Teachers' Day was celebrated on 05 Sep 20. Gp Capt Mohonto Panging, VSM (Retd) and Dr Samiron Phukan, Assistant Director and Senior Scientist at Lupin Limited, Pune participated in a webinar held on the occasion. The Guest Speakers who are the alumni of the school, delivered talks on "The teachers who shaped my life" and "The key teachers of school who made me successful" respectively.





FIT INDIA SCHOOL WEEK CELEBRATION

Various Virtual activities like free-hand exercise, yoga, preparing advertisement, art competition etc were carried out as part of Fit India School Week celebration during the third and fourth week of November 2020.

Azadi ka Amrit Mahotsav -

A Talk and an Essay Writing Competition were conducted as part of celebration of "Azadi ka Amrit Mahotsav" on the topic 'India's Freedom Struggle and relevance of Dandi March' on 12 Mar 21.

National Science Day

The National Science Day was celebrated on 01 Mar 21. An online talk was delivered by Dr Jitumani Kalita, Assistant Professor, Cotton University as part of National Science Day.



School Raising Day

The 57th School Raising Day was celebrated on 12 Nov 20. Chief Guest, Major General Ananta Bhuyan, SM, ADG NCC, NER and an alumnus, delivered a motivational talk. The day was celebrated with a plethora of activities for staff and families followed by a talent cum cultural show in the evening.



Republic Day

The 72^{nd} Republic Day was celebrated in the school on 26 Jan 21. A tree plantation drive was carried out in the school campus on the auspicious occasion.



International Women's Day

The International Women's Day was celebrated on 08 Mar 21. The teachers made the cadets aware of the significance of the day and various issues pertaining to women during their classes.



International Day Against Drug Abuse and illicit Trafficking

The school observed International Day "Against Drug Abuse and Illicit Trafficking" on 26 Jun 20. An online lecture cum presentation was conducted for cadets by Mr M K Barman, ANO.



Fit India Cycle Rally

A Fit India Awareness Cycle Rally was organised on 13 Sep 20. Thirty volunteers that included school staff and cadets participated in the event. The rally covered a to-and-fro distance of 40 kms between the school and Dudhnoi College.



Community Shramdaan

A community shramdhan was carried out in the school campus on 02 Oct. 20 by the staff members.





Tree Plantation

Tree plantation drive was carried out by the school on the auspicious occasion of 74th Independence Day on 15 Aug 20.



EBSB Awareness Cycle Rally

As part of Ek Bharat Shreshtha Bharat, an "EBSB Awareness Cycle Rally" was organised on 2 October 20 that covered a distance of 30 kms between SSG and Dalgoma. The staff and the Day Scholars participated in the event.



Motivational Talks AVM Sanjib Bordoloi, AVSM (Retd)

An online talk on the achievements of Indian Air Force was delivered by AVM Sanjib Bordoloi, AVSM (Retd) and an alumnus of SSG with over three decades of experience in the IAF.



Major General Ananta Bhuyan, SM, ADG NCC, NER

An online motivational talk was delivered by Major General Ananta Bhuyan, SM, ADG NCC, NER as part of celebration of 57th school Raising Day on 12 Nov 20. During his speech, the General urged the cadets and the staff to put in sincere efforts to triumph over emerging challenges and scale greater heights in the future.



Screening of Talk Show

To mark the third edition of TEDx Youth@WBS, a Talk show hosted by Welham Boys' School was screened for the cadets on 26 Mar 21.

Victory March: Bir Chilarai Award <

Cadet Abu Hasmiud Doza (Roll No-6052) of Class X was awarded the prestigious Bir Chilarai Award for the Session 2020-21 in the Junior Division by Commissioner & Secretary, Govt of Assam on 15 Aug 2020.



Parents Teachers' Meet

Class-wise online Parents Teachers' Meets were conducted every month for the parents of the cadets from Classes VI to XII during which feedback from both the faculty members and the parents were recorded and necessary steps were initiated accordingly. The respective class teachers hosted the meetings on MSTeams.

Sqn Ldr Kalung Payang

An online talk on Air Force was delivered by Sqn Ldr Kalung Payang on 24 Dec 20. Lt Cdr Pranjal Borah, Major Murari Kumar, Sqn Ldr Himanshu and Flt Lt Saanya also joined the interactive session with

Best NCC Cadet

Cadet Bedanta Das Talukdar of Class IX was adjudged the Best Cadet in Junior Division by NCC Gp HQ, Guwahati. He also awarded a cash prize of Rs



SSG Bihu Team

Cadets of SSG performed Bihu dance during a virtual programme organised by the Ministry of Defense to launch its revamped 'Gallantry Award portal' on 25 Jan 21. The Defense Minister complimented the cadets on their wonderful performance.



CWS SCHOLARSHIP

04 Cadets from Senior Division and 09 cadets from Junior Division were awarded CWS Scholarship for their outstanding performance in academics. Each of them received a cash prize of Rs 6000/-

Infrastructure Development

The school undertook various infrastructure development works that are as follow:

- ❖ Solar Water Heaters were installed in two Sub-Junior Houses and Cadets' Mess.
- Renovation and rewiring of internal electrification of all staff quarters were completed.

- ❖ A total of 24 water tanks were installed in Type II quarters.
- Repair, rehabilitation & re-strengthening of staff toilet block were completed.
- Septic tank & sewerage line to Staff Quarters, Cadets' Hostels, Cadets' Mess, Officer Bungalow and MI room were constructed.
- Drainage system adjacent to the Cadets' Mess was completed.
- CCTV Camera Surveillance System was installed in Cariappa Library.
- Internal roads (6.15 Kms) in the school campus were repaired.





Academic Staff

Sl.	Name	Designation	Qualification
1.	Mr Anuj Kumar Kushwaha	PGT	M Sc, B Ed
2.	Mr Nirupam Aich	PGT	M Sc, B Ed, M Phil
3.	Mr Manoj Kumar Singh	PGT	MCA, B Ed
4.	Mr Golam Sorowar	PGT	M Sc, B Ed
5.	Mr Rajiv Sharma	PGT	MA (Eng),MA (Soci), B Ed
6.	Mr Prodip Kumar Adhikary	PGT	MA, B Ed, PGCTE, PGDEAS
7.	Ms Nithina M	PGT	M Sc, M Ed, CTET, SET
8.	Mr Sandeep Kumar	PGT	M Sc, B Ed,TS-SET
9.	Mrs Puspalata Kalita	TGT	MA, B Ed
10.	Mr Samorendra Kumar Sengupta	TGT	M Sc, B Ed
11.	Mr Manindra Hazarika	TGT	MA, B Ed
12.	Mr Atiqul Islam	TGT	MA, B Ed, NET
13.	Mr Gautam Deka	TGT	M Sc (Phy), M Sc (Elect), B Ed
14.	Mr Hazarat Ali	TGT	M Sc, B Ed
15.	Mr Prasanta Choudhury	TGT	M Sc, B Ed
16.	Mr Debasish Kundu	TGT	M Sc, B Ed
17.	Mr Shaikh Mohibur Rahman	TGT	M Sc, B Ed
18.	Mrs Raisa Yasmin	TGT	MA, B Ed
19.	Dr Durga Prasad Mishra	TGT	MA, B Ed, Ph D
20.	Dr Sanjoy Deka	TGT	M Sc , B Ed, Ph D, SLET
21.	Mr Mridul Kumar Barman	TGT	MA, B Ed
22.	Mr Sriharsa Gouda	TGT	M Sc, B Ed
23.	Mr Radhe Shyam Jha	TGT	M Sc, B Ed
24.	Mr Vinay Pandey	TGT	MA, B Ed
25.	Mr Zakiyol Kintso	TGT	BA, B Ed
26.	Mr Krishna Kumar Borah	TGT	MA, B Ed, CTET, STET
27.	Mr Tapaneswar Ghosh	Librarian	B Sc, M Lib & Info Sc.

Administrative Staff

Sl.	Name	Designation
1.	Mr Prodip Bezbora	Accountant
2.	Mr Nilanjan Chowdhury	Mess Manager
3.	Mr Kaushal Kishori Giri	Quartermaster
4.	Mr Ramesh Ch Sarma	Nursing Asst
5.	Mrs Arpana Das Nath	UDC
6.	Mr Biswasri Datta	UDC
7.	Mrs Bandana Kalita	LDC
8.	Mr Kularanjan Nath	LDC
9.	Mr Bhola Nath Sharma	LDC
10.	Mr Mahammad Ali	LDC
11.	Mr Ratan Singh	LDC
12.	Mr Prabir Nandi	LDC

Training Staff

Sl.	Name	Designation
1.	Sub Yusuf Ali Khan	JC0
2.	Hav Yam Bhadur Darlami	NCO
3.	Hav Prem Bhadur Chhantyal	NCO
4.	CHM Suraj Chauhan	PTI
5.	Hav Adhin Debberma(APTC)	PTI

Civilian Staff

Sl.	Name	Designation
1.	Mr Chandan Kumar Ray	Sr Assistant
2.	Mr Lokendra Choudhury	Jr Assistant
3.	Mr Layo Ram Roy	Laskar

General Employee

Sl.	Name	Sl.	Name
1.	Mr Satya Narayan Mishra	20.	Mr Janardan Deb Nath
2.	Mr Ramani Nath	21.	Mr Utpal Nath
3.	Mr Dhiren Ch Nath	22.	Mr Kamal Das
4.	Mr Jagannath Nath	23.	Mr Nikun Rabha
5.	Mr Moni Kanta Nath	24.	Mr Himangshu Chakraborty
6.	Mr Rampad Nath	25.	Mr Diganta Nath
7.	Mr Sadhan Kr Roy	26.	Mr Jitendra Roy
8.	Mr Nehru Ram Rabha	27.	Mr Bhola Barman
9.	Mr Kalindra Talukdar	28.	Mr Bipin Basumatary
10.	Mr Suraj Kachari	29.	Mr Nanho Basfor
11.	Mr Bhaba Kanta Roy	30.	Mr Afaluddin Seikh
12.	Mr Gyan Das	31.	Mr Narayan Nath
13.	Mr Dhajen Boro	32.	Mr Ashok Nath
14.	Mr Prabhu Nath Thakur	33.	Mr Bishnu Das
15.	Mr Akan Rabha	34.	Mr Kushal Mallah
16.	Mr Khanindra Ch Roy	35.	Mr Dharmendra Kumar Mishra
17.	Mr Balaban Singh	36.	Mr Joy Chandra Roy
18.	Mr Dipak Barman	37.	Mr Samarendra Nath
19.	Mr Ram Chandra Nath		

Contractual Staff

Sl.	Name	Sl.	Name
1.	Mr Achinta Kumar Choudhury	5.	Mr Mahendra Nath
2.	Mr Heramba Das	6.	Mr Koushik Pratima Das
3.	Mr Hemanta Nath	7.	Mr Ranjan Medhi
4.	Mr Sibdas Rabha	8.	Mr Rupam Jyoti Kalita



OUTGONE CLASS XII



51st Hurricanes (2014-2021)



5748 Yashraj Sharma



5749 Lham Tashi



5750 Bikash Kr Gupta



5752 Lobsang Topgey



5753 Bhargab Das



5755 Bidyananda Swargiary



5756 Ankit Kumar



5758 Debajit Baro



5759 Angaraj Thengal



5763 Bishal Saud



5766 Abhilash Dutta



5768 Sasanka Barman



5770 Dhritishman Das



5801 Hrishikesh D R Boruah



5771 Hrishikesh Saikia



5772 Dhrubajyoti Kalita



5773 Rickchen Buragohain



5774 Bishal Kashyap



5775 Mridupawan Bordoloi



5776 Mrinal Rajbongshi



5777 Souranga Talukdar



5778 Rinku Deka



OUTGONE CLASS XII



51st Hurricanes (2014-2021)



5781 Subhankar Bordoloi



5785 **Bhargab Patgiri**



5789 Kaushik Rudrapal



5791 Prachurya Bharadwaj



5794 Paroj Pratim Saharia



5800 Niyazul Islam



5802 Shahil Mohammad Washim



5804 **Faruque** Abdulla



5809 Abhishek Gautam



5812 Shubhashish Kumar



5822 Vibhash Kumar



5823 **Gurudev Anand**



5825 Ajay Kumar



5826 Prashant Kumar Gulshan Kumar



5827



5828 Nitish Kumar



5829 Akashdeep



5831 Prince Kumar



5835 Kapinjal Borkotaky



5837 Anup Rajbongshi



5838 Tenzin Dandu



5839 Abhiraj Kumar



OUTGONE CLASS XII



51st Hurricanes (2014-2021)



5841 Maharnav Goswami



5849 Kaustav Ranjan Saha



5850 Deepjyoti Pramanik



5854 Mir Nazib Ullah



5860 Dhrity Raj Narah



5864 Rajon Gandhia



5867 Sahil Anowar



6231 Anurag Sagar



6241 Sanjay Krishna Das



6242 Pawan Kr. Baitha



6245 Mihir Jyoti Sarma



6247 Abhinab Koushik



6249 Aditya Kumar



6250 Aakash Sharma



6252 Raghav Kumar



6253 Prince Kumar Bhagat



6259 Sanjeev Sunar





6524 Sarbo Polli



6525 Abhoi Dutta



6526 Abinash Gogoi



6527 Ankit Kamalapuri



6528 Ravi Chandra Pal



6529 Ashutosh Kumar



6530 Asif Iqbal



6531 Azmain Mehtab



6532 Prince Kr Singh



6533 Hasanuj Zaman Ikbal



6534 Marquis Julian



6535 Gyandeep Medhi



6536



6537 Bhaswat Rabha Muluk Derhashad **Basumatary**



6538 Nur Iftikar Alom



6539 Shaikh Shamim



6540 Shubham Limbu



6541 Sommojyoti Ray



6542 Prabhakar



6543 **Amit Kumar**



6544 Jahir Ali



6545 Arman Thangjam



6579 Koushik Singh



6587 Alok Kumar





6546 Farhan Labib



6547 Bannangsan Nicholas Syiemlie



6548 Sudipta **Pratim**



6549 Soubhik Baidya



6550 Ronit Das



6551 Archisman Kalita



6553 Maverick Borah



6554 Aayan **Firdous**



6555 Himanshu Kumar



6556 Krishanuj Deka



6557 Naitick Giri



6558 Aditya Singh



6559 Deepjan Saikia



6560 Piyush Yadav



6561 **Prince Kumar**



6562 **Ankit Kumar**



6563 Satendra Kumar



6564 **Udipta Khaund**



6565 Kabir Gurung



6566 Tanveer Saikia Jyotishmoy Saikia



6567



6568 Rocktupoul Kalita



6591 Amit Rajbhar



6578 Babu Chutia





6569 Sumit Kumawat



6570 Asif Mahamud



6571 Aditya Raj Choubey



6572 Advik Boruah



6573 John Kumar



6574 Hridspandan D. Brahma



6575 Manish Kumar Paswan



6576 Ayush Kumar



6577 Mridupaban Misra



6580 Bhargab Pratim Sarma



6581 Sansuma Narzary



6582 Naitik Sinha



6583 Mayur Boro



6584 S. Arnav Singha



6585 Kaushik Singh



6586 Triraj Brahma



6589 Prachurja Deva Sharma



6590 Palakonda Dhanush Reddy



6592 Uddipta Deka



6594 Danish Ali



6595 Trishna Talukdar



6596 Sudiksha Bezboruah



6638 Ankit Anand



6552 Mithil Dutta





6598 Dhanjit Das



6599 **Prince Nath**



6602 Abu Nazim Ahmed



6603 Sameer Kr. Gupta



6604 Sukhvinder



6606 Rakib Talukdar



6607 **Abhijeet Basumatary**



6608 Sajid Iqbal



6609 Aryan



6610 Darshan Bora



6611 Harsh Rathore



6613 Manjil Das



6615 Anubhav Buragohain



6616 Priyom Rabha Das



6618 Maharnab Kashyap



6619 Chirajyotishmaan Chetia



6620 **Jatin**



6621 Suryaveer Singh



6622 Mrinabh Kakati Bidit Konwar Neog Arnav Barman



6623



6624



6625 Yojit Sharma



6600 Adway Singh Jasrotia



6579 Koustuk Singh





6626 **Jagatdeep** Singh



6627 Satyam Pratik Ray



6629 Yuvraj Dutta



6630 Abhinav Kr. Das



6631 Parthiv Taid



6632 Shravan Thapa



6633 Samrat Borah



6634 Priyam Kaushik **Basnet**



6635 Devasish Borah



6636 Swapnil Mousum Vaibhav Yadav Duarah



6637



6639 Aalekh Kumar



6640 Himangshu Baro Barnil Kashyap



6641



6642



6643 Krishna Narzary Dishant Talukdar



6645 **Arman Chetry**



6647 Nikhil Raj



6648 Yuvraj Buragohain Aditya Saigal



6614



6593 Rajdeep Boro



6588 Aryan



6597 **Jyotirmoy Nath**



Achievements

PROUD SSGIANS

Mukund Kumar and Satyam Kumar, two ex SSGians featured in the final merit list of Civil Services (Main) Examinations 2019. Mukund Kumar secured AIR 54 while Satyam secured AIR 169. They have expressed their heartfelt gratitude to all the teachers of the school for their guidance and blessings, during their interactions. Presently Mukund is working as Asst Collector, Kozhikode Dist, Kerala and Satyam is undergoing training for Asst Commissioner of Income Tax at Nagpur. Entire SSG fraternity wish them both a very bright career ahead.

Three of our alumni were commissioned into the coveted defence services on 13 Jun 20. Lt Pritam Borah passed out from Indian Military Academy and joined Indian Army. S Lt Abhishek Kumar joined 136th

EDUCATION WORLD AWARD

Sainik School Goalpara was adjudged as the Best Boys' Residential School in the state of Assam for the session 2020-21 by Education World. The school was 6 featured in Ser No 18 in the national ranking amongst Boys' Boarding Schools in the country.



BEST NCC CADET AWARD 2020

Cadet Bedanta Das Talukdar (AS/JD/19/6134) of class IX was adjudged as the Best Cadet in Jr Div from NCC Gp HQ Guwahati and was awarded with cash prize of Rs 4500/-

CWS SCHOLARSHIP 2020

A total of 04 cadets from Sr Div and 09 cadets from Jr Div were awarded with CWS Scholarship for their meritorious academic performance. Each cadet is awarded with a cash prize of Rs 6000/-

NDA course in 2016 and subsequently joined INA in 2019. He passed out from INA and will join the Executive Branch of Navy. S Lt Avinash Kumar joined INA in 2016 and will be joining Electrical Branch of Navy. During their studies in the school, they were very promising cadets. Pritam Borah was one of the best debaters and an exceptional cross country runner, Abhishek Kumar was a very successful School Captain during 2014-15, attended Republic Day Parade 2012 in New Delhi and was very exceptional in drill and debating. Avinash Kumar won Best in Academics award throughout his batch and was an outstanding performer in Obstacles Competition. The Principal and staff of Sainik School Goalpara wish them all a bright future ahead.



BIRCHILARAI AWARD 2020

Sgt Abu Hasmiud Doza of (X) was conferred with 'Bir Chilarai Award' for being the Best NCC Cdt (JD) in Assam. The Commissioner and Secretary, Assam Govt gave away the award on Independence Day 2020. This award is instituted by the Govt of Assam which includes a medal, a certificate and cash incentives of Rs 25,000. Sgt Abu is the eighth Cdt of the school to receive this prestigious award.



FAREWELL

Col Vishal Sharma:

Col Vishal Sharma, Adm Officer of the school was posted out on his permanent transfer on 23rd Jun 20. Col Vishal Sharma assumed the charge as Adm Officer in July 2017 and during his tenure Col Sharma executed many infrastructure developments in the school. A farewell tea party was arranged on 22 Jun 20 in honour of the outgoing officer. Col Sharma is posted to Punjab.



Hav Yam Bahadur Darlimi :

Hav Yam Bahadur Darlimi was posted out on 17 Dec 20. He joined 27 Assam NCC Coy, Sainik School Goalpara on 17 Jul 18.

Mr Gobinda Chettarjee :

Mr Gobinda Chettarjee, GE superannuated on 31 Dec 20 after a long tenure of dedicated service for 39 years. He joined SSG on 01 Jun 1981 and has rendered his service in various sections of the school.



Lt Col ADS Jasrotia:

Lt Col ADS Jasrotia, Vice Principal of the school was posted out on his permanent transfer on 21 Feb 21. He assumed the charge as Vice Principal on 24 Jul 18 and during his tenure Lt Col Jasrotia brought significant development in the field of teaching and training in the school. He is posted to Bathinda.

Hav Prem Bahadur Chhantyal:

Hav Prem Bahadur Chhantyal was posted out on 17 Dec 20. He joined 27 Assam NCC Coy, Sainik School Goalpara on 03 Oct 18.





REST IN PEACE CDT ABDULLA KHAN

Cdt SK Abdulla Khan (Roll No 6444) of class VII left us for his heavenly abode on 23 Oct 20 due to critical illness. He joined SSG in class VI on 15 May 19. He is the son of Late Mariom Khatun and Mr Delbar Khan of Rupnagar, Goalpara. SSG fraternity expresses deep condolence on the untimely death of Cdt Abdulla, a bright Bhaskarian.



WELCOME

Lt Cdr Anantha Krishnan K:

Lt Cdr Anantha Krishnan K took over as Adm Officer on 06 Jul 20. Commissioned into the Indian Navy on 13 Jan 14, he had completed his Watch-keeping onboard Missile Corvette INS Karmuk (2016-17) and was an Executive Officer on-board INS Bangram (2017-19). Prior to joining SSG he was the Officer-in-charge, Sagar Prahari Bal at Diglipur. He is a Bachelor of Mechanical Engineering from CMR institute of Technology, Bangalore in addition to PGDM (Operations Management) from NMIMS. He is a keen Basketball player and loves travelling and exploring new places.

Mr Zakiyol Kintso :

Mr Zakiyol Kintso joined SSG on 09 Nov 20 as TGT (Social Sc.) after being transferred from Sainik School Nalanda, Bihar. He joined Sainik School Nalanda in 2015. He was awarded Best CTO in 2019 and Best Teacher for Bihar Govt in 2020 by Swarna Bharat Parivar.

Hav Ram Bahadur Ranabhat :

Hav Ram Bahadur Ranabhat joined 27 Assam NCC Coy, Sainik School Goalpara on 07 Dec 20.

Mr Dharmendra Kumar Mishra :

Mr Dharmendra Kumar Mishra joined as General Employee on 01 Dec 20 and has been working in Trg section.

Mr Sandeep Kumar:

Mr Sandeep Kumar joined SSG on 19 Jan 21 as PGT in Mathematics. He is a post graduate in Mathematics from University of Delhi, with 'Algebraic Topology'. He qualified for Telangana State Eligibility Test (TS-SET) in 2018. Prior to joining SSG he worked as PGT (Maths) in BN Saha DAV Public School, Giridih, Jharkhand. He was also a part of AAKANKSHA 40 Programme, under Department of Education and Literacy, Govt of Jharkhand.

Mr Krishna Kumar Borah :

Mr Krishna Kumar Borah joined SSG on 27 Mar 21 a TGT in English. He is an MA in English from Gauhati University, specialised in Linguistics. He is body building enthusiast and has keen interest in creative writing and games and sports. Prior to joining SSG he worked as PGT in English at Vivekananada Kendra Vidyalaya, Kharsang in Arunachal Pradesh.

Hav Jewan Katawal:

Hav Jewan Katawal joined 27 Assam NCC Coy, Sainik School Goalpara on 19 Nov 20.

Mr Joy Chandra Roy:

Mr Joy Chandra Roy joined as General Employee on 01 Dec 20 and has been working in the cadets' mess.

Mr Samarendra Nath :

Mr Samarendra Nath joined as General Employee on 01 Dec 20 and has been working in the central pool.



OBITUARY

Mukud Roy, GE passed away on 27 May 20 due to prolonged illness. He joined SSG as Driver on 01 Oct 2005. He was

very sincere in his work. We express our deepest condolence for his untimely death. He left behind him his wife and his only daughter.

Forlin Rabha, GE breathed his last on 30 Apr 20 due to illness. He joined SSG on 1 Sep 2003. He worked as waiter in mess and was very sincere



and hardworking. He left behind him his wife, son and a married daughter. SSG fraternity expresses deepest condolence for his demise.



Other Important Activities

VIRTUAL PARENTS-TEACHERS MEET

First Parents Teachers meet for the session 2020-21 was held on 31 Jul 20 through virtual mode using MS Teams. There was separate meeting for each class and the duration of each meeting was 40 minutes. Meetings were attended by all the subject teachers, Vice Principal and Principal. The parents have expressed their satisfaction over the quality teaching provided to the cadets though virtual mode and they put forward their valuable suggestions. The school conducts monthly PTM on the last working day of every month. This initiative of the school is highly appreciated by the parents.

BIHU DURING LAUNCH OF REVAMPED GALLANTRY AWARDS WEBSITE BY MOD

Cadets of Sainik School Goalpara performed traditional 'Bihu' dance during a virtual programme organised by the Ministry of Defence to launch its revamped 'Gallantry Award Portal' on 25 Jan 21. Honorable Defence Minister,

Shri Rajnath Singh along with Chief of Defence Staff and all the service Chiefs witnessed the programme. Sainik School Goalpara was one of the four privileged Sainik Schools in the country to get selected to perform on this auspicious occasion. The Defence Minister appreciated the bihu dance and complimented the performers. Dr Sanjoy Deka, TGT (Sc) was overall co-ordinator of the Bihu dance.

ANNUAL TRAINING CAMP 2020

Annual Training Camp was conducted for all the cadets of class XII from 18 – 20 March 2021. Various activities including Cross country, Firing, Drill, Ten Pitching etc were carried out during the camp. During the closing ceremony held on 20 Mar 21, a Camp Fire was organised and various cultural and co-curricular activities were organised. Capt (IN) A Muthuram, the Principal gave away the prizes and addressed the cadets.









WORLD ENVIRONMENT DAY

Amidst the pandemic, in SSG we made our effort to conduct an online quiz on 05 Jun 20 to celebrate World Environment Day. The quiz was held in Sr and Jr categories. Cadets of IX and X took part in Sr category while cadets of VII and VIII represented the Jr category. The objective of the competition was to spread awareness on biodiversity and encourage cadets to take steps to protect the environment. Ms Nithina M, PGT was the Quizmaster for Sr category while Dr Sanjoy Deka, TGT conducted the quiz for Jr category. The school complimented the parents for encouraging their children to participate with enthusiasm and competitive spirit to make this event a grand success.



INTERNATIONAL YOGA DAY



6th International Yoga Day was celebrated in the school on 21 Jun 20 in virtual mode. All staff and families joined the yoga session from their residence through Microsoft (MS) Teams from 0630 – 0715 hrs. CHM (APTC) Suraj Chouhan led the Yoga session which was also attended online by cadets from various parts of the country. An online painting competition on the theme "Yoga in Everyday Life" was also conducted for cadets to commemorate the event. Merit certificates were presented online to the winners of the competition. The attendees were further encouraged to take Yoga as a part of healthy and happy living.

INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

The school observed International Day against Drug Abuse and Illicit Trafficking on 26 Jun 20. An online lecture cum presentation was conducted for the cadets of VI-XII by the ANOs. Various aspects of drug abuse and illicit trafficking were highlighted and discussed during the presentation. The presentation was followed by a questionnaire session.







YOGA MAHOTSAV

Yoga Mahotshav was celebrated under Ek Bharat Shreshtha Bharat on 09 July 20 through virtual modes. PTIs conducted an online Yoga session which was followed by a lecture cum presentation on importance of Yoga by the respective class teachers during regular online classes.



INDEPENDENCE DAY

74th Independence Day was celebrated in the school in compliance with the Covid-19 guidelines issued by the government. Capt (IN) A Muthuraman hoisted the national flag. He awarded 'Certificate of Appreciation' to 08 teachers as recognition to their contribution to the outstanding results in AISSE and AISSCE 2020. He also awarded cash incentives to 05 dedicated General Employees. The programme ended with a plantation drive to mark the occasion.

TEACHERS' DAY

Teachers' Day 2020 was celebrated in virtual mode using MS Teams. An online webinar was hosted by the day scholars in which cadets delivered talk on different topics related to teachers. Two old boys, Gp Capt (Retd) Mohonto Panging, VSM and Dr Samiron Phukan also joined online and shared their experience and thoughts. Two newly renovated staff rooms were also dedicated to the teachers on the occasion. The teachers were also presented token of appreciation.



GA NDHI Jayanti

GANDHI JAYANTI CELEBTATIONS

As part of Ek Bharat Shreshtha Bharat collaborated with Gandhi Jayanti, a Cycle Rally was carried out on 02 Oct 20 covering a distance of 30 KM from SSG to Dalgoma and back. The staff and day scholars participated in the rally. A community shramdaan was also held in the morning in which all the staff, including GEs carried out a cleanliness drive in the school campus for an hour.





FIT INDIA AWARNESS CYCLING RALLY

27 Assam NCC JD Coy, Sainik School Goalpara carried out a Fit India Awareness cycling rally on 13 Sep 20 as part of Fit India Movement, an initiative of Govt of India, to encourage the cadets and staff to stay healthy and fit by including physical activities and sports in their daily life. Lt Col ADS Jasrotia, Officer Commanding of the NCC Coy and Vice Principal, Sainik School Goalpara flagged off the expedition at 0515 hrs from the school campus and accompanied the team. A team of 30 volunteer cyclists including cadets, NCC staff and teaching staff covered a total distance of approx 40 kms to Dudhnoi College and back to create awareness amongst the masses about the Fit India Movement. The team was supported and accompanied by the school medical team and personnel from Mornoi Police



Station. After completion of the expedition; Lt Col Jasrotia complimented all the participants and further encouraged them to take such activities as

EK BHARAT SHRESHTHA BHARAT



As a part of the celebrations of Ek Bharat Shreshtha Bharat, the school has organised plethora of activities during September and October 2020. A Debate in Hindi, Virtual Tour to pairing state of Rajasthan, Motivational talk by Air Vice Marshal (Retd) Sanjib Bordoloi, an alumnus of the school, presentation on the folk dance of Rajasthan and an Inter House Quiz competition were held in the month of September 2020. A talk on Lal Bahadur Shastri, a Cycle Rally and a Unity Run were held in October 2020.

57TH SCHOOL RAISING DAY

57th Raising Day of the school was celebrated on 12 Nov. The day commenced with an online opening address by Principal, Captain (IN) A Muthuraman. Maj Gen Ananta Bhuyan, SM, ADG NCC, NER and an alumnus of the school graced the occasion as the Chief Guest and delivered a talk for all the cadets and staff in virtual mode. The day was celebrated with a plethora of activities for staff and families followed by a talent cum cultural showin the evening.







FIT INDIA SCHOOL WEEK

Various virtual activities like Free hand exercise, Yoga, preparing advertisement, art competition etc were carried out as part of Fit India School Week celebrations during the third and fourth week of November 2020.





NATIONAL SCIENCE DAY

National Science Day was celebrated on 01 Mar 21. An online talk was delivered by Dr Jitumani Kalita, Assistant Professor, Cotton University as part of the celebrations. The talk was followed by a very vibrant questionnaire session.

INTERNATIONAL WOMEN'S DAY

International Women's Day was celebrated on 08 Mar 21. A special assembly was organised in the school in afternoon which was attended by the staff and cadets of X, XI and XII. Ms Nithina M, Mrs Puspalata Kalita, Mrs Raisa Yasmin and Dr Durga Prasad Mishra delivered talks in the programme on various topics pertaining to women, as a part of Women's Day celebrations. A few cadets also delivered speech and presented poem on the occasion. Talks were prepared and presented keeping in mind to create awareness about gender sensitisation and gender equality as the school was expecting the entry of girl cadets. The entire programme was live streamed for the cadets of VI-IX.







CO-CURRICULAR ACTIVITIES

IH ENGLISH DEBATE

An online English Debate Competition was conducted by the school on 29 Jun 20 for senior cadets using Microsoft Teams online platform. A total of 12 participants debated on the topic "India can counter China's growing influence in the world". Dr Jayanta Kumar Brahma, Asst Professor of Political Science, Goalpara College and an alumnus of the school joined online as a judge. Lt Col ADS Jasrotia, Vice Principal was the chief judge and Mr PK Adhikary, PGT was the second judge. The nail-biting and thought provoking debating session was also joined by all the teachers and around 250 cadets from their homes. Cdt Niyazul Islam (XII) of Udaygiri secured first position in the debate.



Cdt MU Harshitaa (X) of Lachit and Cdt Kapinjal Borkotoky (XII) of Udaygiri secured second and third position respectively. Capt (IN) A Muthuraman, Principal addressed the staff and cadets and also shared his views on the topic which was followed by presentation of certificates. The event was coordinated by Mr Rajiv Sharma, PGT English.

ENGLISH DECLAMATION CONTEST



IH English Declamation Contest (Jrs) was conducted online on 06 Oct 20. Four participants from each Jr house participated in the competition enthusiastically. The theme of the contest was 'Freedom Fighters of India'. The participants were given the liberty to select excerpt from a speech

delivered by any eminent freedom fighter of India and each participant, clad in the attire of the original speaker to deliver the speech in an engaging manner. The contest was won by Cadet Shelley Rosnin Sorowor (IX) of Chilarai House and the 2nd and 3rd positions were bagged by Cadet Bedanta Talukdar (IX) of Eklavya House and Cadet Debul Nath (IX) of Aniruddha House respectively. Chilarai House was adjudged the overall champion. The jury included Lt Cdr Anantha Krishnan K, Administrative Officer, Mr Ranjan K Baruah, Journalist, Career Counsellor, Social Activist and Ex-SSGian and Mr P K Adhikary, PGT (English).



ONLINE PAINTING & ESSAY WRITING COMPETITION

An online Painting competition from classes VI to VIII and Essay writing competition from classes IX to XII were held on 13 Aug 20 on the theme of "Gandagi Mukt Mera Gaon" as per CBSE guidelines.

IH HINDI DEBATE (SENIOR)

Inter House Hindi Debate for seniors was conducted on 14 Sep 20. Each house was represented by two cadets, one for and one against the motion. Lachit house won the first position followed by Udaygiri and Lohit house.



ONLINE QUIZ ON WATER HARVESTING

An online Quiz was conducted on 22 Sep 20 for class VII-X on Water Harvest as a part of save water campaign under Celebration of Constitution Day and awareness campaign on Citizens duties.





IH ASSAMESE DEBATE (JUNIOR)

Inter House Assamese Debate for Jrs was conducted on 18 Sep 20. Each Jr house was represented by 02 participants, 01 for and 01 against the motion. Eklavya House won the first position followed by Chilarai and Aniruddha House.



IH QUIZ FOR JR-2020

IH Quiz Competition for Jrs for the session 2020-21 was held in virtual mode on 30 Sep 20. Each Jr House was represented by 04 participants comprising of two teams, one each from VIII and IX. There were total 5 rounds of questions including the last rapid fire round. Ekalavya and Aniruddha house jointly secured first position with 200 points each. Chilarai house secured stood second with 180 points.



CO-CURRICULAR ACTIVITIES

IH QUIZ FOR SUB-JRS: 2020

IH Online Quiz Competition for Sub-Jrs for the session 2020-21 was held on 12 Dec 20. Each house was represented by 04 participants comprising of two teams. There were total 7 rounds of questions including the rapid fire round. Bhaskar house secured the first position with total of 260 points and Abhimanyu house was runners up with a total of 200 points.



EBSB QUIZ COMPETITION (JR)

An Online Quiz was conducted for Junior Houses under Ek Bharat Shreshtha Bharat on 27 Aug 20.

LAUNCH OF DANDI MARCH

A Talk and an Essay Writing competition was conducted as a part of 'Azadi Ka Amrit Mahotsav' on the topic 'India's Freedom Struggle and Relevance of Dandi March during Independence'

POSTER MAKING COMPETITION

A Poster Making Competition was held on 10 Oct 20 on the theme 'Clean Water' to commemorate Constitution Day.



As a part of Rashtriya Ekta Diwas all the staff including GEs took a pledge on 31 Oct 20 maintaining appropriate Covid-19 protocol.





MOTIVATIONAL TALKS

TALK BY AVM SANJIB BORDOLOI, AVSM (RETD)

An online motivational talk was delivered on 26 Sep 20 by Air Vice-Marshal Sanjib Bordoloi, AVSM (Retd), an alumnus of the school for all the cadets through virtual mode. AVM Bordoloi, who has a vast experience of over three decades in the IAF, delivered his presentation on origin of various aircrafts, history and success of Indian Air Force and further encouraged the cadets to join defence services. The presentation was followed by a questionnaire session.





TALK BY AIR MARSHAL R NAMBIAR, PVSM, AVSM, VM & BAR

As a part of Indian Air Force Day celebrations, an online talk by Air Marshal R Nambiar, PVSM, AVSM, VM & Bar was conducted for the cadets on 08 Oct 20. The highly motivational and informative talk was followed by a question answer session.

MOTIVATIONAL TALK BY SQN LDR KALUNG PAYANG

An online talk on Air Force was delivered by Sqn Ldr Kalung Payang on 24 Dec 20. Lt Cdr Pranjal Borah, Major Murari Kumar, Sqn Ldr Himanshu and Flt Lt Saanya also joined the interactive session. All the cadets joined the session online and there was a highly interactive and questionnaire session at the end.





FACULTY DEVELOPMENT ACTIVITIES

IN-HOUSE WORKSHOP FOR TEACHERS

An in-house Teachers' Workshop was conducted from 17-22 Jul 2020 at the school. Capt (IN) A Muthuraman, the Principal delivered the inaugural speech on 17 Jul 20 and elaborated about the objectives and importance of the workshop. Each teacher delivered a presentation on the topics of educational importance and topics relevant to the issues and development of the school which was followed by a question answer

session. Mrs Urmimala Das, the Principal Bal Mandir Public School and the first lady of the campus also delivered a presentation on the topic 'Emotional Intelligence'. Lt Col ADS Jasrotia, the Vice Principal gave a presentation on the topic 'Ease of doing administrative duties and stock taking boards'. In the closing ceremony Capt (IN) A Muthuraman, the Principal complimented all the participants for their brilliant and effective presentation and provided them with his valuable suggestions and feedback.

FACULTY DEVELOPMENT PROGRAMME

Mr Nirupam Aich, PGT (Chem) and Dr Sanjoy Deka, TGT (Sc) delivered a presentation on NEP and its application for Sainik Schools on 26 Sep 20 as a part of faculty development programme which was attended by all the teachers.

Ms Nithina M, PGT (Bio) presented a talk on 28 Nov 20 on the topic 'Enhancing Teaching Skills with Diksha' on which wasattended by all the teachers.

Mr Anuj Kumar Kushwaha, Senior Master delivered a talk to all the teachers on the topic 'Building Social Etiquettes' on 14 Dec 20.

Mr Manoj Kumar Singh, PGT (Com Sc) delivered a talk to all the teachers on 'Artificial Intelligence' on 13 Feb 21.

Mr Samorendra Kumar Sengupta, TGT (Maths) presented on the topic 'Content Management in Classroom Teaching' on 27 Feb 2021 as part of faculty development programme.

Mr Gautam Deka, TGT (Sc) presented on the topic 'Enhancing Practical Skills and Investigatory Projects' on 13 Mar 21.

Mr Prodip Kumar Adhikary, PGT (Eng) delivered a talk on 'Road Map for Improving English Language Skills of Cadets at SSG' on 27 Mar 21.



ONLINE TEACHERS' TRAINING

- 1. Mr Debasish Kundu, TGT (Sc) attended an online teacher training programme conducted by CBSE on the topic "Common error committed in Chemistry" on 08 May 2020.
- 2. **Mr Golam Sorowar**, PGT (Phy) attended CBSE online Teachers' Workshop on the topic 'Assessment in Physics' on 19 May 2020.
- 3. Four TGTs namely **Dr Sanjay Deka, Mr Gautam Deka, Mr Radhe Shyam Jha** and **Mr Sriharsa Gouda** attended a CBSE Online Teachers' Training Programme on 15 Jun, 24 Jun, 28 Jun and 29 Jun 2020 respectively.
- 4. All the teachers attended the CBSE webinar on the topic 'Alternative Academic Calendar' on 17 Jul 20 to enrich themselves about the latest developments in CBSE curriculum.
- 5. Mr Nirupam Aich, PGT (Chem) and Mr Debasish Kundu, TGT (Sc) attended an online teachers' training programme on 'Transitioning to remote or online education' on 22 Jul 20 conducted by CBSE.
- 6. **Dr Durga Prasad Mishra**, TGT (Hindi) attended an online national webinar on 'Art Integrated Language Teaching' conducted by CBSE on 13 Aug 20.
- 7. Mr Rajiv Sharma, PGT (Eng) attended CBSE online teachers training programme on Teaching strategies in English on 08 Sep 20.
- 8. **Mr Sheikh Mohubur Rahman**, TGT (Maths) attended CBSE online teachers training programme on 'Teaching strategies' on 11 Sep 20.
- 9. **Dr Sanjoy Deka**, TGT (Sc) attended CBSE online teachers training on 'Innovative Pedagogy in Biology' on 21 Sep 20.
- 10. Mr Atiqul Islam, TGT (S Sc) attended CBSE online teachers training programme on 'Classroom Management know your Teaching Style'held on 23 Sep 20.
- 11. **Mr Mridul Kumar Barman**, TGT (S Sc) attended CBSE online teachers training programme on 'Enhanching Practical Skills/Project and Map work in Geography' on 25 Sep 20.
- 12. **Mr Samorendra Kumar Sengupta**, TGT (Maths) attended CBSE online teachers training on 'Intregration of Arts and Mathematics' on 26 Sep 20.
- 13. Mr Vinay Pandey, TGT (Hindi) attended CBSE online teachers trainingon 'Learning of Grammar in Hindi Language' on 28 Sep 20.
- 14. Mr Manoj Kumar Singh, PGT (Com Sc) attended CBSE workshop on 'Data File Handling in Python' on 29 Sep 20.
- 15. Mrs R Yasmin, TGT (Eng) attended CBSE online teachers training on 'ICT Integration in Teaching English'held on 01 Dec 20.
- 16. Mr Zakiyol Kintso, TGT (S Sc) attended CBSE online webinar on 'Blooms Taxanomy and Its Application in Social Science' on 02 Dec 20.
- 17. Mr Prodip Kumar Adhikary, PGT (Eng) attended CBSE webinar on 'Teaching Strategies in English-Writing-Taxonomy of English (IX-X)' on 04 Dec 20.
- 18. Mr Golam Sorowar, PGT (Phy) attended CBSE online Teachers Training Programme on 'ICT integration in teaching of Physics' on 11 Dec 20.
- 19. Mrs Puspalata Kalita, TGT (Ass) attended CBSE webinar on 'Application of Life Skills in Day to Day Life' on 11 Dec 20.



ONLINE TEACHERS' TRAINING

- 20. **Mr Manoj Kumar Singh**, PGT (Com Sc) attended CBSE webinar on 'Guided Discovery of Interfacing My SQL Database with Python' on 02 Feb 21.
- 21. **Mr Hazarat Ali**,TGT (Sc) attended CBSE webinar on the topic 'Programme on Question FormulationTechnique' on 04 Feb 21.
- 22. **Dr Sanjoy Deka**,TGT (Sc)attended CBSE webinar on 'Programme on Developing the Skill of Decision Making in Adolescents' on 05 Feb 21.
- 23. **Mr Gautam Deka**, TGT (Sc) attended CBSE online teachers training on 'Enhancing Practical Skills and Investigatory Project in Physics' on 09 Feb 21.
- 24. Ms Nithina M, PGT (Bio) attended CBSE webinar on 'Integration of Arts in Biology' on 12 Feb 21.
- 25. **Mr Sheikh Mohibur Rahman**, TGT (Maths) attended CBSE webinar on 'Innovative Teaching of Mathematics' on 12 Feb 21.
- 26. **Mr Manindra Hazarika**, TGT (S Sc) attended a CBSE webinar on 'Enhancing Life Skills Coping with Emotions' on 13 Feb 21.
- 27. **Mr Samorendra Kumar Sengupta**, TGT (Maths) attended a CBSE webinar on 'Recreational Mathematics-Joyful Learning' on 13 Feb 21.
- 28. Mr Anuj Kumar Kushwaha, Senior Master attended CBSE webinar on 'Positive Mindful Mantras for Fighting Stress' on 15 Feb 21.
- 29. **Mr Golam Sorowar**, PGT (Phy) attended CBSE webinar 'Understanding Bloom's Taxonomy and its Application in Physics' on 16 Feb 21.
- 30. Mr Sriharsh Gouda, TGT (Maths) attended a CBSE webinar on 'Ethics-Teachers/Elders as Role Models' on 17 Feb 21.
- 31. Mrs Raisa Yasmin, TGT (Eng) attended a CBSE webinar on 'Magic of Gratitude' on 17 Feb 21.
- 32. **Mr Sandeep Kumar**, PGT (Maths) attended CBSE webinar on 'Enhancing Practical Skills and Projects in Mathematics' on 18 Feb 21.
- 33. Mr Atiqul Islam, TGT (S Sc) attended a CBSE webinar on 'A School's Approach towards Value Education' on 18 Feb 21.
- 34. Mr Radhe Shyam Jha, TGT (Maths) attended a CBSE webinar on 'A School's approach towards Value Education' on 12 Mar 21.
- 35. **Mr Prasanta Choudhury**, TGT (Sci) attended a CBSE webinar on 'Innovative Pedagogy in Physics Experiential Learning' on 16 Mar 21.
- 36. Mr Rajiv Sharma, PGT (Eng) attended CBSE webinar on 'Essentials of a Lesson Plan in English' on 18 Mar21.
- 37. Mr Zakiyol Kintso, TGT (s Sc) attended CBSE webinar on 'Enhancing Practical Skills and Projects in Political Science' on 22 Mar 21.
- 38. Mr Anuj Kumar Kushwaha, PGT (Maths) attended CBSE webinar on 'Understanding Classroom Management and its Components' on 24 Mar 21.







Gp Capt P Ravi Kumar
Inspecting Officer
Sainik Schools Society

"We put on masks we believe will be more acceptable to the world than the truth of who we are. In doing so we sacrifice the gift of self-acceptance."

--Jane Monica Jones, The Billionaire Buddha

As a young child, you would perhaps never be haunted by the above question. One is so engrossed growing up and exploring the world that seldom would anyone stop to do a self-appraisal. Now the question popped on top is not the usual philosophical or existentialist conundrum, although ultimately it is all connected. So the little reader may for a while yet, withhold the logical urge to turn this page in a hurry. This piece is about the manner in which we perceive ourselves, which is an exercise most of us indulge in, just short of a job interview or an SSB in the context of Sainik Schools. It's at that instant we recognize there are chinks in our personality which don't auger too well for selection into the elite academy, we have been dreaming about (whether there has been commensurate effort is a different matter). The discovery of one's true identity is an event better late than never to happen. Hence forward, the cadets need to guard themselves against putting on a charade, even as they "prepare a face to meet the faces that (they) meet" (TS Eliot).

But is it easy to hide the hideous? (May be that is a strong word- sorry, couldn't resist the alliteration; 'imperfections' perhaps is more suited). Like roots penetrating a derelict structure, there are traits and qualities of our persona which have over the formative years fossilized into our physiology. A few of these elements are not exactly what one would be particularly proud of hearing about in say, a family tale, and yet these are not easy to shrug off in the restricted time at our disposal. Therefore, there is a tendency or a feeble attempt toward concealing our real self by faking virtues which are yet alien and masking vices which are wrapped around like second skin.

SSB, we are told, does not test our knowledge. There are experts who analyse our behavioural traits, especially in problem situations. Not unlike the Big Boss House, there is only so much that the participants are able to disguise and not for too long (perhaps only in

the initial exchange of pleasantries). Then the demeanour slips. There is a lot happening which one has to cope with that it's not easy keeping up the act. Truth, alas, will be out.

There is no denying that the preparation for SSB begins the day one joins Sainik School as a Class VI Cadet. This is the whole point of enrolling into a residential system like Sainik Schools. The next seven years is the phase in which firstly the child who has likely arrived with a baggage of undesirable attributes - such as laziness, rudeness, deceit, conceit etc needs to promptly discard them because these at best can only provide short term gains such as a safe exit or a cover over our limitations etc. We also need to be fortunate to have a well-wisher (of a 'no-mincer-of-words' kind), who is not afraid of exposing our blind spot (remember the top right pane of Johari window- faults which we are oblivious to but which are obvious to others). If you thought unlearning negative lessons is tough (old habits die hard), walking the thorny path indicated by your conscience is going to be many times more complicated. Hard work, Honesty, Kindness, Composure etc are not only difficult acts to dig, but completely killing to keep up with. To be on the track of truth, it's not just the extra time and toil which are required, it also demands great sacrifice because you, with your passion to plough a lonely furrow are likely to fall out of favour with your closest allies and associates. But gradually with passing years, not only will the things we practice, become our second nature, prodigal friends too will realize their folly and return to your

The West Point Cadet Prayer has this moving line, "Make us to choose the harder right instead of the easier wrong and never to be content with a half-truth when the whole truth can be won". This is the high calling and price which leaders are willing to pay in pursuit of excellence. On the other hand, if the obsession with our image is not matched by an equally strong intent and willingness to surrender a life of ease, we would fall prey to the all too tempting shortcuts in life, which in the long run instead of protecting our aura would only taint our standing by exposing our weaknesses. The face ceases to fascinate, the moment it turns into a façade (oh no! don't I need to work on my weakness too, for the repetitive syllable!).

SIMPLE MEASURES FOR GREATER DEVELOPMENT



Capt (IN) A Muthuraman Principal, SSG

J krishnmurti, the philosopher and a great speaker said "Any form of education that concerns itself with a part and not with the whole of man or woman inevitably leads to increasing conflict and suffering". How a plant with intake of all round nutrients results in flowering, similarly he expected the curriculum leads to flowering of mind with complete awakening of heart. He further went on to say that this flowering of mind is possible only when the mind, heart and body are in complete harmony and it is the duty of the teachers and educators to help the children attain flowering of their minds. This was probably earlier possible only in the Brockwood Park or similarly placed schools with very less students and higher teachers-students ratio and with significant financial implications to parents.

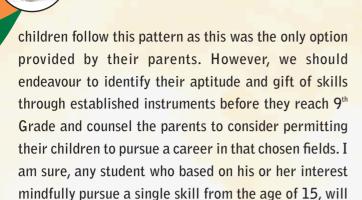
But now, fortunately for us, the New Education Policy, though without any direct correlation or reference to his philosophy, has many of the features that were part of his philosophy. For the record, "NEP believes that the purpose of education is to develop good human beings - capable of rational thought and action, possessing compassion and empathy, courage and resilience, scientific temper and creative imagination, with sound ethical moorings and values".

But, attaining these stated aims of NEP will mostly depend on how well we will be able to take all stake holders on-board, how much of Govt resources will be allocated and how well it will be implemented. Since, most of these are in the realm of policy making and Government actions or inactions, we could focus on certain key aspects that the School Leaders could

improve as we stand today.

Undoubtedly, the focus of attention in school curriculum should be the students, but we need to introspect whether we accord due importance to the continuous development and conducive working conditions for the teachers. NEP envisages that high respect for teachers and the high status of the teaching profession must be revived and restored. This would only be possible if we provide adequate opportunities to the teachers' development through short and medium courses, in-house Faculty Development Programme and encouraging them to pursue research degrees. But the dilemma of some of the schools is what will happen if the trained teachers leave their school after considerable investment in their training. For this, we should consider what Richard Branson said "Train people well enough so they can leave, but treat them well enough so they don't want to". How do we treat them well? By providing equal opportunities and just emoluments, through creative challenges to bring out the best in them, by according academic freedom in teaching and most importantly by reducing their time spent on those activities that do not essentially contribute to the teaching-learning process.

The second often neglected stake holder in our curriculum is the parents. At present, very less percentage of students opt for a stream other than Science based on interest and aptitude. In addition, most of the children choose for regular degree courses only after making attempts to crack entry into any of the professional courses. A large number of these



go on to be a super specialist in that field one day.

Having selected competent teachers, provided them with adequate training and academic freedom, having shown suitable path to students and convinced their parents, we should now focus on providing a stress free environment to the students. Many measures being proposed in the NEP such as flexibility in core subjects, integrated education and continued assessment might reduce the stress to a greater extent in regular schools but these have not yet reached specialised schools like ours. However, we should take advantage of being a residential and a specialised school by engaging cadets in sports, hobby clubs, vocational activities, counselling, community engagements and others in appropriate manner. These activities are essential for reducing the stress levels of children that would greatly contribute to their development.

The next aspect that we should delve up on is teaching the right values. There is no need to emphasise the importance of just and fair conduct of every assessment and evaluation in the school. But at the same time, we all are aware how, for example, CBSE has increased the monitoring mechanism many fold through technology or otherwise, while conducting Board exams or external practical examinations. As a nation, we should have evolved in to more decentralisation and flexibility in imparting education and conducting examinations but on the contrary, there

has been many fold increase in the stringent measures. This only goes on to show that we have failed to instil in our students the basic core values like discipline, honesty and integrity.

Hence, we should focus on the importance of inculcating these values in the students. Every Education policy since 1960s envisaged allocation of 6% of GDP to education. The Economic Survey 2020-21 reported that spending on education as a percentage of GDP stagnated at 2.8% during 2014-2019 and increased to 3.5% in the 2019-21 period. At the same time, India could also just allocate only 2.15 % of GDP for Defence. But India accounts for the highest number of road accidents globally, with 1.5 lakh people being killed with cost per death estimated to be around Rs 91 lakh per person. This amounts to 3.14 per cent of our GDP, more than the defence budget and almost equal to provisions for education. India would like to become a USD 5 trillion economy by 2025 also based on the fact that it has around 58% of workingage group population. But the sad fact is that around 70 per cent of persons dying in road accidents in India are in the working-age group of 18 to 45 years. Another significant fact is that India has one of the poorest tax to GDP rates in the whole world. India's tax revenue as a % of GDP is just 12%, compared to an EU average of 45%. This is mostly due to tax evasion by the general public. These accidents and tax evasions could easily be overcome by sustained teaching of students about coexistence, shared values, just cause and above all upholding integrity at all time.

A nation is considered developed based on its per capita income and human development index and these simple but relevant measures are taken by teachers consciously and continuously, will enable the country to achieve the tag of developed nation sooner than expected.



AN EPISTLE TO CADETS OF SSG

Lt Col MK Lenka is an alumnus of Sainik School Bhubaneswar. Commissioned into AEC on 08 Jun 1996, he has held various instructional appointments at OTA Chennai, AEC Training College and IMA, Dehradun. He had served as the Headmaster at Sainik School Goalpara and as an Education Officer in 57 Mtn Div. He holds a master's degree in English Literature and M Phil in Education.

English Literature

Lt Col MK Lenka
Instructor Class A
Officers Training Academy, Chennai

Dear Cadets

The three years, I spent at your school has a very special place in my heart. Even after I got posted out, I continue my association by penning down my thoughts in the Puberun.

The COVID lockdown ensured we spend more time at home with our parents and siblings. Family is the smallest but is the most vital component of the human society. Our personality to a greater extent depends on the ambience at our home and behaviour of our family members. First teacher for any child is – whom we call in various names as Ma, Maa, Aayi, Amma, Mata, Matri, Maji, Tayi, Maai. Like Abhimanyu who learnt the technique of entering the Chakravyuh while in his mother's womb, our learning too starts from the prenatal stage from inside the honeyed womb of our mothers. Then comes our father and elder siblings. They nurture and guide us to take our baby steps and also teach us - Life Skills. The infrastructure of our life, stands on the foundation laid during our childhood by our parents and elders. We learn by seeing our parents living their lives, dealing and interacting with the world outside; which encompasses both animate and inanimate beings and things. Our behaviour and personality to a great extent are shaped at home by our family.



In ancient times as reflected in our epics, children used to spend their childhood in 'Gurukulas'. There they used to learn different skills and acquire knowledge. Skills of self-defence, agriculture, language and oratory. Skills are best learnt by doing and by practicing. They also acquired the essential knowledge available in our holy scriptures by listening to parables

and fables, which shaped their attitude, aptitude and character. But the long imperial domination diluted our age-old education system.

Educational institutions nowadays focus on the narrow aim of training the children to earn a livelihood, but neglect to teach how to live. The over emphasis on rote learning and not learning by doing, is churning out informative but insensitive, smart robots. Nobel Laureate TS Eliot in his poem'Choruses from the Rock' rues,

"Endless invention, endless experiment,
Brings knowledge of motion, not of stillness,
Knowledge of speech, but not of silence;
Where is the wisdom we have lost in knowledge?
Where is the knowledge we have lost in information?"

We get 'Wisdom', when we put acquired Knowledge into practice. But the current Education system turns us into 'Informed Warriors' not 'Knowledge Warriors'. We score cent percentage in 'General Knowledge', but remain ignorant about our own culture and wisdom. We remain illiterate of 'Life Skills'.

I've been spinning and revolving around the sun for past 54 years of my existence on lap of Mother Earth. I'd like to share with you all a few lessons that I've learnt in my life's journey till date. I strongly believe, every day is a new day, and we learn something or the other, each moment of our existence from Nature – Mother Nature and Human Nature.

• Be Natural As we grow, we make our lives complicated by trying to be somebody else than being our natural selves. We are all unique beings with unique characteristics. We may not be as intelligent like one of our friends, may not be as good in sports like another, but each of us has some inherent implicit attributes. We may be good at singing, painting, or even a wellbehaved being. We need to accept ourselves as we are, before the world accepts us. We should be natural like a child to enjoy every moment of our existence and participate in all kind of activities to gain experience. Winning and losing are brief facets, and we truly enjoy our life when we give our best honestly and remain unaffected by the outcome. To 'Be Natural', try to spend more time with nature, and observe its rich mosaic of hues and symphony of sounds. Observe to absorb.



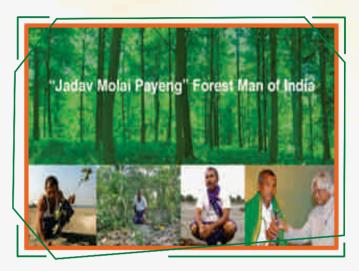
Communicate It's said the whole universe both inanimate and animate things and beings have their unique vibrations and aura. Everything and every being communicate. We humans as most evolved beings in the evolutionary hierarchy and have more evolved assets for communication. We need to invest in sharpening our four (4) basic language skills of - Listening, Speaking, Reading and Writing. We have to be good listeners to be effective speakers, and we need to read a lot to be effective writers. In fact, all four are inter-connected. Listen to TED Talks, Josh Talks. Whenever you get a chance participate in speech, debate, elocution contests. Talks during your house or school assemblies are a great platform to hone these skills. Make reading a hobby. Ask your parents, teachers or even Google to suggest good books to study. Finally, write to express your thoughts. Don't copy paste, but try to use your own language and vocabulary to express your thoughts. To start with, you may try writing a paragraph on a proverb or a saying. I remember during my time at SSG, we had started a concept called 'COW' (Celebration of a Word) and 'TOD' (Thought of the Day). Every day all cadets were encouraged to write a few sentences using the word of the day and write a paragraph on a thought. If we stop thinking, there won't be any difference between we and potatoes. A potato also grows, we too shall grow to exit one day. Make the bible of language learning - a good monolingual dictionary, your lifelong companion.

• Be Humble Humility is the mark of greatness. When we read the life histories of great people, we find they were known for their humility. The Missile Man' – Dr APJ Abdul Kalam not only came from a humble background but remained grounded and humble till the last. Pride is unnatural, a product associated with possession and position; which are transitory in nature. Be humble and approachable and you will be adored and appreciated by people around you.

• <u>B4</u> Befriend our body and breath to be blissful. Our life commences with the gift of a physical body and the air that we breath. We need to romance with body, breath and mind to remain healthy, happy and blissful. Romance with our body by giving it adequate exercise, romance with our mind by engaging in challenging tasks and meditation; romance with breath by pranayama. Invest time for keeping physically fit and mentally robust to remain happy and blissful. The harmony among body, breath and mind is the key to a contended life.

• Express Gratitude Let's be thankful to our parents who became instrumental in giving us our existence. Be thankful to our friends for giving us companionship. Be grateful to our teachers for giving

us knowledge. Be thankful to Mother Nature for nurturing us. Be thankful to our lifelong companion — our body for we being alive. Be grateful to every being and thing around us, for they contribute to our existence and growth. When we have gratitude as our attitude, we sail through life radiating happiness all around.



Lastly, we should never forget our unique status. There is no one in the world who can take our place. We are a unique brand. Let's do everything in our own unique way and leave the world a better place. Try to contribute in our own little ways by making Mother Earth greener by planting a sapling, switching off electrical gadgets to save energy when not required, stop wasting food and water and buying only essential things. You must have heard about Jadav Molai Payeng, Padma Shree, from Jorhat, Assam. Way back in 1979, as a 16-year-old, he noticed the patch of land next to River Brahmaputra lying bare, leading to death of many creatures. Now a 58-year-old he has created a forest named after him as 'Molai Forest', spread in 1360 acres that houses tigers, rhinoceros, antlers, rabbits, variety of birds, monkeys and vultures. A whole eco-system has evolved. To remember, what WH Longfellow wrote in poem, 'Psalms of Life',

> "Lives of great men reminds us We can make our lives sublime, And, departing, leave behind us Footprints on the sands of time."

Remember your uniqueness. I've been practicing whatever I've penned down. All these give me a lot of contentment and happiness. Try it to experience the same. Let's remember – Thank U is the best prayer we can chant all day long.

Thank U!



hank You SSG MY ALMA MATER



Mukund Kumar, IAS Asst Collector, Kozhikode (Kerala) Alumnus, SSG

Well, my school motto rightly reads as 'Sarva Main Sadhyam' which means 'Everything is Possible'. Long back while growing up in Sainik School Goalpara campus, I had never thought that this one inspiring sentence would have such a great impact on my life and would make me what I am today.

For, this was one sentence which made me believe that indeed everything is possible, provided you have faith in yourself that, 'Yes, I can do it'.

Looking back today, I very fondly recall that it was 06th June 2008, around 13 years back- I along with my father entered the Rhino Gate of SSG to take admission. That was and is one of the most special days of my life. At the very entrance, the security guard welcomed us and a greetings board stood there where it was prominently written 'Welcome to Sainik School Goalpara'. I was quite delighted and yet a bit nervous, because I had never seen such a big campus in my life until then.

Coming from a small village in Madhubani district of Bihar, getting admission in this premium school was my dream come true moment. I had been working hard for the entrance examination and interview for last two years and that was the day when it had finally fructified.

But still for the time being, my mind was preoccupied with different thoughts like How would I cope with here?', 'Am I even the deserving one to study

in such a premier institution?', 'There are many who are perceptibly smarter than me?' etc which shouldn't have been there.

But today, when I look back, I muse at my own thoughts because today I feel highly confident, secure and ready to take on any challenges that come before me. So, how this metamorphic change happened - Well, to a great part I owe it to my alma mater, Sainik School Goalpara.

It made me what I am today. So, my young friends, you might be wondering how it happened to your senior?

Well, here it is. I will tell you not only how but also where?

Remember, morning PT. Most of us grin at the very thought of it, don't we? I am no exception, I used to as well. But in retrospect, I can confidently say that those morning hours made me physically strong enough in my formative years to stay healthy and made those activities part of my lifestyle. The habit of daily morning exercise in the school main ground filled me with energy which I carry till today.

Next, the morning assembly, here I believe you might be lamenting at why there are so many lectures. What is the need of so many news of the day and all? Well, today when I think of me becoming an IAS, somewhere these morning lectures contributed a lot. It



active sports enthusiast. I always used to find ways to skip those or to be present in ground just for the sake of it. But today when I look back, I wish I could go back to school and play again. I would strongly suggest all my young friends to actively participate in sports and to excel in at least in one or two. You may think I am not good, but so what? You should leave your fears behind and go to the ground. This is the only thing I would like to change about myself if given chance to re-do it.

I saw some of the best institutions in entire country, but believe me - There is not a place, where I could see such an advance level development of sports facilities. Make best use of it my young friends. But still, I was interested in volleyball and participated in inter-house championship. These all sporting events taught me values of 'team-spirit', 'Cooperation', 'Coordination' etc.

These sports matches also develop healthy friendship which you would carry throughout your life. Even today I vividly remember the days when we energetically sang our house song together after winning matches.

During evening, we also used to have NCC classes and its classes are something which I will cherish for lifetime. Those classes made me disciplined enough to take commands seriously and deliver on it to the best of my abilities. It grooms you into leader for life. Commanding the house troop of Lachit House as Vice-Captain, used to be joyous moment and also gave a

great sense of responsibility, which is helping me even now as an executive magistrate, after having joined Indian Administrative Service (IAS).

I wish I could go back once again to my school days and sit in those classes at top floor and look at big green football ground and smile. I wish I could go back once again and join in morning PT happening against green lush mountain. I wish I could go back once again and cheer for my house in sports events and after winning sing my house song enthusiastically. I wish I would get 'Ragda' once again during NCC classes, for what is life made of if there is no such fusion of all sweet and sour memories.

I feel proud and blessed to have been part of such a great institution. In times to come, I would surely seek my deputation and appointment in Assam, to serve the beautiful state and perhaps Goalpara which nurtured me to my best.

Once again, I would like to say to my young friends, you are the best and that is why you are here. You are the chosen ones, never ever doubt yourself. March ahead with grit and determination, and you will realise there is whole world to be conquered. Best wishes to all my young champs, I have firm believe in all of you that you would carry name of my alma mater to greater heights and newer achievements, not seen before. Big cheers to being proud 'SSGian'. Once a 'SSGian' is being'SSGian' forever. Viva La SSG.



A Letter from IMA TO SSG



GC Hirokjyoti Talukdar IMA, Dehradun Ex School Capt (SSG) Batch 48th Zenith (2011-18)

2nd of June, 2011 was the day I joined Sainik School Goalpara. This date, along with a few others, shall remain etched forever in my heart for it was the start of the most beautiful journey in my life. It has been 10 vears now and I realise that the most wonderful days of my life have been spent at my alma mater, Sainik School Goalpara. The days spent at Abhimanyu House served as our foundation. As cadets of class VI we were young, naive and very impressionable and were put together there in holding house. I still remember the first fall-in where our Housemaster along with the House-Matron and House Appointments taught us how to set our bed, set our khaki uniforms and all the other little things. I remember the joy of being selected in the house football team and competing against the seniors from Bhaskar and Aniruddha House.

It's funny how so many little memories have lodged themselves in the back of my mind and come springing to life whenever I reminisce about the good old days. On the first day in class, one of our teachers talked about life at SSG. He said that it is like climbing a mountain; once you start you've got to make it to the top, there is no coming down halfway through the climb. There are so many things which many other teachers and seniors said that made me who I am today. If I start talking about them it'd probably be a never-ending monologue.

The most wonderful thing about the school is that everyone, right from a general employee to the school authority, works hard just for the welfare of the cadets. As young kids it is hard for us to realise this when everyday is challenging but once we've passed out of the school it finally hits us and that is when an overwhelming sense of relief and gratitude comes at having had the opportunity of schooling at such a great institution, named SSG.

As a cadet in the junior classes I was not much aware about NDA. I mean, I knew that NDA was a great institution to be in but nothing more than that. It was only in the senior classes that I realised the

significance of the opportunity of being trained in such an academy. I shall not speak much about life at the NDA or at the IMA, those of you who join will get to experience it first-hand. Just know that life at NDA and IMA is to an extent similar to life at SSG, only the intensity of training and expectations from cadets is multiplied manifold.

As I've been a cadet at SSG and know exactly how they feel at every point of life there, here are a few pieces of advice from me to my brothers out there:

Let go of your inhibitions

Most of us at the school remain content in our comfort zones. Do not be shy to go onto the stage. Do not feel uncomfortable in addressing and grooming your juniors. Spend time with everyone and forget about what others would think.

Be active

Take part in all the school activities. That's the best way to prepare for your SSB.

Be receptive to change

I remember us hating the changes made in the school routine and traditions. Accept the changes and adapt.

Have faith in the system

Remember, everything the school makes you do is for your benefit.

Make mistakes, own up and learn

Enjoy your days at school. When you pass out of the school the only things you'll regret are the ones you did not do.

At last, always remember to live each day to the fullest because once you've passed out, you'll watch the rest of the world waiting for their lives to get better and you'll be happy because you've already lived the best part of yours at SSG.



VALUE EDUCATION



Mr Atiqul Islam TGT (S Sc)

'Value Education' is a term used to name several things, some regard it as all aspects of the process by which teachers and other adults transmit values to pupils. Value education can take place at home as well as in schools, colleges, universities, offender institutions and voluntary youth organizations.

There are two main approaches to value education. Some see it as inculcating or transmitting a set of values which often come from societal or religious rules or cultural ethics. Others see it as a type of Socratic dialogue where people are gradually brought to their own realisation of what is good behaviour for themselves and their community.

Objectives of Value Education:

- To improve the integral growth of human beings.
- To create attitudes and improvement towards sustainable lifestyle.
- To increase awareness about our national history, our cultural heritage, constitutional rights, national integration, community development and environment.
- To create and develop awareness about the values and their significance and role.
- To know about various living and non-living organisms and their interaction with environment

Importance of Value Based Education:

Education is a lifelong process of development for one's personality which starts from the school. It is a school that builds the base for everything. That is why school plays a significant role in providing value-based education or moral education.

In today's time, when there is a huge crisis of moral values in society, value-based education proves to be the solution. Through value-based education, we can develop the children into people with strong character and values who know how to utilize their knowledge for the advantage of mankind.

Value-based education is essential for the holistic development of a child and it develops a well-balanced individual with a strong character and value.

Approaches to Value Education:

There are different ways to bring value education into our school and classroom. They are:

- Direct Approach-To teach values during planned classes. In this method, values are taught through planned structured lessons, like any other subject. The lessons may be organized around specific values such as honesty, respect, trust, and responsibility or could be organized to deal with a particular problem that the school is facing.
- The Integrated Approach-To integrate teaching of values with other subjects. The curriculum that is currently being taught provides numerous opportunities to involve students in thinking about character and values. For instance, in history classes, students should not only learn about what happened but should be given an opportunity to make ethical judgments about it. The ethical perspective could be discussed by talking about the different choices that historical figures might have had, the possible reasons for their behaviour and the action taken and what they could have done differently.
- The Holistic Approach- To make it a whole school approach. There is no doubt that the best way to implement a value education programme is through the holistic approach that integrates teaching of values into each and every aspect of school life. For this to happen all the teachers and staff should be committed to the teaching of values and consider it as important as academics.

So, value education should be an integral part of our education system and teachers, parents and society must walk hand in hand for overall growth and development of a child.



UPGRADING ONLINE EDUCATION IN INDIA



Dr Sanjoy Deka TGT (Science)

Online education allows students to participate in the learning process of different courses via the internet to develop their knowledge, understanding, analysis and synthesis skills. They don't need to be present physically in a lecture hall or classroom and they can choose to learn whatever they want from the comfort of their own homes using various information and technological tools. Covid 19 pandemic taught a lesson to all learners and educators in the world to shift their attention towards implementation of ICT in a better way for the benefits of mankind. India is one among different countries in the world greatly affected by Covid-19 scenario in the field of education due to lack of proper ICT infrastructure, technological knowledge and training for learners as well as facilitator of learning processes. Online education in India can be improved by active participation of various stakeholders on different dimensions; a few of them are listed below.

- software and tools: Secured, user-friendly and multifeatured software and tools are not cost effective presently. Mass participation of students from all the corners of the country is not happening for this reason as many of the bright students belong to poor families.
- Training in IT Skills and technologies: Free hands on training required to teach the utilisation of various online tools to the students in every village, towns and cities covering students from all socioeconomic backgrounds.
- Awareness campaigning: Awareness campaigning should be launched in various places in the country to educate people about the benefits of online education and also precautions to be taken to attend online education. All stakeholders of the society should attend the campaigning.
- Setting National Accreditation and Assessment Council for online education to establish norms and focus on quality education.

- Setting National Monitoring Board for monitoring effective and focused online learning.
- Only verified software and tools should be allowed to be used for online education. Special learning device with inbuilt antivirus system may be approved. Antivirus should have special adds-on to prevent harmful websites to be browsed by students. Monitoring board should have constant vigilance in this regard. Appropriate initiatives should be taken in implementing Virtual Reality (VR) Technology to provide simulation of first-hand experience like field trips.
- Government should take initiative to create accessible content free of cost that is useful for all professions.
- will maintain the lists of experts on various field. On demand and prior permission to the cell, experts may be connected to the students whenever required. This cell can also create link in their website to connect with families for providing time to time guidance especially career guidance. They should work on feedback and should respond adequately to it.
- Sufficient Funds in budget to be allocated to translate documentary words into action.

Due to revolutionary rise in the trend of modern technological tools and associated skills, upgrading online education system in a user-friendly, cost effective, reliable and safer way may be a herculean task for the government of India and requires splendid interventions of all stake holders including students studying at various grade to speed up the upgradation process.



HOW DO WE ? INCULCATE REQUISITE MORAL VALUES -



Mr Hazarat Ali TGT (Science)

- MORAL BEHAVIOUR: The kind of behaviour approved by people is called moral behavior. Example: Helping, co-operating, respecting, showing gratitude, loving, forgiving, speaking the truth etc.
- IMMORAL BEHAVIOUR: The kind of behavior disapproved by people is called immoralbehavior.

Example: Misbehaviour, social violence, hurting others, stealing, torturing, kidnapping etc.

What is Moral Value?

- The consciousness of right and wrong, good and evil is called moral values or a set of principles guiding us to evaluate what is right or wrong is called moral values
- ❖ Values are the human qualities/forces that govern human behavior and personalities.
- Values are the foundation of human lives.
- ❖ Values are the basis for the social, intellectual and emotional development of an individual.
- Values are the human assets that build character.

Examples of Human Values

- Honesty in words and deeds
- Respect
- Gratitude
- Forgiveness
- Kindness
- Self-reliance
- Helping mentality
- Tolerance
- Compassion
- Personal responsibility
- Justice
- Courtesy
- Adjusting and compromising
- Love
- Sense of cleanliness

Need of Values

- Social Violence takes place due to lack of values.
- ❖ A student's life is full of challenges. The problem is, if we neglect the

teaching of moral values in schools to students, they will not be able to perceive, comprehend and distinguish the difference between what is right and wrong. We would rather be hurting the students than helping them, resulting in problems in society.

- Age of school children is suitable for inculcating values as it is their formation period (their lives are tender and it is like sponge).
- Children are potential torch bearers of our nation.

Who is responsible for inculcation of Values?

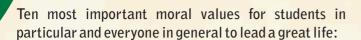
- The family, staff members of a school and society.
- The teacher's role in value inculcation is immense as he/she is the guardian of organised classroom teaching learning environment.

Teaching values to school children in Japan

- Headmaster welcomes students to the school every day before start of class.
- Shoes are not allowed inside class room.
- Students feed the animals and take care of plants inside the campus which is a part of school activity
- Students of different age group accompany each other in picking and dropping to school and home (parents stay at home).
- During lunch time, students get involved in cooking, serving etc.

Strategies to inculcate values

Activities	Values to be inculcated
Visit and observe nearby	Spirit of enquiry, scientific temper, quest of knowledge
planetarium	
Organise seminars,	Participation, encouraging the communication
debates and workshops	skill, etc.
Special assembly in	Cooperation, time consciousness, good manner, national
schools	consciousness, obedience, regularity and sincerity.
Celebrating national festivals	Unit in diversity
of different religions	
Shramdaan	Hardwork, gratitude, service, friendship and dutifulness.
Annual excursions	Sharing of ideas, cordiality, love towards nature and creativity.
Story telling	Equality, faithfulness, gentle manners, justice, kindness, non-
	violence and responsibility.
Conducting games and Sports	Communication cooperation, discipline, responsibility, team
	work, obedience, leadership etc.



Honesty

"Honesty is the best policy", it should be instilled as one of the most important values in a child and one must be encouraged to tell the truth regardless of the mistakes made. This will help children live without any guilt and build confidence resulting in the overall growth of the child

* Respect

Everyone desires respect regardless of age or status in society. As a child, a student should learn to respect others which include his peers, elders, different religions, races, sexes, ideas, and lifestyles. It is a very essential moral value as it will make him more concerned about others and benefit him in life in the future.

❖ Family

A Child should have a sense of family, so that he grows up understanding the importance of family, cooperation, love and respect for all people, working together through thick and thin with the motto "united we stand and divided we fall.

Education and hard work

A child should be made to understand the importance of education and its impact on his life and encouraged to study and attaining knowledge. A child should understand the importance and value of hard work. Education and hard work culminate in success in life and success, it is said success is one percent inspiration and 99 percent perspiration.

Adjustment and compromise

When absolutely necessary, a child should learn to compromise and adjust but not at the cost of his own life, resulting in harm to himself. This attitude will take him long and far in his life and build good relations with people.

Compassionate nature

Compassion is the sensitiveness to the needs of other people i.e. extending a hand of help to the needy,

maybe a stranger, showing sympathy, empathy, and compassion towards others, which always payback in return when in need.

Justice

A child must have a sense of justice and speak out whenever he senses wrong-doing, towards himself or others.

❖ Religious tolerance

As a student, the child should have respect for his and for other's religion too, understanding that all are equal regardless of caste, creed, and religion.

Forgiveness

A child should be made to understand that abusing, hurting or harming others results not only in physical but also emotional, psychological and mental agony and should be discouraged to abuse, encouraged to apologize and forgive people who hurt us. Unwillingness to forgive is the root cause of anger, violence, and fights

❖ No cheating and theft

As a student, a child should understand, whatever the justification, that cheating, and theft are legally and morally wrong and amounts to stealing something that belongs to someone else

It is most important that moral values, being the founding blocks of society, should be instilled in children right in student life. They help to build a child's personality and character shaping his life and teach him to respect both self and others. Moral values would help in preparing for their future roles in becoming good parents and law-abiding citizens countering the bad influences in society. Moral values make a foundation for life, mould a person and immensely help a student to differentiate right and wrong as he takes his first step towards life into the real world and gains respect from everyone around him. When functioning effectively, moral values are life protecting and life-enhancing for one and all whether a student or an adult. It is not one day attempt. It is a continuous process. We need to reinforce again and again to imbibe values.





Mr Debasish Kundu TGT (Science)

As you know due to Covid 19 pandemic India has entered a new era of online education, many schools have shifted their base to virtual platforms to conduct classes online. Consequently, catering to the needs of all stages of education from pre-primary to university level, online education has emerged as an alternative to ordinary face to face classes. Moreover, efforts are being made by both government and non-government organisations and edu-tech companies to support the school system to make a smooth transition into the virtual world.

The situation has changed today, but the struggle for education remains the same. Earlier people struggled to reach school and now the present generation is striving for online education. Students and teachers also have their own struggles while accessing these online platforms. Due to financial constraints, many students are not able to access internet and are devoid of electronic gadgets and laptop, smart phone, computer and even a radio or TV set. Those students who have facilities to attend to online classes face barriers in terms of unavailability of physical space, which is equally applicable to teachers who are supposed to conduct online classes from their home. Moreover, the COVID 19 pandemic has put the spotlight on the ever-increasing structural imbalances in school education in terms of ruralurban, rich and poor and gender divide.

A recent NCERT survey also reveals startling facts. Some of the facts are:

- According to the survey, 27 percent of students in India do not have smart phones and laptops.
- 28 percent of students are not able to study properly due to frequent power-cuts.
- 33 percent of students admitted that they are not able to focus on studies during online classes.
- Online classes are not able to fully overcome the problems related to subjects such as Maths and Science.
- 50 percent of students do not have school books. Notably, the NCERT website has provided online access to E-books of many subjects but for that students require internet and smart phone. Due to lack of these facilities, crores of children in the country are deprived of accessing E-books.

It is true that the early phase of every transition is full of challenges, but as we know, change can't be changed, we have to develop adaptability and embrace the transition.

11 op tips for remote teaching:

First and foremost do not try to replicate exactly online what we do normally in face to face teaching. This is the no 1 mistake mostly many teachers commit. In face to face teaching we always get the feedback but in remote teaching you would not get it. It is very difficult for us to understand whether students understand the topic or not. The pace in which you convey the learning points to your students should be clear and audible. Also important is your tone, fluency and language.

Be prepared for some extra work. This is true for both teacher and student.

Be prepared technologically. You have lots of support surrounding you. Use those tools as possible as you can. Have the right equipment and training. Choose tool specific needs for the student while teaching e.g. use video, PPT, 3D

Take full advantages of school teaching and learning resources. No need to work alone. Always work together.

- Be open-minded, remote teaching and learning is not for everyone. It is simply different. Social presence online is very difficult. What best can be done do that.
- Be organized and prepared to participate frequently. Support students with flexible schedules. Students may have different needs. You don't know their home situation. How connected well to internet they are. So you have to be more flexible with your teaching. You can provide notes and recorded videos through WhatsApp also so that they can use them on later a date.
- Be a good writer.
- ■ Have a good 'road map'
- Set clear expectations for student participation. Inform them well in advance how, when and how often you are going to conduct the test. After test always discuss the doubts and mistake of the students. Always send the result after test.
- Eliminate distractions while teaching remotely. There are so many temptations and we so feel tempted to multi-tasking. Always keep your phone on silence mode and turn off the email notification etc.
- Have a back-up plan for those who don't have internet access. Teachers need to have an educational plan in place for students who cannot participate in live digital sessions. Your plan can involve anything from preparing hard copies of the material for students who lack internet access to recording the lecture so that it is available for individuals who are experiencing temporary technical difficulties.

Online teaching has brought a positive impact in the life of students and due to pandemic, it has become the need of the hour. So, we all should put our best efforts to make virtual teaching joyful.



HABITS OF STUDENTS FOR SUCCESS IN Examination



Mr Prasanta Choudhury
TGT (Science)

Why some students perform well in studies while some find it difficult to score good marks even after working hard? The answer lies in the difference of habit between two students. Everyone has the potential and capability to do well, however it's only the habit that a student possesses makes all the difference. No matter how hard you study, it all comes down to your habit that ultimately decides your success in the exams. Your habit constitutes 95% of your personal behavior and you must try to build the following habits to become successful in life and academics:

Get organized and make plans:

Whether you are preparing for exams or doing an assignment, make sure to first make a plan. A plan will help you to study in a streamlined and organized way. Other than this, proper planning will keep you informed about your study routine. It is only through a plan you can manage your studies for the week, month and year in an organised way.

Do not multitask while studying:

Keep the things simple and don't try to overdo as it will do more harm than good. You cannot do everything at the same time. Therefore, when you are studying, simply focus on it and don't get distracted by other things or other miscellaneous works.

Divide and study:

You cannot study on a stretch as sometimes it may make you unproductive and lazy. Try to break the entire syllabus into several parts and make a study plan for every part of the syllabus. This will not only help you study with full attention but also will keep you engaged in the topics.

Get adequate sleep:

You are absolutely wrong if you think you can study for long hours without sleeping at night. By doing this, you are doing nothing but wasting your time. Sleeping for at-least 6-7 hours can boost your memory and help you to focus on your studies in a much better way.

Schedule your work:

It is important to schedule your daily work and then study accordingly. This will save your time and also give you the space to stay prepared for the next day. Every successful student follows the habit of scheduling before studying.

Take regular notes:

This is another habit of successful student who never forget to take notes while studying. Taking regular notes boosts your memory power and also allows you to revise the topics in a hassle-free way. Start making notes when you sit to study.

Focus on study:

Don't get distracted by what is happening and try to focus on study. Smart students keep fewer objects in their study room and switch off their electronic gadgets. Follow this habit from now onwards and concentrate on your studies to get good results.

Keep your study space organized:

Always keep your study room organized and clean. You need a perfect environment to study peacefully. Use a study table and chair to study as this will boost your concentration power and help you study productively.

Find a study group:

Once you have completed a topic and want to revise the particular subject, make sure to discuss the topics with your friends who are serious in studies. Discussions will help you to get the depth knowledge and help you to revise in a proper way.

Ask questions:

Never be afraid of asking questions. If you are having any doubt, don't hesitate to ask questions from your friends, teachers or experts. This will clear your doubts and help you in achieving the desired results.

At last but not the least-ALWAYS re-read your notes the same day, preferably before going to sleep. Summarize everything you study.





Mrs Puspalata Kalita TGT (Assamese)

Life Skill is a term used to describe a set of basic skills acquired through learning or direct life experience that enable individuals and groups to effectively handle issues and problems commonly encountered in daily life. Life skills development is a lifelong process that starts in early childhood and continues until the very end of life. It is one such attribute that can help a child climb the ladder of success efficiently. Life skills also deal with mental functions to aid in problem-solving attitudes and focus on one area of concern. Interacting with each other in a developed environment brings peace, and people have contended enough to grow and evolve efficiently. Degree of life skill we should be knowing that can vary from our geographical location, may be based on the environment and kind of society that we living.

Life skill is learning the treasure within: There is something called learning the treasure within. The first component of learning the treasure within is learning to know. Learning to know is basically developing the capacity to observe new knowledge. Today there is a knowledge explosion. Just like population explosion. So, we have to develop the capacity or capabilities to observe the new knowledge that we gain each passing day.

The second component is learning to be: What is learning to be? Learning to be refers to the fundamental principles that the education we gain or the education impart to children that must contribute to all round development of each individual. All round development means it should be holistic development. For example education should be the enrichment of not only the mind of an individual but also his/her body, intelligence, aesthetic sensibility and senses of personal responsibilities.

The third component is learning to do: The basic education that we gain or impart to young students of

our school makes them capable. How an individual become productive member of the society by contributing to the society by some way or other by virtue of which education they receive.

Last one is learning to live together: We all know human beings are social animal. We live in a society. Learning to live together implies our capacity to respond creatively and effectively the values; such as respect for elders in the society, to work in a team, to maintain discipline in our life, to be helpful and empathetic towards others, to maintain cleanliness etc.

Life skills definition:

What are life skills? Life skills are defined as "The abilities that will help learners to be successful in living a productive life". They help students to improve their social and personal qualities. WHO (World Health Organization) gave a very beautiful definition in 1997. WHO has defined life skills as "The ability for adaptive and positive behaviour that enables the individual to deal effectively with the demands and challenges of everyday life".

Here 'adaptive' means that a person is flexible in approach and is able to adjust in different circumstances.

A 'Positive behaviour' implies that a person is forward looking and even in challenging situation can find a ray of hope. So, WHO gave a very appropriate definition of life skills. For examples many of the schools take their students for outing. Outing in the sense for camp, educational tour etc. At home they might be living in AC rooms, they might have comfortable beds but when they go to camp they must know how to be in a team, how to adjust sleeping in the tents etc. Adjust with the food that they have. This is called adaptive behaviour. A person who looks towards is optimistic all the time and inclined towards hopeful



things reflecting a positive behaviour.

Life skills can be divided in three different components:

- (a) Thinking Skills: Under thinking skills, it has
 - (i) Selfawareness
 - (ii) Problem solving
 - (iii) Decision making
 - (iv) Critical thinking and
 - (v) Creative thinking.

(b) Social Skills:

- (i) Interpersonal relationship
- (ii) Effective communication and
- (iii) Empathy

(c) Emotional skills:

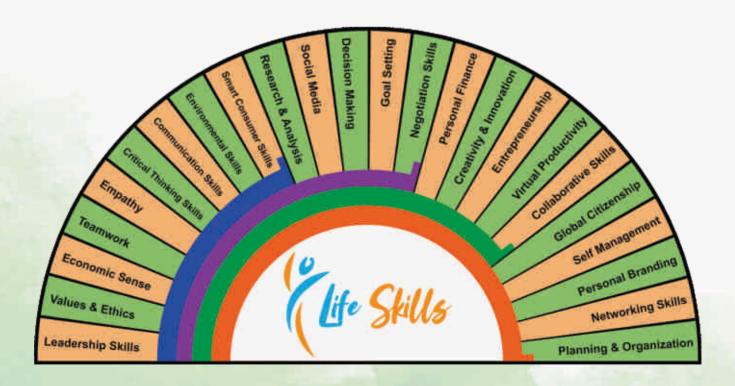
- (i) Managing emotions
- (ii) coping with stress

Importance of Life Skills Education

The importance of having life skills in a person's life lies in his ability to adapt to all circumstances and succeed in the renaissance and prosperity of society. One of the most important problems that demand quick attention and solutions these days is the lack of life skills for the new generation.

This is because there is a lack of life skills in the output of educational institutions. As a result, many fail in their careers and personal lives due to the absence of these skills they must have. Life skills education helps students build confidence in both communication and cooperative and collaborative skills, provide them with tools important for development, find new ways of thinking and problem-solving and provide methods on how to socialize, make new friends and recognize the impact of their actions and behaviours.

Life skills also help students in taking action in situations where their parents or teachers may not be available to guide them and make themselves take responsibility for what they do instead of blaming others.



EMBRACING THE CHANCE IN EDUCATION



Mr Rajiv Sharma PGT (English)

Change is the law of nature that has been cuddling and cradling the universe ever since we perceived it. Change might be part of an ulterior motive that humans ought to understand on this earth. Since we are bound by change, it would be sagacious on our part to accept it before it is thrusted upon us. The Covid-19 pandemic could be a testimony to this conviction. The unprecedented changes brought in by the pandemic have engulfed almost every sphere of our life; and education is no exception to it.

In this dynamic world, technological advancement has transformed our futuristic visions into realities. Computer and internet guided future schooling, which was merely a figment of imagination till mid-nineties, has overwhelmed our traditional education system today. Thanks to the Covid-19 pandemic that has accelerated its exploration and implementation at a phenomenal pace.

It's unequivocal that online education has helped in narrowing the digital divide in developing countries like ours. It has reduced students' sole dependence on teachers. Concurrently, educational institutions and the teaching community have been obliged to redesign their teaching modules that would suffice the need of the hour. In the process, they have got an opportunity to reorient and equip themselves with effective educational strategies and technological sophistication. Precisely speaking, online education has added a new dimension to the entire teaching-learning process and has awakened all its stakeholders to foresee and be prepared for revolutionary changes in the field of education that are in the offing.

It is a commonplace that change is accompanied by challenges that are unique in themselves, but if they are harnessed as opportunities, they can certainly "make

our world run azure on gold sands" (Stephen Spender). Initially, the sudden eruption of online classes, triggered by the Covid-19 pandemic caused some problems for a large section of both teachers and students that weren't either much techno savvy or phobic to handling computer apparatus and different online teaching tools. Also, many schools located in the remote corners of our country don't have the adequate infrastructure to facilitate online classes for their students. These apart, a large number of parents that still strive for square meals a day have not been able to afford smart phones for their children and thus, they still languish in ignominious darkness as ever before.

Nevertheless, online education in our country has gained a momentum that shouldn't be laid down to rest, rather we should envisage education strategies futuristic in nature for which, sizzling efforts should be put in by all the stakeholders and other concerned agencies to make our children as smart as smart class to cope with this dynamic world; the world that is governed by change, change and change.





VEDIC MATHEMATICS TRICKS FOR FAST CALCULATION



Vedic Mathematics is a collection of techniques to solve mathematical arithmetics in easy and faster way. It consists of 16 Sutras (Formulae) and 13 sub-sutras (Sub Formulae) which can be used for problems involved in arithmetic, algebra, geometry, calculus and conic sections.

Vedic Mathematics is a system of Mathematics which was discovered by Indian Mathematician Jagadguru Shri Bharathi Krishna Tirthaji in the period between AD 1911 and 1918 and published his findings.

Multiplication Techniques/Shortcuts Using Vedic Mathematics:

Ekadhikena Purvena Sutra: This sutra has another great multiplication trickin Vedic Mathematics which can be applied when last digits of both numbers totals as 10.

Example-1

$$34 \times 36$$
 83×87
= $3 \times 4/4 \times 6$ = $8 \times 9/3 \times 7$
= $12/24$ = $72/21$
= 1224 = 7221

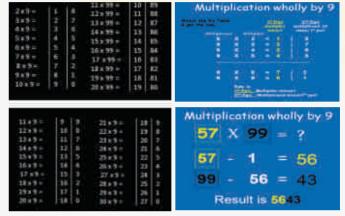
Example-2 75 x 75 = 752=75 x75x 63 5625 4221

- Steps:-
- (a) Check if addition of last digits of the numbers is 10.
- (b) Multiply 5 by 5 and put composite digit 25 on the RHS.
- (c) Then add 1 to the upper left hand digit 7 to make it 8.
- (d) Then multiply 8 by the lower left –hand digit 7. Put the result (56) on the LHS.
- (e) Therefore, the answer comes out to be 5625.
- (f) Eg:1 In case of 34 x 36, Apply Ekadhikena Purvena on 3 so we have 4. Now multiply 3 and 4 and write in the 1st compartment.

Ekayunena Purvena Sutra: This sutra is applicable whenever multiplier has only 9's as digits.

Nikhilam Sutra: This is most simplest trick to multiply numbers using Vedic Mathematics

Mr Sheikh Mohibur Rahman TGT (Maths)



- Numbers closer and less than power of 10. Example: 97 x 96, 994 x 992, etc
- Numbers closer and greater than power of 10.
 Example: 102 x108, 1004 x 1012, etc
- Number closer and lying on both sides of power of 10.
 Example: 102 x 95, 1004x991, etc



Steps:

- (a) Both the number is closer to 100 (base is 100)
- (b) 97 is 3 less than 100 and 94 is 6 less than 100.
- (c)-3x-6=18
- (d) 97 6 or 94 3 = 91
- (e) Final result is 9118

Calculating Squares in Vedic Mathematics

Yavadunam: Lets see examples for Vedic Maths square method of Yavadunam

FROM 112TO 192

112 = 11 + 1/12 = 12/1 = 121 122 = 12 + 2/22 = 14/4 = 144 132 = 13 + 3/32 = 16/9 = 169 142 = 14 + 4/42 = 18/16 = 1(8+1)6 = 196 152 = 15 + 5/52 = 20/25 = 2(0+2)5 = 225 162 = 16 + 6/62 = 22/36 = 2(2+3)6 = 256 172 = 17 + 7/72 = 24/49 = 2(4+4)9 = 289 182 = 18 + 8/82 = 26/64 = 2(6+6)4 = 324



$$192 = 19 + 9/92 = 28/81 = 2(8 + 8)1 = 361$$

FROM 212 TO 292:

212 =
$$2 \times (21+1)/12 = 2 \times (22)/1 = 44/1 = 441$$

222 = $2 \times (22+2)/22 = 2 \times (24)/4 = 48/4 = 484$
232 = $2 \times (23+3)/32 = 2 \times (26)/9 = 52/9 = 529$
242 = $2 \times (24+4)/42 = 2 \times (28)/16 = 56/16 = 576$
252 = $2 \times (25+5)/52 = 2 \times 30/25 = 60/25 = 625$
262 = $2 \times (26+6)/62 = 2 \times 32/36 = 64/36 = 676$
272 = $2 \times (27+7)/72 = 2 \times 34/49 = 68/49 = 729$
282 = $2 \times (28+8)/82 = 2 \times 36/64 = 784$
292 = $2 \times (29+9)/9 = 2 \times 38/81 = 841$

Ekadhikena Purvena: This is another specific Vedic Maths tricks for square of a number ending with 5

Example: 752=75

x75

5625

Steps:-

- 1. Multiply 5 by 5 and put composite digit 25 on the RHS.
- 2. Then add 1 to the upper left hand digit 7 to make it 8.
- 3. Then multiply 8 by the lower left –hand digit 7. Put the result (56) on the LHS.
- 4. Therefore, the answer comes out to be 5625.

Square of a number from 11 to 99

- 1. Square the tens and unit placed digits
- Then multiply all the three digits (as (1x3x2) or (7x6x2))
- 3. Put it below, one digit left from right



BOOKS AS COMPANION

Man is a social animal. He can't live alone in this society. He wants someone who loves him, cares him and favours him. Man cannot go forward without companions. Company can be of men or with books. But the great difference is that company with men may be temporary or deceitful on the other hand company of books is always permanent and forever trustful. Books are never lost friends. They guide us, encourage us and help us. Moreover they



Mr Sandeep Kumar PGT (Mathematics)

motivate us to do something different with great zeal and will power. They are mutual lovers. They make us to feel that what is wrong and what is right. They never make us lonely and are always ready to help us by giving useful tips.

They tell us about the lives of great men and women who inspire us to follow their footsteps. When we are upset and disheartened, books show us the right path and fill us with courage and new light. Books are our best and real friend, best counsellors and best boosters. Books are our constant and everlasting source of inspiration. Books have the wisdom of thousands of years. But like other companions, these companions are also to be selected very wisely. So, it depends on us that how we select our best companion i.e. BOOKS. Good books shape the destiny and character of a man who is the strength of a nation. It is rightly said by Francis Bacon in his essay "ON BOOKS" "Some books are to be tasted, some books are to be swallowed and some books are to be digested."



BLOOM'S TAXONOMY



Mr Golam Sorowar PGT (Physics)

Bloom's Taxonomy was created in 1956 under the leadership of educational psychologist Dr Benjamin Bloom in order to promote higher forms of thinking in education, such as analyzing and evaluating concepts, processes, procedures and principles, rather than just remembering facts (rote learning). IT is most often used when designing educational, training

All human behaviours are classified under three broad categories or domains. They are

(a) Cognitive domain (Thinking process - Head) and Jearning processes (b) Affective domain (Feeling - Heart)

(c) Psychomotor domain (Doing or acting - Hand) The above domain may remember as 3H – Head, Heart and Hand (Dil, Dimag Hath).

Out of these three domains, cognitive domain is very much relevant while setting up the question paper

1. The cognitive domain is concerned with the intellectual aspect of the mental process. This includes the recall or recognition of specific facts, procedural patterns, and concepts that serve in the development of intellectual abilities and skills

There are six levels of learning in this domain.



They are arranged according to hierarchy from lower objectives to higher objectives, indicating that higher objectives can be achieved only if the previous lower one is attained. These are discussed one by one as under.

(a) **Knowledge:** Knowledge is the lowest level in the cognitive domain. It can be defined as the acquisition of factual information.

For example: When we learn about lemons. We want to remember name, shape, colour, size and their sourness.

(b) **Comprehension:** This is a little higher level than knowledge. Comprehension means the ability of the students to show that they understand the material,

ideas, facts, principles, theories etc.

For example: In case of lemon we determine that the lemon is yellow and it is right to eat and when we bite, it is really super sour. We also understand that lemon loves sunshine and they contain lots of vitamin C which is a great natural antioxidant and keep us healthy. As we really understand about lemon we can work on it.

(c) **Application:** Application refers to the ability to use a principle or idea in different context from the one in which it was originally learnt.

For example: We understand well about the lemon that lemon is sour and they are also a great provider of vitamin C. To apply this understanding in a meaningful way we can boil a lemon in hot water and add some honey then serve this hot lemon to a sick person which is required for treatment.

(d) **Analysis:** Analysis refers to the ability of the pupils to classify or break material down into its components, understand the relationship between the components and recognise the principle that organizes the system or structure.

For example: We can study the lemon flesh, examine the skin and look at the levels of vitamins. We can conclude that we can eat everything inside of a lemon excluding its seeds and the skin test bitter and contain traces of toxic pesticides and it should not be consumed.

(e) **Synthesis:** Synthesis level refers to the ability to put parts together to form a whole. Synthesis emphasizes the ability of making something new, bringing ideas together and to create new ideas.

For example: About lemon we have learnt, understood, applied analysis now we are ready to synthesis or to create. Lemons with other similar things we can formulate a plan to create our own natural lemonade. It's now easy to come up with a shop design with name plate "Sweet Lemons Natural Healthy Yummy".

(f) Evaluation: Evaluation is the highest level in the hierarchical development of intellectual abilities. It



put parts together to form a whole. Synthesis emphasizes the ability of making something new, bringing ideas together and to create new ideas.

(f) **Evaluation:** Evaluation is the highest level in the hierarchical development of intellectual abilities. It refers to the ability to judge the value of concepts, material and procedure for a specified purpose.

For example: We can evaluate our lemon as a good source of vitamins, compare with other sources such as oranges and other food supplements. We look at the properties, vitamin levels, affordability, tests along with price etc.

2. The Affective domain:

It is related with our emotions, feelings, values, motivations and attitudes. They are briefed as under

- Receiving- It refers to the willingness of student's to attend to particular phenomena or stimuli.
- Responding It refers to the active participation of students.
- Valuing Valuing includes the worth of a thing or behaviour.
- Organizing Bringing together different values, resolving conflicts between them.
- Characterization All the values are internalized and develop a characteristic 'life style.



3. Psychomotor domain:

Psychomotor domain earlier it was known as conative domain which deals with the abilities and skills which are physical in nature but activated by an inner mental process.

Imitation – At this level the learners will directly copy the action seen or replicate what is directly observed.

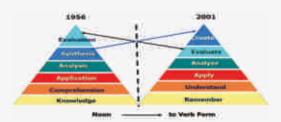
For example- when we learn to drive our car we align our own car seat exactly as it is advised by driving instructor. Manipulation – At this level the learner will reproduce activity by instruction or reproduce activity by memory.

For example, we look in to back and side mirrors every time we want to take turn in the turning of a road.

- Precision At this level the learner can perform and practice task without any help. E.g we can stop the car in front of red light of the traffic
- Articulation- At this level the learner can coordinate with a series of tasks by establishing sequence and harmony. E.g after getting instruction from traffic police we start the car also we look on back and side mirror of the car whether any other is passing by or not
- Naturalisation— At this level the learner can perform an act automatically and spontaneously which leads to naturalization category. E.g The learner Pass the practical driving test independently and drive satisfactorily.



Bloom's revised taxonomy: It was revised by Lorin Anderson one of the student of Benjamin Bloom and David Krathwohl in 2001. We can observe how the changes had done in the following figure.



- (a) Noun is changed to verb form
- (b) Synthesis is shifted from fifth position to top position and Evaluation is come down to fifth position While framing any questions at first we have to select which learning objectives (LO) what we want to check /test of the cadets. If we go through the CBSE syllabus we see that chapter wise distribution of marks is written along with Bloom's taxonomy along with different cognitive level. Therefore, while setting any question paper the QP setter always adhere to the table of specification (TOS) as per CBSE syllabus and learner also should prepare their lessons accordingly

Conclusion: Bloom's taxonomy can be used as a teaching tool to help balance assessment and evaluative questions in class, assignments and texts to ensure all orders of skills.







Mr Gautam Deka TGT (Sc)

Practical skills are self-help and life-saving skills and lessons that one can learn, teach to others and practice every day to live an independent, satisfactory and successful social and personal life.

Practical Skills mean skills performed by hand or with human intervention using equipment, tools or technology requiring guidance, force or movement.

Practical skills can be categorized into four different types, namely Soft skills, Physical Skills, People Skills and Creative skills.

(a) Soft skills:

It is personal attributes that enable someone to interact effectively and harmoniously with other people. A few examples of Soft Skills are:

Speed Reading

It is a process of rapidly recognizing and absorbing phrases or sentences on a page all at once, rather than identifying individual words. It helps to absorb information quickly and effectively.

Computer Literacy

It is the knowledge and ability to use computers and related technology effectively, with skill levels ranging from elementary use to computer programming and advanced problem solving.

Official Documents

Any document or paper prepared by any public officer in the use of his employment or any document or paper which comes into the custody of any public officer in the course of such employment.

Social Media Management

Social media management is the process of analyzing social media audiences and developing

a strategy that's tailored on them, creating and distributing content for social media profiles, monitoring online conversations, collaborating with influences, providing community service etc.

Problem Solving Skills

The ability to identify a problem, determine its cause and figure out all possible solutions to solve the problem.

Home Repairs

It is the process that involves the diagnosis and resolution of problems in a home. It may include minor electrical repairing, carpentry, painting, plumbing, meson, cleaning work etc.

(b) Physical skills:

It is the skill that displays accuracy and consistency of how we use our bodies when performing tasks. A few examples of Physical Skills are:

Driving and Reading Maps

Driving skill is the ability to drive a bicycle, a two wheeler or a four wheeler. Reading maps include knowledge about the connecting roads and ability to use navigation tools.

Gardening and Basic Botany

Gardening is the practice of growing and cultivating plants (especially ornamental plants) as part of horticulture or especially as a pastime. Basic Botany includes knowledge of different types of plants (especially common medicinal plants) including their structure, properties and biochemical processes.

Sports

It is an activity involving physical exertion and skill in which an individual or team competes



against another or others for entertainment.

Cooking

It is the practice or skill of preparing food by combining, mixing and heating ingredients.

Knots and Sewing

It is the ability to tie a knot in thread and making or mending clothes or other things using a needle and thread.

(c) People skills:

It is a pattern of behaviour and behavioural interactions. A few examples are:

Communication Skills

It is the ability one uses when giving and receiving different kinds of information.

Language Skills

It is the ability to listen, speak, read and write a language or languages.

Public Speaking

It is the talent of effectively addressing an audience.

Body Language

It is the conscious and unconscious movements and postures by which attributes and feelings are communicated.

(d) Creative skills:

It is the ability to think about a task or a problem in a new or different way, or the ability to use the imagination to generate new ideas. A few examples are

Instruments and Music

A musical instrument is a device created or adapted to make musical sounds. Music is vocal or instrumental sounds (or both) combined in such a way as to produce beauty of form, harmony and expression of emotion.

Painting and Art

Painting is the action or skill of using paint, either in a picture or as decoration. Art is the expression or application of human creative skill

and imagination, typically in a visual form such as painting or sculpture, producing works to be appreciated primarily for their beauty and emotional power.

Writing

It is an activity or occupation of composing text.

Practical Skills and National Education Policy (NEP)-2020:

The Fundamental Principles of National Education Policy (NEP) 2020 emphasises on,

- (a) Conceptual Understanding and Critical Thinking.
- (b) Life Skills such as Communication, Cooperation, Team Work and Resilience.
- (c) Promotion of Multilingualism.

How to Improve Practical Skills?

- (a) Familiarise with Objects/Instruments.
- (b) To know the Correct Procedure.
- (c) To understand the Underlying Principle.
- (d) Think of Alternatives.
- (e) To relate Theory with Practical Life.
- (f) Imagination.
- (g) To take Decision based on Facts.
- (h)To improve Thinking and Decision Making Capabilities.
- (i) Learning by doing

Advantages of Practical Skills:

- (a) It does not require Mugging up
- (b) Knowledge retains in our Mind
- (c) Develops Better Understanding
- (d) Improves Skills
- (e) Interactive Education creates Deeper Impact
- (f) It can motivate Team Work
- (g) It is more interesting which makes Subject Matter easy
- (h) Involves Application and deals with Real Life Situations

Conclusion:

In today's job market it is far more important to have practical skills than theoretical knowledge. In the near future we will look back and realize that practice is surely the necessary requirement of any job, or rather we won't follow the superficial value of the certificate







ARTIFICIAL INTELLIGENCE (A.I.)

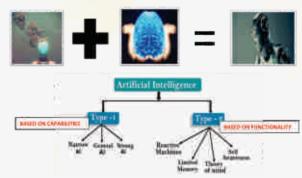
Mr Manoj Kumar Singh PGT (Computer Sc)

Intelligence: "The capacity to learn and solve problems" All but the simplest human behaviour is ascribed to intelligence. Psychologists generally do not characterize human intelligence by just one trait but by the combination of many diverse abilities. Research in AI has focused chiefly on the following components of intelligence: learning, reasoning, problem solving, perception and using language.

- Artificial Intelligence: Artificial intelligence (AI) is the simulation of human intelligence by machines.
 - ► The ability to solve problems
 - ► The ability to act rationally
 - ► The ability to act like humans
- Artificial intelligence (AI) is intelligence demonstrated by machines, as opposed to the natural intelligence displayed by humans or animals. Leading AI textbooks define the field as the study of "intelligent agents": any system that perceives its environment and takes actions that maximize its chance of achieving its goals. Some popular accounts use the term "artificial intelligence" to describe machines that mimic "cognitive" functions that humans associate with the human mind, such as "learning" and "problem solving", however this definition is rejected by major AI researchers.

AI applications include advanced web search engines, recommendation systems (used by YouTube, Amazon and Netflix), understanding human speech (such as Siri or Alexa), self-driving cars (e.g. Tesla), and competing at the highest level in strategic game systems (such as chess and Go), As machines become increasingly capable, tasks considered to require "intelligence" are often removed from the definition of AI, a phenomenon known as the AI effect. For instance, optical character recognition is frequently excluded from things considered to be AI, having become a routine technology

BASED ON CAPABILITIES



Narrow AI are playing chess, purchasing suggestions on e-commerce site, self-driving cars, speech recognition, and image recognition.

BASED ON FUNCTIONALITY



REACTIVE MACHINES focus on current scenarios, do not store memories or past experiences for future actions.

Eg-- IBM's Deep Blue system

LIMITED MEMORY can store past experiences or some data for a short period of time. . Eg Self-driving cars

THEORY OF MIND understand the human emotions, people, beliefs, and be able to interact socially like humans

SELF AWARENESS super intelligent, and will have their own consciousness, sentiments, and self-awareness. not exist in reality still and it is a h y p o t h e t i c a l c o n c e p t

ROLE OF ARTIFICIAL INTELLIGENCE IN EDUCATION

Artificial intelligence in education is being used by different schools in the country. The use of AI in education has given a completely new perspective of looking at education to teachers, students, parents, and of course the educational institutions as well. AI help in

Automation of basic administrative activities

► A lot of time is spent by teachers in administrative



activities like grading and assessment of worksheets.

The use of AI in education can help automate the grading and assessment of activities like multiple choice questions, fill in the blanks, etc.

Another tedious and cumbersome activity for teachers is preparing the report cards of students. The use of artificial intelligence in education can help automate this as well.

Automation of administrative activities means teachers can spend more time with the students, thus making the learning process more efficient.

Personalized learning

- ► The purpose behind application of AI in education is not to replace teachers, but give them a helping hand in understanding the potential and limitations of each student.
- ► The use of AI in schools makes things easy and convenient for the teachers and students as well.
- ▶ By understanding the needs of every student, teachers can come up with a tailor-made study plan for every student.

Constructive feedback

- ▶ Programs powered by artificial intelligence can provide valuable feedback, both to the students as well as teachers.
- Use of AI in classrooms can point out to teachers how to improve the instructions provided to the learners, and also how to make learning more fun and interesting.
- ► Instant feedback to students helps them understand where they are going wrong and how they can do it better.

Accessible by all students

- ► The use of AI in classrooms makes learning universally accessible for all students.
- ► Whether a student is slow learning or unable to attend school due to an illness or injury, and even students located in remote areas, AI in education is a blessing for them.
- ► The use of artificial intelligence in education helps to overcome the geographical barriers in learning.
- Students located anywhere around the world can learn from the best teachers through the use of AI in education.

"Lung"

Goal of AI

- ► To develop algorithms that human use.
- ► Algorithms can require enormous computational resources and problem goes beyond a certain size **KNOWLEDGE REPRESENTATION**:

- ► To build machine with the capability of making working assumption and common sense Learning
 - Machine learning is the fundamental concept of AI search.
 - Unsupervised learning is the ability to find patterns in a stream of input
 - Supervised learning includes both classification and numerical regression

Planning:

- In classical planning problems, the agent can assume that it is the only system acting on the world
- Multi-agent planning uses the cooperation and competition of many agents to achieve the given goal
- ► Natural language Processing
- ► Social Intelligence
 - Affective computing is the development of systems that can recognize, interpret, simulate human affects
 - Emotion and social skills are important to an intelligent agent to understand others and to make better decisions.



ADVANTAGES OF AI

- ► The chances of error are almost nil.
- ► It can be used to explore space, depths of ocean.
- ► Smartphones are greatest example of A.I.
- ▶ It can be used in time consuming tasks efficiently.
- Algorithms can help the doctors asses patients and their health risks.
- Machines do not require sleep or break and are able to function without stopping.

CONCLUSION

- ► AI is a common topic in both Science Fiction & Projection.
- ► The future of Technology & society.
- ► Rivals Human Intelligence.
- Raises difficult Ethical Issue



Cdt Kapinjal Borkotoky XII (5835), Udayan

The next morning we had our obstacles test in combat dress. It was an amazing morning, not only because we were doing it, but we were doing it after such a long time and most importantly all of us together for the last time in a very long period of brotherhood. It disheartens me to think of it this way, but it's the truth we must accept. The competition ended with Lohit as the champion.

Right after the breakfast, we had to give the final touch to our camps since that day was the last day of our camp and only after the breakfast did we get to know that our dreams of the night march have been shattered as elephants were out on the loose in the jungle and it was not at all safe to go out for a night march, instead we had a cultural evening followed by dinner at our campsite after which we returned to our barracks.

Our hearts did feel heavy by the news but what could be done, it is what it is! We put in all that we had to make the best camp and by the evening the camps were ready for the inspection, beds tight, trenches lapped by mud water and surroundings clean. It was a pulchritudinous view with all the lights.

That evening was as beautiful as it gets, with melodious songs being sung, jocund experiences being shared and jokes being delivered. The dinner after that was a toothsome one. We along with Principal sir, the Admin Officer, the teaching and the non-teaching staff enjoyed it. At last, the marvellous evening ended with some dances, after the officers and teachers were gone, we had the music system all to ourselves to dance till our heart's fill. We were all soaked in sweat by the end of the programme. And this was how we, the 51st Hurricanes enjoyed our cat camp till the very last moment.

FINDING YOUR DESTINY

"Another year comes to an end without you guys.."

-52nd Royals



Cdt Shivam Singh Baghel XI (6363), Lohitian

Greetings..!!

18 May 2018, I have to be a little precise was the day when I landed in this abode, little did I know that how beautiful my next four years are going to be. Initially being a newcomer it took me some time to get along with my friends who were already the epitome of perfection by then. There were several traumas, that you've to go through when you get into a residential school (of course for that transition). It was a new phase for me, which redefined each and everything in a different manner. I got to see a life beyond those four cosy corners of my room. If there is something on which, I'd laugh at, would be the irony that I initially held within me, I use to think "When these four years are going to be over"? But then I don't know how it turned to be "I wish that these four years never ends..!!!"

Gradually I realized how important friends are in our life and teachers too.

The school taught me values of friends and teachers in life. Those spots beside canteen, those sessions with seniors, those competitions which kept us awake, those camps would always be remembered.

A little back, at X-country, after around 7-8 Kms, I was about to faint and then he came beside me and said "Come on Shivam!! Just 400 m more" (I know he was lying) but don't know how these words went inside reassuring me and on that very day, I realized what their words mean to me...!!

But nobody knows how it all changed and now the pandemic is successful in keeping us in cages for the last two years and that would always hurt me.

Nobody is certain about the road ahead but the years that went by would always, always be cherished by me. Just a small wish to see all of us in OLIVE GREENS!!





Cdt Mrinanga Swargiary XI (5903), Lachitian

When we hear the word hacker, we so often think of someone in a dark room stealing secrets, causing mayhem, or just getting hold of people's credit card information. The 1995 movie "Hackers" helped to create this depiction, showing us that savvy teenagers could wield a lot of power from their bedrooms. But much of the time all these early hackers did was hack into telephone networks and get themselves free calls. This criminal activity was part of something known as "Phreaking." The world of hacking is not a wild west movie in which we understand who is the villain and who is spotlessly ethical by the colour of the brimmed hat they wear. So, when we talk about the ethics of hacking or lack thereof, the conclusion is sometimes open to interpretation.

We might take for instance one of the most famous hackers in the world, Julian Assange. While many people shower him with plaudits and call him a modern hero, we could ask what the US government thinks about him. He might well be labelled a "threat to national security." If you read a 2010 article in Wired, it states Assange was a black hat hacker in his early days, sometimes going by the names of "Prof" and "Mendax". In those days he and his friends just broke into government computers, including NASA and the Department of Defence, just because they could. It didn't seem back then Assange and Co were on a mission to show the world that sometimes governments do bad things and don't tell anyone about it. In years to come, some would call this man the most ethical hacker on the planet, but as we said, some people would certainly tell you differently.

Now the Black Hat hacking problem is global, which makes it extremely difficult to stop. The Microsoft phone scam, for instance, resulted in the arrest of four people in the UK, but the calls originated in India. That means the larger enterprise remains intact. The best protection is to be proactive by keeping your firewall turned on, updating and running reputable antivirus software and antispyware applications, and immediately installing all operating system updates. Additionally, don't download anything from unknown sources and disconnect your computer from the internet or turn it off when you aren't using it, to reduce exposure to hackers.

MY EXPERIENCE WITH NCC



Cdt Raman Yadav X (6491), Udayan

I would like to share my experience with NCC at my school. I still remember those initial days at Sainik School Goalpara when I got enrolled at NCC JD in 2019. The real practice started in the morning time when we showed up to report in front of the school main building in a disciplined manner. It was the first time for me to see all such types of training activities and punctualities on the line of Armed Forces. Moreover, before this event, I never had any experience like that and never got the opportunity to enroll in such a big youth organisation e.g NCC, SCOUTS & GUIDE. I have been recognized as a cadet by the student with the help of such practice. I was surprised to see my friends, juniors and seniors who were marching to their respective houses in a disciplined way after the training activities conducted by NCC staff. The duties and responsibilities which is mandatory with NCC are selfdiscipline, punctuality, teamwork, obeying the order of seniors and active participation in camp activities and we were also trained for pursuing the adventure activities. During this period where I spent my time actively and got a good experience with NCC and participated in various activities conducted by the school such as cleanliness drive, mass awareness rally, fit India campaign, cycle rally, Beti Bachao Beti Padhao campaign, plog Run, Nukkad Natak

In addition, the school also managed to organize various competitions in our school such as inter-house drill competitions, drill tests where our performances were judged on a merit basis whatever we have projected and learned from our training. Now, I would like to give attention to the annual training camp (ATC) where we learned a lot of things like the firing practice of .22 rifle, target making, concealment laws, etc. The main aim of such a camp is to introduce cadets to a regimented way of life. The training camp was also judged by Officers on our team spirit, determination, integrity and dedication to service to the nation

During this memorable and skilled journey, I also recieved a reward of Rs. 6000/- (Rupees six thousand) from our prestigious NCC Cadets Welfare Scheme (CWS). It will help me to purchase the required books and useful reading materials which would support me in preparation for the NDA Examination.

Because of the above, I would like to mention that NCC has taught us a lot of lessons and given us various opportunities to rise and shine like the sun which can easily utilize in the building of a nation. Therefore, our journey has not finished here and I will be pursuing my 'B' certificate as well as a 'C' certificate in NCC in successive years which can be followed by selection as a cadet of NDA.





Cdt Nikhil Das

VIII (6284), Chilarain

As an SSGian, I want to share my experience on the COVID-19 lockdown and unlock for student's life. This Corona Virus time, has been both advantageous and disadvantageous. At the beginning of the lockdown, I was having a slothful life initially enjoying, playing games, watching movies all day.

When things started to settle down, slowly online classes started. Where there was a complete change in the situation of the classroom atmosphere. After a few months, we came to know that there are lot of disadvantages as well as advantages in this type of education. Finally, this virus was a foreshadow for the student's future life.

Let us discuss a few of the advantages and disadvantages of the COVID-19 pandemic situation.

Advantages:

There are no significant advantages because there was a huge loss in jobs and the economy of the country was shattered. But in the case of students, there were some advantages. Schools and colleges were closed, so students can concentrate more on their studies. Spending time with parents and explain career planning views and brainstorm them for stepping towards the proper future path. In this type of online class, students get more time for self-study as compared to regular school. So, students must use time in a proper way, they should utilize the time more in studies.

Disadvantages:

There are significant disadvantages because there was a huge loss in jobs and the economy of the country was weakened. But the main disadvantage was for students. In online classes, the attendance is around 50-60% whereas in the classroom, the attendance was around 80-90%. Online classes affect the eyes of the students due to sitting in front of the blue screen for long hours. Lot of poor families can't purchase a laptop or a computer for their children, all such students had to suffer.

There are no exams; students are being evaluated by their performances in the internal class activities. This may impact their career in the future. These factors are going to be a foreshadow to the child's future life. Hoping the Government take good decisions on education with clear instructions as early as possible to avoid the situations that occurred due to COVID-19 pandemic.

india's relation with the neighbouring Countries



Cdt Dasrath Kumar VIII (6382), Eklavyaian

India has always been known as a peace-loving country and has always strived hard to champion the cause of peace in the world. Being a country with a huge population of 1.5 billion people, India is surrounded by many neighbouring countries with whom she has traditionally tried to maintain friendly and good-neighbourly relations.

India's neighbours are Pakistan, Afghanistan, China, Nepal, Bhutan, Bangladesh and Sri Lanka. Ever since India got her independence in 1947 she was eager to have friendly relations with all the countries of the world particularly her neighbours except for China and Pakistan.

The foreign policy attitudes of all these countries towards India exercised a profound influence on the framers of India's foreign policy. On its part, India tried to maintain cordial and friendly relations with these countries but has found difficulties in dealing with these neighbouring countries.

With India being situated in a politically turmoiled geography her relations with the neighbours are always characterised by ups and downs. India and Pakistan tied by history but divided by destiny have so much in commongeographically, historically, culturally, economically as both constituted a single entity till 1947. The partition of the country into a Muslim and Hindu nation with Kashmir being a bone of contention has only embittered the relation between them.

Some of the problems that threatened Indo-Pak relations are boundary dispute, canal water dispute, the question of princely states, so on.

Kashmir remains an unresolved problem even today with three wars fought for it in 1948, 1965, 1999. In 1971 India was dragged into a third war by Pakistan and the result was the liberation of Bangladesh. Thus, India's relation with her neighbours has not been cordial. In one way or the other, we have misunderstandings with our neighbours. Circumstances forced India to wage war with her neighbours particularly Pakistan and China not only once but many times. Smoke still emerges out of Indo-Pak and Indo-China borders. With India progressing with leaps and bounds, it is emerging as a major global player in international affairs and now the whole world is looking to it with an altogether different perspective.





Suryaveer Singh VI (6621), Abhmanyunian

- 1) You buy me for eating but you don't eat me. Who am I?
- 2) It is a gate which cannot be opened. Identify it.
- 3) I am a tooth blue in colour. Who am I?
- 4) You break me before you eat me. Who I am?
- 5) I am tall when I am young, I am short when I am old. Identify me.
- 6) What month/months have 28 days?
- 7) What gets wet while drying
- 8) I have branches but no fruit, trunk or leaves. Who am I?
- 9) A man dies of old age on his 25th birthday. How is this possible?
- 10) What can't be put in a saucepan?
- 11) What goes up and down but can't move?
- 12) What has lots of eyes but can't see?
- 13) What has hands but can't clap?
- 14) What has one head, one and four legs?
- 15) What has many teeth but can't bite?
- 16) What has a head and a tail but no body?
- 17) What building has most stories?
- 18) I am an odd number. Take away a letter and I become even. Who am I?
- 19) If two is company and three is a crowd, what are four and five?
- 20) What begins with 'E' and contains only one letter?

Answers-

- 1) Crockery
- 2) Colgate
- 3) Bluetooth
- 4) An egg
- 5) A candle
- 6) All months
- 7) A towel
- 8) Bank
- 9) He was born on 29th February of a leap year
- 10) Its lid
- 11) Stairs
- 12) Potato
- 13) Clock
- 14) Bed
- 15) A comb
- 16) A coin
- 17) Library
- 18) Seven
- 19) Nine
- 20) An envelope





Cdt Al Rehnuma Yasmin XI (5954), Lachitian

"Today is your day, live your dreams," said my heart.

But the challenge lies in the thoughts,
Some say it's your destiny that decides,
I wish someone could show them the world
beyond destiny.

A six-lettered word that changes one's life.

It's not the words that matters,
it's the sacrifices you make to achieve these letters.

Could the mountains be giant, the rivers be mighty,

If they would have listened to others?
Winners are the ones, who define dreams,
They are the ones who own dreams.
Believe in this vigilant word,
It will give you a tight hug and



Fairest of them - all -



Cdt MU Harshita X (6514), Lachitian

THE PAIN OF THE RAIN



Cdt MU Harshita X (6514),Lachitian

A mordant-mordant smile
That deluges bring for a while
The lisztomania of brontdite
Utmost cruelty's light

For the melancholy sky
Down cries from up high
It'sfernweh pain
To its kalopsia pushes the rain

In chrysalis poured Claiming the pluvophile's road We ignore the rife The sky's broken life

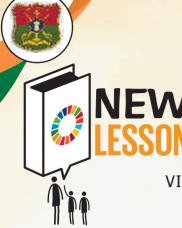
> We soak in the petrichor The sky's after tears' core Quiddity: the sky cries And a smile we rise

To me the most idyllic The aurora of euphoria The levitator noetic Is the crows' mangta

With an elysian ichor
Ammil exquisite black skin
Mellifluous pisthurism to out pour
Holding metaphysical enigma within

Such beauty necromantic
Hides in the trifling dark
Of oculus' goetic
But the crow still inures black







Cdt Prince Gurung VII (6472), Abhimanyunian

Corona Virus! Now spread everywhere
And the negative thoughts were coming from nowhere,

Maybe it is the last virus to end up our lives Maybe it will give some lessons to our lives.

Coronavirus is both teacher and a foe As an intruder, it brings a change completely from head to toe,

It will not compel to follow others it will be a danger in follow.

Coronavirus taught us the feelings of animals
That is how they feel when they are caged,
Earlier we used to enjoy as we do in carnivals
And now people are frustrated and are always in
a rage.

Coronavirus not only taught us one lesson
It has come with many of it
Covid-19 not only taught to one person
It has come with many lessons for everyone to
lit.

So we end here with hopes to eternity
May this end up fast, that is now the priority,
May the new lessons are being followed
So to ensure the dangers are narrowed!





Cdt Sushmit Roy VIII (6355) Aniruddha

MY FAMILY MEMBERS



With whom I like to spend my weekends,
On whom I can always depend,
My family members who are my true friends;
The love between us will never end.

In my family, there is a young little bro
Who keeps doing naughty jobs in a row,
He can destroy everything in just one throw,
He is the prince of our family though.

Next, my lovely mom who is never unsure, Who is ready to guide me until I am mature; Who's love for the whole family is truly pure, Who always wants to see me safe and secure.

And the one who never makes me sad,
Who gets very little time to sleep in bed;
I want him to know that I am very glad,
As he is none other than my dad.





Cdt Gaurav Nath VIII (6272), Aniruddhaian

Summer Is Here...



Cdt Tanveer Yasmin VIII (6312), Eklavyaian

LIFE HIT ME Differently

I don't know why but this time
Life hit me differently while driving
On an empty lane
With a pleasant melody of rain.
Life hit me differently when
3 am city neons narrate
An unknown chapter.
And whisper in my ear
In a soundless tone.

I don't know why, but this time

Life hit me differently when the crystal raindrops

Strike the window panes of an alley café, Holding a warm cup of coffee with cold hands.

Life hit me differently while
Walking alone down the yellow street.

Reflecting on the past,

And connecting the dots on an empty sheet.

Life hit me differently when I see the purple sphere

And hold for a little long,

As I know that the sun will rise to change its song.

I don't know why but
This time life hit me differently.

Summer, summer lost in heat.

People are getting Ice-cream and Sweets,
love and love to Nature,
The benefaction is to the Creator.
Moms and Dads splashing the plants,
Hey,look! There are some new Blossoms.
The floret feels so happy and excited for their fruits and flowers,
And the Monarch of the Garth decides to take

And the Monarch of the Garth decides to take wariness of his Kingdom of Flora.

Some people like the greenery in Springs and Winters,

And some like the cool showers in Monsoons and the trending pictures.

They do like all these as they don't like to cherish the exultation of Summers in Gola's and Sprinters.





Cdt Mondeep Hatimuria IX (6169), Eklavyain

GOLDEN Dawn

Standing on a hilltop
I'm waiting to see the rising sun.
I hope it's going to be a cheerful day
But, when the vicious world will change,
And men will perhaps become humane,
I hope to see the golden dawn, then.

Standing still let's make a deal, Show yourself, the rising sun For us, you are an entity, That brings joy and happiness But when this negative world ends, I shall see you - golden dawn.

Wish I could see your every shade Your light travels the whole world Swift, without any aid I am desperate to see you, Dear golden dawn.







Cdt Manjushpraan Deka VII (6435), Abhimanyunian

Have you had your childhood? If you don't have injuries on your knee, Have you had your childhood? If you have not played lock and key. Have you had your childhood? If you have not behaved like rebels, Have you had your childhood? If you have not played with pebbles. Have you had your childhood? If you have not dreamed to be warriors, Have you had your childhood? If you were thinking about your career. Have you had your childhood? If you have not listened to bedtime stories, Have you had your childhood? If you were not ecstatic in your small, big glories. Have you had your childhood? If you were not given nicknames, Have you had your childhood? If you have not played some crazy type of Games. Have you had your childhood? If you were not scared of the dark, Have you had your childhood? If you have not gone to the park. If you have never played outside when it's muddy, Have you had your childhood? If you didn't have that one cool buddy. Have you had your childhood? If you were not questioned, Have you had your childhood? If you didn't have hundreds of questions. Have you had your childhood? If you were not scolded by your mother, Have you had your childhood? If you have not reacted like any other.



Cdt Samiksha Mishra VIII (6329), Eklavyan

Feel MY LAND



Cdt Nikhil Das VIII (6284), Chilarain

childhood

Our future depends on what we do today!
We should enjoy our childhood like delighting in the sun,

Not growing in a nightmare blackness of our soul...

Because there is no clue in a caterpillar that tells

you that it becomes butterfly one day...
Our childhood should be carefree but it also should be

Thoughtful.

What we see from above the sky,
What we see from deep inside the earth.
Growing years is creating your knowledge as
well as to

Create your world with your great effort and dedication.

Keep yourself artful and original because original is worth more

Then a copy.....





Ever since I opened my eyes on thy lap
Oh! My native land,
The breath I feel
The calmness retrained indeed.
Whenever I rushed through your green grass,

Every step seems to be victory over Mars.

As ages pass by,
I come closer to you, the bond
Between us always proven new.
I'm your child,
You teach me to be mild,
Always dedicate my life amongst;
Oh! My native land
Bearing a heart does not build
With the emotion of wild.

STRANGE.



Cdt Moksham Hazarika VII (6484),Bhaskarian

When I was walking towards my home,
Somebody followed me alone.

His steps became louder and louder,
At that moment I became a bit doubter.

Thought it was my neighbour who came out for walking,

But I was wondering why he was not talking.

My mind filled with fear,

Things became a bit clear.

It reminded me of the ghost,

That used to appear in the post.

I said myself: "There's nothing like a ghost,

It's the mind's trick most".

Ignored the steps,

And filled my mind with horrific gaps.

I continued walking,

Heard my dog squawking.
Lastly, I reached home,
From many miles I roam.
Enjoyed the tea,
And felt fear-free.







Cdt Kaushik Boruah VIII (6295) Eklaviyan

Why should only they Leave their own and fill the gaps of others? Why should only they Tie rakhi, for the protection of their brothers? Why should only they Suffer during pregnancy, And share the happiness After the delivery? Why should only they Take the burden of it all, Of the whole house's maintenance, And the men oft just of finance? Why are only they aborted? Sigh! why not the others? Everyone wants sisters, wives, mothers, But why not baby daughters? Why was the motto even created, To educate and protect them? Yet, why can't we teach our little hearts Never to harass them? Why is a question hard, For which hard is to find an answer! I am fourteen and can't do it all, But why can't all the elders?





Mrs Nandita Aich Secretary, SSG Ladies Club

"Every woman has tremendous power" but collectively we can make an impact. When women come together, positive changes take place.

So, what has been changed? We have changed ourselves. We have made ourselves better. We women are finally listening to ourselves, speaking for us, started living with our dreams for us and utilizing our 'me' time.

Women have always been masters of these kinds of grassroots changes. But what we all needed, were two hands of support and finally we got that support and guidance from Ms Urmimala Das, President Ladies Club, the first lady of our campus.

It was 27th December 2019, when Madam Urmimala Das inaugurated the SSG Ladies Club. The club was fully decorated according to the theme "Smile like a Sunshine". There were variety of games, cultural events and yummy foods. Then I was selected as the Secretary of the club and we made several teams by draw of lot.

On January 2020, our club organized a cookery competition. Ms Urmimala Das, the President of the Club and Mrs Monica Jasrotia were the esteemed judges for the competition. There were two categories, salty and sweet. The foods were based on Assamese ethnic food as it was the time of Magh Bihu. The stage was also decorated depicting the rich cultural heritage of Assam.

On 14th February, on the occasion of Valentine's Day, we had a grand gala night. All the ladies along with their better half enjoyed the function at the fullest. Everyone came in red and black attires as specified. There were skit, dance, song and many more games

which included a few couple games. The programme ended with yummy foods. Children were also kept safe with our Aayah Masih.

Due to COVID-19 pandemic we had to put a full stop to our club activities for sometimes. But again in September 2020, we organsied another get together at our club. This time the theme was on 'Durga Puja'. All the members were in their traditional attire wearing red and white dresses. We kept a "Best Mask Competition". After a long gap due to pandemic, this get together rejuvenated us with new energy and hopes.

Coming back from Durga Puja break, a few of our ladies took part in Sainik School Raising Day function held on 12 Nov 20 and performed 'Dandia' dance. Some of us openedfood stalls during the programme. Our ladies have stepped out of their shell not to prove something to others but to challenge themselves to do something which they like to do, developing a 'We can do' feeling.

Nine ladies of our club performed a dance drama in Bihu function held in the school parade ground of Sainik School Goalpara. Cultures of different states were depicted through the dance form including Tripuri, Bihu, Satriya, Nepali, Bodo, Bengali, Jhumur. Mishing, Sambalpuri etc.

As the number of ladies in the campus is increasing day by day, we are building circles of trust with one another. Some ladies showed their talents by participating in Story Writing competition held during Hindi Pakhwada. Every woman is talented and we all have our own dreams. We mobilize each other to make those dreams come true through our club activities.



SSG LADIES CLUB Activities at a Glance



















डॉ० दुर्गाप्रसाद मिश्र वरिष्ठ हिंदी अध्यापक

जीवन में सफलता के लिए आत्मविश्वास उतना ही आवश्यक है जितना मानव के लिए ऑक्सीजन तथा मछली के लिए पानी। बिना आत्मविश्वास के व्यक्ति सफलता की डगर पर कदम बढ़ा ही नहीं सकता।आत्मविश्वास वह ऊर्जा है,जो सफलता की राह में आने वाली अड़चनें,किठनाइयों एवं परेशानियों से मुकाबला करने के लिए व्यक्ति को साहस प्रदान करती है।

वर्तमान समय में अगर हमें कुछ पाना है, किसी भी क्षेत्र में कुछ करके दिखाना है, जीवन को खुशी से जीना है, तो इन सबके लिए आत्मविश्वास का होना परम आवश्यक है।

आत्मविश्वास में वह शक्ति है जिसके माध्यम से हम कुछ भी कर सकते हैं। आत्मविश्वास से हमारी संकल्प शक्ति बढ़ती है और संकल्प शक्ति से बढ़ती है हमारी आत्मिक शक्ति। अपने ऊपर विश्वास रखकर ही आप दुनिया में बड़े से बड़ा काम सहज ही कर सकते हैं और अपना जीवन सफल बना सकते हैं। मधुमक्खी कण-कण से ही शहद इकट्ठा करती है। उसे कहीं से इसका भंडार नहीं मिलता। उसके छत्ते में भरा शहद उसके आत्मविश्वास और कठिन परिश्रम का ही परिणाम है।

ईश्वर ने हमें मानव शरीर दिया है यदि हम तुच्छ होते तो मनुष्य का शरीर न पाकर खटमल या अन्य कीड़े मकोड़े का शरीर पाते। अपनी शक्ति पर विश्वास करना चाहिए यह विश्वास आत्मस्फूर्तिदेता है तथा मनुष्य के सोए हुए बल को जगाता है। सुप्रसिद्ध रूसी लेखक गोर्की ने एक बार अपने देश के किसानों के सामने भाषण देते हुए कहा था कि 'याद रखो कि तुम पृथ्वी के सबसे आवश्यक प्राणी हो।' अतः व्यक्ति अपने आप को आवश्यक समझे। इसलिए अपने साथ आत्मविश्वासघात नहीं करना चाहिए।

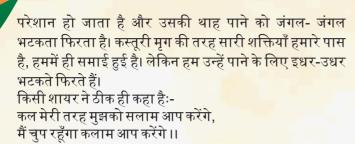
महाकिव शेक्सिपयर ने लिखा है कि सबसे बड़ी बात यह है कि अपने साथ सच्चे बनो अपने साथ सच्चे बनने का सर्वोत्तम उपाय यह है कि मनुष्य अपने को धोखे में न रखे अपने मनुष्य सुलभ शक्तियों में विश्वास रखे, इस बात पर विश्वास करे कि वह शव की तरह इस भवसागर में बहने के लिए नहीं फेंका गया है, वह जीवित प्राणी है अतएव सजीव एवं शक्तिमान बनकर भवसागर को तैरकर पार करना उसका धर्म है।

अपने को किसी के आश्वित कर देने पर अथवा भीड़ का एक अंग बना देने पर आत्मशक्ति क्षीण हो जाती है। भीड़ में भेड़ बनने की प्रवृत्ति उठती है। अकेले रहने पर धैर्य सबल होता है। कोई कुत्ता भी अकेले रहने पर जब विषम परिस्थिति में पड़ता है तो तनकर मुकाबला करता है। नेपोलियन का कहना था कि जो अकेले चलते हैं वे तेजी से बढ़ते हैं और यही निर्भीक हिटलर का भी मत था कि साहसी व्यक्ति यदि अकेले रहे तो महासाहसी बन जाता है।

जीवन के सभी क्षेत्रों में धैर्य सफलता दायक होता है ज्ञान विज्ञान के क्षेत्र में बिजली का आविष्कार करते समय एडिशन को 900 प्रयोगों में असफलता ही मिली थी, परंतु वह वैज्ञानिक धैर्यच्युत नहीं हुआ। अंत में उसने बिजली का आविष्कार कर ही लिया। राजनीति के क्षेत्र में गांधी जी के प्रयासों को देखिए बार - बार हार कर भी वे मैदान में धैर्यपूर्वक खड़े ही मिलते थे। अंत में वे विजयी हुए।

दशरथ मांझी जिस गांव में रहते थे वहां से पास के कस्बे में जाने के लिए पुरा पहाड़ पार करना पड़ता था। उनके गाँव में उन दिनों न बिजली थी, न पानी। ऐसे छोटी से छोटी जरूरत के लिए उस पूरे पहाड़ को पार करना पड़ता था या उसका चक्कर लगाकर जाना पड़ता था। दशरथ मांझी को पहाड़ काटकर रास्ता बनाने का जनन तब सवार हआ जब पहाड़ के दूसरे छोर पर लकड़ी काट रहे अपने पति के लिए खाना ले जाने के क्रम में उनकी पत्नी पहाड़ के दर्रे में गिर गई और उसका निधन हो गया। उनकी पत्नी की मौत दवाइयों के अभाव में हो गई क्योंकि बाजार दूर था। समय पर दवा नहीं मिल सकी। इसके बाद दशरथ मांझी ने संकल्प किया कि वह अकेले दम पर पहाड़ के बीचों बीच से रास्ता निकालेगा जो दूरी को कम करेगा। इन्होंने बताया जब मैंने पहाड़ी तोड़ना शुरू किया तो लोगों ने मुझे पागल कहा लेकिन इसने मेरे निश्चय को और मजबूत किया। यह कार्य लगभग २२ वर्षों में जाकर सम्पन्न हुआ। जो व्यक्ति अपने पुरूषार्थ पर विश्वास रखकर जीवन में आगे बढ़ता है, उसमें आत्मविश्वास का पुट स्वयं आ जाता है। वह अपने आत्मविश्वास द्वारा अपने भाग्य का निर्माता बन जाता है।

कबीरदास जी कहते हैं: कस्तूरी कुंडल बसै मृग ढूंढै वन माहि। ऐसे घट - घट राम हैं, दुनिया दैखे नाहि।। कस्तूरी मृग की नाभि में रहती है। उसकी तीव्र सुगंध से वह मृग



रामचरितमानस की बात आती है, जब सीता माता की खबर लाने के लिए समुद्र पार किसी को भेजना है तो किसी में इतनी शक्ति नहीं, अचानक जामवंत जी ने हनुमान जी को उनका अपरिचित बल याद दिलाते हुए कहा 'का चूप साध रहे बलवाना' और यह सुनते हनुमान जी को अपना खोया हुआ बल याद आ गया और वे जय श्री राम का उद्घोष करते हुए समुद्र पार कर सीता माता की खोज करने के लिए निकल पड़े। जामवंत से जी के वचनों ने वास्तव में उत्प्रेरक का काम किया जिससे हनुमान जी में आत्मविश्वास जगा। महाभारतकालीन पात्र अभिमन्य ने अपनी माता के गर्भ में चक्रव्यूह भेदन की कला सीख ली थी, जब युद्ध में गुरु द्रोणाचार्य द्वारा रचे गए चक्रव्यह को भेदने की बात आई तो सभी योद्धा निराश हो गए, लेकिन बालक अभिमन्य ने कहा कि मैं चक्रव्यह भेदन कर दुँगा उनके आत्मविश्वास के पीछे उनकी माँ के गर्भ के समय की प्रेरणा काम कर रही थी। दुर्भाग्यवश छठा द्वार ह जानते थे सातवाँ नहीं सातवाँ द्वार उनकी मृत्य का कारण बना। यद्ध में हार - जीत अथवा वीरगति तो होती ही है, लेकिन योद्धा का आत्मविश्वास उसे इतिहास के पन्नों में अमर कर देता है। हिंदी के प्रसिद्ध भक्त कवि सरदास अंधे थे. लेकिन उनकी रचनाएँ हिंदी साहित्य में अद्वितीय हैं। पद्मावत के कवि मलिक मोहम्मद जायसी की एक आँख खराब थी. लेकिन उनके आत्मविश्वास के कारण उनकी प्रतिभा का लोहा सभी ने माना। याद कीजिए अंग्रेजी कवि जान मिल्टन को जिन्होंने 'पैराडाइज लास्ट' जैसी अनुपम कृत लिखी।मात्र 44 वर्ष की उम्र में अंधे हो गए थे, उनके आत्मविश्वास को देखें कि उन्होंने जीवन से हार न मानते हए लिखने की एक तरकीब खोज निकाली। वह अपनी कविताओं को दो छोटी बच्चियों को डिक्टेट करवाते थे। संत तुलसीदास ने रामचरितमानस जैसा विश्व प्रसिद्ध ग्रंथ लिखा। वे युवावस्था में अपनी पित से भेंट करने के लिए अपने सस्राल मुर्दे को ना समझ कर नदी पार की और सांप और रस्सी समझकर उसके सहारे छत पर चढ़ गए। उनकी पिल ने उन्हें धिक्कारा 'अस्थि चर्म मय देह मम तामों इतनी प्रीत'। इस मलमूत्र से भरी हुई देह से इतनी आशक्ति, यदि इतनी प्रीति आपको भगवान में हो जाए तो आपका जीवन सुधर जाए। तुलसीदास की इस आलोचना ने उन्हें अपार आत्मविश्वास जागत कर दिया और वे महान कवि बन गए। किसी कवि ने ठीक ही कहा है:-

इस जीवन का उद्देश्य नहीं है, शांत भवन में टिके रहना। किंतु पहुँचना उस सीमा तक जिसके आगे राह नहीं।





सैन्यछात्र आयुष कुमार सिंह कक्षा - नवीं अनुक्रमांक : 6232 चिलराय छात्रावास

वक्त बड़ा बेहाल था, लोग बड़े परेशान थे। पर भारत की शक्ति से, कोरोना अंजान था।

> कई लाख के आँकड़े थे, पर टूटने वाले किसी के न इरादे थे। इस नए भारत के साहस को, सलाम कर रहा संसार था।

75 ।ह६ू, मुस्लिम, सिख, ईसाई, सबने मिलकर लड़ी लड़ाई। कोरोना के इस जंग में, हिंदुस्तान ने की हाथा-पाई।

> आपदा को अवसर समझकर, सबने हिम्मत से अपनाया। इस महामारी में भारत ने , खुद को आत्मनिर्भर और मजबूत बनाया।

स्वच्छ भारत, स्वस्थ भारत, यह हमने कर दिखलाया। हाथ धोया, मास्क लगाया, और आपस में दूरी बनाया।

> डॉक्टर, वैज्ञानिकों और कर्मवीरों ने, एकजुटता दिखाई थी। तभी तो कोरोना वायरस को टक्कर भारी मिल पाई थी।







सैन्यछत्र आशीष कुमार कक्षा- नवीं अनुक्रमांक संख्या–6140 अनिरूद्ध छात्रावास

कारगिल विजय दिवस भारत में 26 जुलाई को मनाया जाता है। जिसे ऑपरेशन विजय नाम से भी जाना जाता है। सन 1999 में भारत ने उन उच्च चौिकयों को वापस संभाला जिन पर पाकिस्तानियों ने कब्जा किया हुआ था।कारगिल युद्ध 60 दिनों तक लड़ा गया और 26 जुलाई 1999 को समाप्त हुआ। कारगिल युद्ध में पाकिस्तान के हजारों सैनिक मारे गए, जबकि भारत के 527 भारतीय सैनिक शहीद हुए । करगिल युद्ध जम्मू कश्मीर के कारगिल जिले में नियंत्रण रेखा पर हुआ, जिसे एल ओ सी कहते हैं। इस युद्ध के लिए पाकिस्तान ने अपनी सेना को सदियों में घसपैठी बनाकर भेज दिया। जिसका मुख्य उद्देश्य भारतीय सीमा पर तनाव पैदा करना था। उस समय घुस पैठिए शीर्ष पर थे और भारतीय सेना की चौकी ढलान पर थी, जिसकी वजह से भारत पर हमला करना आसान था। अंत में दोनों पक्षों के बीच युद्ध छिड़ गया। पाकिस्तानी सैनिकों ने नियंत्रण रेखा को पार कर भारत के नियंत्रण वाले क्षेत्र में प्रवेश किया। 3 मई 1999 को पाकिस्तान के लगभग 5000 सैनिकों ने कारगिल के पहाड़ी क्षेत्र में घ्सपैठ की और भारत की चौकियों पर कब्जा कर लिया। लगभग एक सप्ताह बाद जब भारत को इसकी जानकारी मिली. तब भारत ने जवाब तलब किया तो पाकिस्तानी सेना ने कहा कि वे पाकिस्तानी सैनिक नहीं बल्कि मुजाहिदीन हैं।

दरअसल, पाकिस्तान इस विवाद पर अंतर्राष्ट्रीय ध्यान चाहता था ताकि भारतीय सेना पर सियाचिन ग्लेशियर क्षेत्र से अपनी सेना वापस लेने और भारत को कश्मीर विवाद के लिए बातचीत करने के लिए मजबूर करने का बनाया जा सके। लगभग दो सप्ताह बाद जब भारत सरकार को इसकी जानकारी मिली तो भारतीय सेना ने ऑपरेशन विजय नाम से एक योजना बनाई और पाकिस्तानी सेना को खदेड़ दिया। दरअसल युद्ध के पीछे की कहानी 1998 में परमाणु परीक्षण किए, जिसकी वजह से तनाव काफी बढ़ गया।मामला जब आगे बढ़ा तो फरवरी 1999 में स्थिति को शांत करने के लिए दोनों देशों ने लाहौर घोषणापत्र पर

हस्ताक्षर किए, ताकि कश्मीर संघर्ष का शांतिपूर्ण समाधान निकाला जाएग। लेकिन हुआ यह कि पाकिस्तानी सशस्त्र बलों ने अपने सैनिकों और अर्धसैनिक बलों की नियंत्रण रेखा के पार भारतीय क्षेत्र में योजना शुरु कर दिया और घुषपैठ का कोड नाम ऑपरेशन बद्र रखा गया। भारतीय क्षेत्र के वायुसेना ने जमीनी हमले के लिए मिग-2 आई, मिग-23 एस, मिग-27 ,जगुआर और मिराज-2000 लड़ाकू विमानों का इस्तेमाल किया। इस युद्ध में मिग-21 का निर्माण किया गया, जिसने सबसे महत्वपूर्ण भूमिका निभाई।

जमीन के लक्ष्य पर हमला करने के लिए मिग-23 और 27 को अनुकूलित किया गया। पाकिस्तानी के कई ठिकानों पर हमले किए गए और इस युद्ध के दौरान ऑपरेशन सफेद सागर में मिग-21 और मिराज -2000 सबसे ज्यादा इस्तेमाल किया गया। पाकिस्तान के इस युद्ध में बड़ी संख्या में रॉकेट और बमों का प्रयोग किया गया। दो लाख से ज्यादा गोले, बम और रोकेट दागे गए। द्वितीय विश्व युद्ध के बाद यह एकमात्र ऐसा युद्ध था, जिसमें सबसे ज्यादा बमबारी की गई।





सैन्यछात्र सोहेल यासीन कक्षाः नवीं अनुक्रमांक : 6162 चिलराय छात्रावास





सैन्यछात्र शांतनु वत्स कक्षाः नवीं अनुक्रमांकः 6216 चिलराय छात्रावास



काश ! जिंदगी सही में किताब होती, पढ़ सकता मैं कि आगे क्या होगा? क्या पाऊँगा मैं और क्या दिल खोएगा? थोड़ी खुशी मिलेगी, कब दिल रोना? काश !जिदंगी सचमुच किताब होती। फाड़ सकता मैं उन लम्हों को जिन्होंने मुझे रुलाया है। जोड़ता कुछ पृष्ठ जिनकी यादों ने मुझे हँसाया है।



जागो देश के सपूतों जागो, पैर नहीं तो हाथों से भागो। गिदड़ों ने चिंघाडा है, सरहद पार से हमें ललकारा है।

घर में यह कहकर जाना, आँचल से माँ के लिपट कर आना। मोह माया की मर्यादा को लांघो तुम, सरहद से माँ पुकार रही है जागो तुम।

मर कर जीना या जी कर मरना, माँ के चरणों में उन्हें भेंट करना। कदम तुम्हारे रुके नहीं, शीश तुम्हारे झुके नहीं। आज मैं भी माँ की सौगंध खाता हूँ, कलम छोड़ सरहद पर आता हूँ।

सिर पर उनके साया यम का मंडरा रहा है, आज गीदड़ भी सिंह को डरा रहा है। वीरो तुम हुंकार भरो, अपनी बंदूकें तैयार करो।

शीश पर शीश कलम होगा, हर बच्चा भी माँ के नाम होगा। पूरा जंगल शांत रहे आज सिंह का गर्जन होगा, बरसों के किस्से का आज के आज विसर्जन होगा।



भगत सिंहः

एक परिचय



सैन्यछात्र सुप्रियो

कक्षाः नवीं अनुक्रमांक :- 6175 चिलराय छात्रावास

भगत सिंह ने देश की आजादी के लिए जिस साहस के साथ शक्तिशाली ब्रिटिश सरकार का मुकाबला किया, वह युवकों के लिए हमेशा ही एक बहुत बड़ा आदर्श बना रहेगा। भगत सिंह को हिन्दी, उर्दू, पंजाबी तथा अंग्रेजी के अलावा बांग्ला भाषा भी आती थी जो उन्होंने बटुकेश्वर दत्त से सीखी थी। जेल के दिनों में उनके लिखे खतों व लेखों से उनके विचारों का अंदाजा लगता है। उन्होंने भारतीय समाज में भाषा, जाति और धर्म के कारण आई दूरियों पर दुख व्यक्त किया था। उन्होंने समाज के कमजोर वर्ग पर किसी भारतीय के प्रहार को भी उसी सख्ति से सोचा जितना कि किसी अंग्रेज के द्वारा किए गए अत्याचार को। उनका विश्वास था कि उनकी शहादत से भारतीय जनता और उग्र हो जाएगी, लेकिन जब तक वह जिंदा रहेंगे ऐसा नहीं हो पाएगा। इसी कारण उन्होंने मौत की सजा सुनाने के बाद भी माफीनामा लिखने से साफ मना कर दिया था।



एक कदम लक्ष्म की ओर



सैन्यछात्रा समीक्षा मिश्रा

कक्षाः आठवीं अनुक्रमांकः 6329 चिलराय छात्रावास

राह चलते - चलते लोगों की लग गई नज़र।

न जाने क्यों लोग मुझे देखे इस तरह,

चलते - चलते काँटे धँसे मेरे पैरों पर।

फिर भी चली मैं अपनी मंजिल की तरफ,

लोगों ने जैसे अपनी बातें बनानी शुरू की,

वैसे ही मैं अपने लक्ष्य की ओर एक और कदम आगे बढ़ी।

सुख और चैन मैं सब भूली बस चली मैं अपनी कामयाबी

की तरफ,

कभी मिलते मुझे काँटे कभी मिलते मुझे फूल तो कभी मिलती मुझे आँधी,

तो कभी मिलती मुझे राह चलते लोगों की कटु बातें, चुभती मुझे एक सुई की तरह, फिर भी मुझे कोई न रोक पाया। मैं चलती रही अपनी मंजिल की तरफ, जैसे कौवे बिन सुर के भी गाते रहे हर वक्त,

न माने हार न छोड़े अपनी इच्छा, वैसे ही हम मनुष्य क्यों छोड़ें अपनी इच्छा, लोगों के ताने के ऊपर चलते-चलते मिली अपनी चाह, फिर न जाने कहाँ से निकली उन्हीं के मुँह से अपनी राह।







कहर सैन्यछात्र नीरज कुमार

कक्षा - नवीं अनुक्रमांक- 6227 एकलव्य छात्रावास

जिद लक्ष्य की



सैन्यछात्र मनीष कुमार

कक्षाः आठवीं अनुक्रमांक : 6388 एकलव्य छात्रावास

मास्क लगवाया किया सबसे दूर, कर भी क्या सकते थे? हम सब इंसान थे मजबूर। स्वच्छता का ज्ञान दिया हमें भरपूर, किन्तु किया हमें रिस्तेदारों से बहुत दूर।

> मुकाबला करते- करते गए स्वर्ग सिधार, जीत न हासिल हुई हम गए हार। किसी ने सच ही कहा है, प्रकृति से खेलने का है ये उपहार। कभी लगती थी उस मेले में भीड़, आज लगी है उसमें बड़ी-सी जंजीर। पता नहीं कितने हैं तुम्हारे लहर, एक को झेला दूसरा गया उभर।

तुम्हारे इस बाढ़ में डूबे कितने देश और तैरते-तैरते सब गए मर। सारी दुनिया तुमसे लड़ रही, रूप न अपना तू बदल रहा। मालिक तो यहाँ महान है, सबके सब तुमसे परेशान हैं तुमसे बचने का, टीकाकरण ही एक समाधान है।

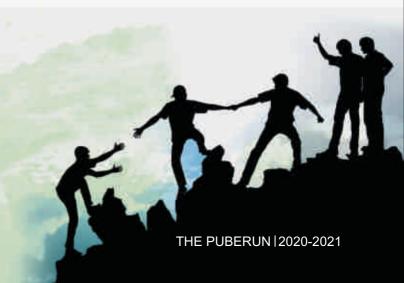


मत चल तू अब लोगों के भीड़ में, क्योंकि तू अकेला है। बनजा अब तू कोयला, क्योंकि तुझे हीरा बनके दिखाना है।

> उठजा अब तू, क्योंकि तुझे सूरज को जगाना है। बन जा अब तू एक पतंग, क्योंकि तुझे ऊँची उड़ान भरके दिखाना है।

अब जग जा तू, अंधकार को हटाना है। मत कह तू कि कल करना है, क्योंकि तुझे आज करके दिखाना है।

> भरले अपने अन्दर तू जिद लक्ष्य की, जैसे होती छोटे बच्चों के अन्दर खिलौने की। मत कह तू कि अब तुझसे न होगा, जो तुझसे होगा वह किसी से न होगा।







सैन्यछात्र मंटू कुमार कक्षा- नवीं अनुक्रमांकः 6208 अनिरूद्ध छात्रावास

मेरे जीवन का लक्ष्य भारतीय सेना



सैन्यछात्र विवेक ठाकुर कक्षा - नवीं अनुक्रमांक : 6224 चिलराय छात्रावास

जब प्रकृति करेगी संहार, मनुष्यों में मचेगी हाहाकार। जिसने हमें जीवन दिया,

> हमने उन पर अत्याचार किया। हमने जीने के आधार को दूषित किया, अपने संसाधनों का विस्तार किया।

हमने नदियों का मुख मोड़ा, जिनका परिणाम देखने को आया। हुई धीमी धरती की गति, अब रुकेगी हमारी प्रगति सभी, जब आएगी हम पर मुसीबत नई |

> जिन बेजुवान जानवरों ने कुछ नहीं हमारा बिगाड़ा हमने उनका जीना भी मुश्किल किया गगनचुंबी अट्टालिकाएँ एवं रेडिएशन से पक्षियों पर वार किया जिन्हें बचाना था उनका भी नाश किया।

मनुष्य जरा थम जाओ, अपने लालच पर काबू पाओ। नहीं तो आएगी ऐसी विपत्ति, जिनकी नहीं होगी समाप्ति।

> जब प्रकृति करेगी संहार, तब मनुष्यों में मचेगा हाहाकार।



एक लक्ष्य या उद्देश्य प्रत्येक व्यक्ति के जीवन में होना चाहिए। यह एक व्यक्ति को निर्देशित करता है कि उसे क्या करना है। उसे अपने उद्देश्य को प्राप्त करने के लिए प्रेरित करता है। कहा जाता है कि बिना किसी लक्ष्य का आदमी जानवरों से भी खराब होता है।

मेरा भी एक लक्ष्य है, भारतीय सेना में अधिकारी बनकर देश की सेवा करना। मेरा मानना है कि अपने लक्ष्य को अपने सबसे करीबी मित्र जैसा रखना चाहिए, क्योंकि हम लोग किसी भी परिस्थित में अपने मित्र को अकेला नहीं छोड सकते इसलिए हमें लक्ष्य को अपने मित्र जैसा रखना चाहिए जिसे किसी भी मूल्य पर हमें नहीं त्यागना पड़े। यह हम सभी जानते हैं कि लक्ष्य को पाने में बहुत सारी बाधाएँ आती है, परंतु सफल वहीं होता है जो इन बाधाओं को लड़कर पार करे I मेरे जिंदगी में भी बहुत सारी बाधाएँ आई हैं, उसमें से एक ने तो मेरे सारे परिवार को तोड दिया है। मेरे मामा के लड़के का देहांत कोरोना वायरस की वजह से हो गया और उनके देहांत के एक सप्ताह बाद उनका बी.पी.एस.सी.(BPSC) का परिणाम भी आ गया, परंतु वे अपने लक्ष्य तक नहीं पहुँच पाए। वे बचपन से ही मेरे आदर्श थे और मैं भारतीय सेना में भर्ती होकर उनके सपनों को पूरा करूँगा। परंतु भारतीय सेना एक हलवा नहीं है जो बनाकर खा लिया।

उसके लिए दिन-रात मेहनत करनी पड़ती है। मैंने भी मेहनत करके सैनिक स्कूल गोवालपारा में अपना नामांकन करवाया क्योंकि यहाँ हमें शुरु से ही सेना जैसा माहौल मिलता। यहाँ आकर मुझे खुद को साबित करने का एक बहुत बडा मंच मिला। मैंने लगातार तीन साल तक अंत: छात्रावास क्विज़ प्रतियोगिता में प्रथम स्थान प्राप्त कर एक नया कीर्तिमान बना दिया। दो बार अंतः छात्रावास हिंदी लेखन प्रतियोगिता में तृतीय स्थान प्राप्त किया अंतः छात्रावास हिंदी लेखन प्रतियोगिता में तृतीय स्थान प्राप्त किया गप्ता अंतः छात्रावास हिंदी वाचन प्रतियोगिता में भी प्रथम स्थान प्राप्त किया। मेरे अंदर नेतृत्व की क्षमता भी थी जिसके चलते मैं लगातार दो साल अपने कक्षा का नेतृत्व भी किया। मैं यहाँ बालीवॉल में भी अच्छा खिलाड़ी बन गया हूँ। मेरा मानना है कि यह सभी मेरे लक्ष्य तक पहुँचने वाली सीढ़ियों के समान हैं।

मुझे अपने आप पर पूरा यिकन है कि मैं पहली बार में ही राष्ट्रीय रक्षा अकादमी (NDA) में चयनीत हो जाऊँगा तथा वहाँ पर चार वर्षों के कठिन मेहनत के बाद भारतीय सेना में अधिकारी बन अपने परिवार वाले तथा अपने शिक्षकों का मान पूरे सम्मान के साथ बढ़ाऊँगा।

"हर वक्त मेरी आँखों में देशप्रेम का स्वप्न हो, जब कभी भी मृत्यु आए तो तिरंगा मेरा कफन हो, और कोई ख्वाईश नहीं जिंदगी में, जब कभी भी जन्म लू तो भारत मेरा वतन हो।"







सैन्यछात्र राजीव रंजन

अनिरूद्ध छात्रावास

कक्<mark>षा : नवीं</mark> अनक्रमांक : 6211

सोशल मीडिया एक ऐसा माध्यम बन चुका है जिसके बिना शायद आप रह नहीं सकते। यह एक नशे की तरह है और अब पूरी दुनिया को सोशल मीडिया का नशा लग चुका है। सन 1997 में दुनिया का सबसे पहला सोशल मीडिया प्लेटफॉर्म लांच हुआ था और इसका नाम था "सिक्स डिग्री" अमेरिका के मशहूर कारोबारी एंड्रयू विनरेचए उस समय सोशल नेटवर्किंग के लिए इस प्लेटफार्म को पहली बार लेकर आए थे। तब बहुत से लोगों ने उसे कहा था कि इस समय दुनिया को ऐसे प्लेटफार्म की जरूरत नहीं है। लोगों को इसके क्षमता के बारे में पता नहीं था लेकिन एंड्रयू विनरेच दूरदर्शी थे। वर्ष 2001 तक "सिक्स डिग्री" के दुनिया भर में 10 लाख यूजर्स हो चुके थे। हालांकि बाद में यह सोशल मीडिया प्लेटफॉर्म बंद हो गया था लेकिन इस अध्याय का अंत, दूसरे अध्याय की शुरुआत बना।

दनिया में जैसे-जैसे मोबाइल फोंस का बाजार बड़ा होते गया. जैसे-जैसे इंटरनेट फैलता गया ठीक वैसे-वैसे सोशल मीडिया की ताकत बढ़ती चली गई और 21वीं सदी में दिनया ने सोशल मीडिया की क्रांति के साथ प्रवेश किया। वर्ष 2000 के बाद दनिया भर के सोशल मीडिया प्लेटफॉर्म नई ऊंचाइयाँ छुते चले गए और आज जितने भी बड़ी-बड़ी कंपनियाँ आप देखते हैं उनमें से ज्यादातर टेक्नोलॉजी की कंपनियाँ है। सोशल मीडिया की क्रांति ने न सिर्फ दुनिया को बदला बल्कि यह लोगों के सोच में भी बहुत बड़ा परिवर्तन लेकर आई और इससे दुनिया को यह भी पता चला कि कैसे इंटरनेट 21वीं सदी का नया इंधन बन सकता है और यह लोगों को सोशल मीडिया के जरिए स्वतंत्र कर सकता है। यह पूरी दुनिया को एक मंच पर लेकर आया। सोशल मीडिया के माध्यम से संचार की सुविधा सरल हो गई। देश के किसी गाँव में बैठा व्यक्ति अमेरिका में बैठे अपने रिश्तेदारों से रियल टाइम पर बिना कोई पैसा गवाए बात कर सकता है। सोशल मीडिया ने इस दुनिया को चिट्टीए पोस्टकार्डए एसटीडी और आईएसडी कॉल्स के युग से बाहर निकालने का काम किया है। सोशल मीडिया ने आम लोगों को अपनी आवाज बुलंद करने का एक बहुत ही बड़ा मौका दिया। इससे समाज में कई तरह के प्रेशर ग्रुप्स बने जिन्होंने अलग-अलग देशों की राजनीतिक, सामाजिक और आर्थिक व्यवस्था में बदलाव की नींव रखीद्य आज अगर किसी के साथ नाइंसाफी हो रही हैए वह सोशल मीडिया के जरिए आवाज उठा सकता हैद्य हम कुछ उदाहरण आपको देते हैं:- पहला उदाहरण है अरब देशों का जहाँ की क्रांति को अरब स्प्रिंग कहते हैं।

वर्ष 2011 में जब अरब के लोगों को यह महसूस हुआ कि मन स्ट्रीम मीडिया राजशाही और सैन्य शासन की वजह से उनके मुद्दों

को नहीं उठा रहा तो लोगों ने सोशल मीडिया का सहारा लिया और उस समय ट्विटर पर 30 लाख ट्वीट हुए और हजारों घंटों के वीडियो युट्युब पर अपलोड किए गए और फेसबुक पर लाखों पोस्ट लिखी गई। इस तरह लोग अपने अधिकार और अपनी समस्याओं को लेकर सामने आ गए और इस क्रांति का दुत बना थाद सोशल मीडिया। यह सोशल मीडिया का ही प्रभाव था कि इजिप्ट और ट्युनीशिया में कई दशकों के बाद वर्ष 2012 में चुनाव हो पाए। इसी तरह महिलाओं के खिलाफ, यौन शोषण को लेकर वर्ष 2017 में सोशल मीडिय पर एक हेस्टैग कैंपेन शुरू हुआ था जिसका नाम था "मी टू" यह सोशल मीडिया की ही ताकत थी कि अक्टूबर 2018 तक सिर्फ ट्विटर पर ही दुनिया भर में ष्मी टूष् पर एक करोड़ 19 लाख टवीट हो चके थे। सोशल मीडिया ने लोगों को सशक्त बनाया और अभिव्यक्ति की आजादी को बहत मजबूत किया यानी सबको अपनी बात कहने की बराबर की आजादी दी। सोशल मीडिया ने लोगों के फैसलों को प्रभावित करना शुरू कर दिया है आप क्या खरीदते हैं, आप कौन सा करियर चुनेंगे, किस फैशन को फॉलो करना चाहते हैं, आपकी पसंद ना पसंद क्या है इसे लेकर सोशल मीडिया ने दुनिया भर के लोगों को प्रभावित करना शुरू कर दिया है। उदाहरण के लिएरू एक रिपोर्ट कहती है कि आजकल लोग जो शॉपिंग करते हैं उस शॉपिंग के फैसले में सोशल मीडिया का प्रभाव नब्बे परसेंट होता है। प्रतिभाशाली लोगों के लिए सोशल मीडिया एक बहुत प्रभावशाली मंच बन गया है। आज सोशल मीडिया पर सिर्फ बड़े-बड़े सुपरस्टार, फिल्मी कलाकार, खिलाड़ी और सेलिब्रिटीज का ही अकाउंट नहीं है बल्कि आज छोटे-छोटे गांव में रहने वाले प्रतिभाशाली लोग भी सोशल मीडिया के जरिए अपना टैलेंट लोगों के सामने रख रहे हैं और लोकप्रिय हो रहे हैं। सोशल मीडिया से आज कोई भी प्रतिभाशाली कलाकार, गायक या फिर कोई और भी अपने टैलेंट की वीडियो डालकर लोकप्रिय बन सकता है। आज सेलिब्रिटी बनने का सबके पास बराबर का मौका है। इसके अलावा कुछ जमाना पहले लेखक या साहित्यकार अपनी पुस्तक छपवाने के लिए पब्लिशर्स के चक्कर लगाते रहते थे वह आज सोशल मीडिया पर अपनी पुरी किताब डाल सकते हैं और पैसा भी कमा

सोशल मीडिया लोगों के लिए एक बहुत बड़ा कैरियर भी बन चुका है। बहुत से लोग आज सोशल मीडिया पर अपना कांटेक्ट डालकर पैसा कमा रहे हैं। छोटे-छोटे बच्चों से लेकर और युवाओं तक सारे लोग पैसे कमा रहे हैं। मशहूर कैनेडियन सिंगर जस्टिन बीबर, सोशल मीडिया के जरिए ही इतने बड़े सुपर स्टार बन पाए। आज



सोशल मीडिया ने बहुत बड़ा रूप ले लिया है। इस समय पूरी दनिया में सोशल मीडिया के कुल एक्टिव युजर्स 420 करोड़ यानी दनिया के कल आबादी में इस समय लगभग 53% लोग सोशल मीडिया पर सक्रिय हैं। इनमें 49.8% ऐसे हैं जो मोबाइल फोन के जरिए ही इस माध्यम से जुड़ते हैं। इसके अलावा एक दिलचस्प आंकड़ा यह है कि पूरी दुनिया में हर यूजर हर दिन औसतन 2 घंटे 25 मिनट सोशल मीडिया पर बिताता है। सोशल मीडिया की ताकत को आप कुछ टेक्नोलॉजी कंपनियों के कुल युजर्स की संख्या से भी समझ सकते हैं। बड़ी बात यह है कि सोशल मीडिया ने आपके जीवन से हार दिन ढाई घंटे लगभग चुराता है। इसलिए यह ढाई घंटे अब आपके नहीं रहे। इस समय दुनिया में सबसे बड़ा सोशल मीडिया प्लेटफॉर्म फेसबुक है जिसके 274 करोड़ युजर्स हैं। भारत जितनी आबादी के 2 देश फेसबुक ने अपने प्लेटफार्म पर ही बसा रखे हैं। अगर आप इन लोगों को एक नागरिक मानने तो फेसबुक इस समय दनिया का सबसे बड़ा राष्ट्र है। इसकी सुची में दूसरे स्थान पर युट्युब है जिसके 229 करोड़ युजर्स हैं और व्हाट्सएप के 200 करोड़ यूजर्स है। इसका मतलब यह कि सोशल मीडिया की अपनी एक बहुत बड़ी विशाल दुनिया है और यह दुनिया बहुत बड़ी होती जा रही है। इस पर गैर जिम्मेदार लोगों का भी अब प्रवेश हो चुका है। अब हम आपको सोशल मीडिया की तीन चुनौतियों के बारे में बताते हैं। पहली चनौती है- "फेक न्युज़" यानी झठी खबरें। आज सोशल मीडिया फेक न्यूज़ का सबसे बड़ा अड़ा बन चुका है और इसलिए कुछ लोग यह भी कहते हैं कि फेक न्यूज़ से बचने के लिए सोशल मीडिया डिस्टेंसिंग आज बहुत जरूरी हो गई हैए इसलिए आप मेन स्ट्रीम मीडिया पर ही भरोसा कीजिए। अगर आप कोई खबर देखना चाहते हैं सोशल मीडिया की खबरों को कभी भी सच मत मानिए। अमेरिका के एमआईटी में अपने एक अध्ययन में पाया कि सोशल मीडिया के माध्यम से फेक न्यज़ सही खबरों के मकाबले 70% अधिक तेजी से फैलती है।

दूसरी चुनौती है सोशल मीडिया की ष्ट्रोल आर्मी। सोशल मीडिया के आने के बाद से समाज में जो अपराधी प्रवृत्ति के लोग थे अब उन्हें सड़कों पर और गलियों में नारेबाजी या फिर सड़कों और गलियों पर किसी की हत्या करने की जरूरत नहीं है क्योंकि अब उन्होंने अपनी एक सोशल मीडिया की ट्रोल आर्मी बना ली है। यह आर्मी अफवाह फैलाती है लोगों को भड़काती है, कई बार लोगों की छवि को एक एजेंडे के तहत नष्ट करती है. लोगों का कैरक्टर एसासिनेशन किया जाता है और हमारे लिए इससे निपटना एक बड़ी चुनौती है। बड़ी-बड़ी प्राइवेट कंपनियां अपने विरोधियों के खिलाफ ऐसे ही टोल आर्मी का इस्तेमाल करती हैं। बड़े-बड़े नेता बड़े-बड़े राजनीतिक पार्टियां इसका इस्तेमाल करती हैं। यानी जो गुंडागर्दी पहले सड़कों पर हुआ करती थी अब सोशल मीडिया पर हो रही है और गंडागर्दी करने वाले जो गंडे पहले सड़कों पर खड़े होते थेए गलियों में खड़े होते थे अब वह सीधे आपके मोबाइल फोन के जरिए आप तक पहुंच सकते हैं और आपसे कुछ भी किसी भी भाषा में बात कर सकते हैं, आपकी बदनामी कर सकते हैं!

तीसरी बड़ी चुनौती है कि सोशल मीडिया ने बड़े बड़े लोकतांत्रिक देशों की संप्रभुता को भी अब चुनौती देनी शुरू कर दी है। हर देश में एक ट्कड़े- ट्कड़े गैंग जरूर होते है। हमारे देश में भी ट्कड़े-ट्कड़े गैंग है और यह सोशल मीडिया ही इन ट्कड़े-ट्कड़े गैंग का सबसे प्रिय प्लेटफार्म है यानी किसी भी ट्कड़े-ट्कड़े गैंग को जब अपने देश को तोड़ना होता है, अपने देश को कमजोर करना होता है तो वह सोशल मीडिया का ही सहारा लेता है। आपको याद होगा हमारे अपने देश में भी वैक्सीन को लेकर कितनी फेक न्यज़ फैलाई गईद्य वैक्सीन को लेकरए कोविड-19 को लेकर कितनी गलत खबरें फैलाई गई और इस सो<mark>शल</mark> मीडिया के जरिए दृष्प्रचार कर के कितने लोगों ने आपको यह कहा होगा कि वैक्सीन का साइड इफेक्ट होता है वैक्सीन मत लगाइए। चौथी चनौती है सोशल मीडिया के बढ़ते इस्तेमाल से लोगों के पर्सनल डाटा की चोरी का खतरा। आज बड़ी-बड़ी टेक्नोलॉजी कंपनियां अपने यूजर्स का डाटा विज्ञापन के लिए कंपनियों को बेच रही है और आपकी निजी जानकारी के साथ कॉम्प्रोमाइज हो रहा है। डाटा चोरी के लिए कंपनियों पर कई देशों में जुर्माने भी लग चुके हैं। पांचवा चुनौती है सोशल मीडिया के बढ़ते प्रभाव से युवाओं पर मानसिक दबाव बहुत बढ़ गया है। ट्रस्ट और डिप्रेशन बढ़ता जा रहा है। अब आपकी तस्वीरों पर कितने लाइक्स मिले कितने कमेंट आएए किसी वीडियो को कितने लोगों ने देखाए किसकी फ्रेंड लिस्ट कितनी बड़ी है यह बातें यवाओं के दिमाग पर असर डालने लगी हैद्य जो हमारे देश के युवा हैं एक तरह से अपने मोबाइल फोन में ही रहने लगे है। उनका मोबाइल फोन ही उनका नया घर बन चका है और अब परीक्षा में अच्छे नंबर से ज्यादा यह महत्वपूर्ण हो गया है कि सोशल मीडिया पर किसके कितने फॉलोवर्स हैं। इस चुनौती को देखते हुए ही इंस्टाग्राम ने अपने प्लेटफार्म पर यह दिखाना बंद कर दिया है कि किस यूजर्स के पोस्ट को कितने लाइक्स मिले।

आज मैं आप सबको सावधान करना चाहता हूं। सोशल मीडिया का फायदा है सोशल मीडिया मीडिया का फायदा उठाइए लेकिन सोशल मीडिया के नुकसान भी बहत सारे हैं इसलिए एक बात आखिर मैं आपको कहना चाहेंगे। सोशल मीडिया से कम से कम हफ्ते में एक दिन ऐसा जरूर रखिए जब आप सोशल मीडिया से अपने आप को डीटॉक्स कर सकें। जब सोशल मीडिया से अपनी दुरियाँ बना सके। इस सोशल मीडिया ने आपके जीवन से आपके 24 घंटों में से सवा 2 घंटे पहले ही काट ली है अब आपका दिन 24 घंटे का नहीं बचा अब आपका दिन बचा है लगभग साढे 21 घंटे का क्योंकि ढाई घंटे आप सोशल मीडिया पर लगा देते हैं और 21रू30 घंटे में आपको सोना भी है, काम भी करना है, बाकी सब चीजें भी करनी है इसलिए संभल कर रहिए। कहीं ऐसा ना हो कि सोशल मीडिया की लत है यह एक नशे में तब्दील हो जाए। हालाँकि बड़ी.बड़ी टेक्नोलॉजी कंपनियाँ यह चाहती हैं कि यह नशा सबसे पहले आपको मुफ्त में दिया जाए इसीलिए यह सारी कंपनियां आपको सबसे पहले यह नशा मुफ्त में दे रही हैं। आपको यह लगता होगा कि यह सब कुछ आपके लिए मुफ्त है। आप गुगल इस्तेमाल करते हैं आप ट्विटर पर या फेसबुक पर हर जगह यह सारी जो सेवाएँ हैं आपके लिए मुफ्त में है लेकिन हमेशा याद रखिए यह मुफ्त नहीं है क्योंकि इस पूरे मामले में इन कंपनियों ने आप ही को प्रोडक्ट बना दिया है। यह कंपनियां आप के डाटा को बेचकर अपना सारा खर्चा निकाल रही हैं और अपना फायदा भी कर रही हैं इसलिए यू आर द प्रोडक्ट!





কেডেট তন্ময় নাথ (৬২৫৫) উদয়গিৰি ছাত্ৰাবাস

পূৱাৰ হেঙুলীয়া ৰ'দৰ কিৰণ শ্বহীদ প্ৰনাম তোমাক কৰো স্মৰণ, ১৫ আগস্তৰ এই ধুনীয়া লগন প্ৰাণত সকলোৰে সাহসৰ জাগৰণ।

> সকলো বিপদত যাতে লওঁ প্ৰতিকাৰ সাহসৰ সাগৰৰ কৰা বিস্তাৰ, যদি দেশপ্ৰেম সকলোৰে হয় নিষ্ঠাৰ দেশক বচাবৰ বাবে চেষ্টা অপ্ৰাণ।

দেশদ্রোহী, কাপুৰুষক কোনেও নকৰিব ক্ষমা, সোণেৰে নহয় ভাৰত মাটিৰে গঢ়া। চহোৱা মাটিত গজা সেউজ-সোণালী ধান, আমাতে জায়াই আছে







অৰ্পণা দাস নাথ কাৰ্য্যালয় সহায়িকা

কোন দিশে ঢাপনি মেলিছো আমি একবিংশ শতাব্দীৰ প্ৰযুক্তিৰ গতিত নে....

আমাৰ পূৰ্ব পুৰুষে দি যোৱা ৰীতি নীতিক সুঁৱৰি প্ৰতিযোগিতাৰ পিছত দৌৰি দৌৰি সম্পৰ্কত আপোন জনৰ কথাও সমূলি পাহৰি ভাগৰি পৰিলো নেকি আমি? ব্যস্ততাৰ পাশত পৰি ভাবিবলৈ নাই যে আহৰি কিন্তু আজি কিয় ৰলো থমকি? সমাজ পাতি বাস কৰা আমিবোৰ অজি 'লকডাউন', 'কোৱাৰেন্টাইন' একো একোটা নতুন শব্দৰে হলো চিনাকি পাহৰণিৰ গৰ্ভত ঠেলি দিয়া পূৰণি ৰীতি-বাটৰুৱা বহা বাটঘৰৰ কথা, এজনে আনজনক জনোৱা সম্ভাষণৰ বাবে কৰা নমস্কাৰৰ কথা পাহৰিলো ৰাজহুৱা বিতৰণ স্থলিত মুখত কাপোৰ বান্ধি কৰা বিতৰণ বিধি কিন্তু উপায় বিহীন আজি মানৱ জাতি প্রতিজনে প্রতিপলে শংকিত আজি থাকিও গৃহ বন্দী এতিয়া আমাৰ অফুৰন্ত সময় নিজৰ বাবে বাহিৰলৈ নাযাও ওলাই যাওঁ ভিতৰ সোমাই তেতিয়াহে থাকিব সময়ৰ ইতিহাসত মানৱজাতি জায়াই।



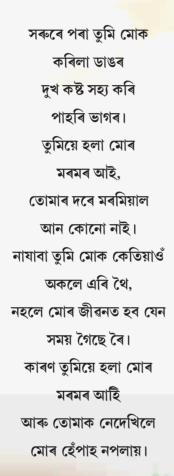


কৈডেট ভাৰ্গৰ কলিতা (৬৪১৮) অভিমান্য ছাত্ৰা বাস

শিক্ষাগুৰু



কেডেট চামিম আহমেদ (৬৩৯১) অভিমান্যু ছাত্ৰা বাস





হে গুৰু তুমি জ্ঞানৰ পূজাৰী
তোমাৰ আশীষ শিৰত লৈ
যাওঁ আগুৱাই......
জ্ঞানৰ সন্ধানত।
পিতৃ মাতৃ সবাৰো
তুমি যে উৰ্দ্ধত।
অজ্ঞানীক জ্ঞানৰ জ্যোতিৰে
পোহৰাই তুলিলা,
হে মহান গুৰু







কে<mark>ডেট নীলিম প্ৰতীম ভূঞা</mark> (৬৪২৬) ভাস্কৰ ছাত্ৰাবাস

প্ৰতিক্ষণে সময় গৈ আছে উৰি
পাৰিব জানো কোনোবাই ৰাখিব ধৰি
যেন কাৰোবাৰ নিৰ্দেশত বিশ্ব ব্ৰহ্মাণ্ড আছে চলি
ৰাতিৰ পিছত দিন, দিনৰ পিছত ৰাতি।
দেখুৱাই দিয়া জীৱন প্ৰভু কতনো আছা
কৈশোৰ আৰু যৌৱনৰ এই সন্ধিক্ষণত পৰি
কণা হৈ পৰিছো বগলীৰ দৰে বহু পথ দেখি।
দেখিছো মই বিভিন্ন পথেৰে যোৱা হাজাৰ নৰ নাৰী
কিন্তু মই থমকি আছো ৰৈ, সেই একে দুবিধাকে সাৱটি
গৈ আছে জীৱন, গৈ আছো মই ভৱিষ্যত
মোৰ জীৱনৰ অৰ্থ বিচাৰি।







কেডেট কৃষ্ণাভ গগৈ (৬৩২৮) অনিৰুদ্ধ ছাত্ৰাবাস

এটি চৰাইৰ দৰে ময়ো যেন যাম উৰি উৰি কোনো এক অজান দেশলৈ মিলিত হ'ম ভিন্নজনৰ মতে কথা হ'ম মনে - প্রাণে, অতি হেঁপাহেৰে মনোমোহা প্ৰকৃতিত আপোনপাহৰা হৈ গীত গাই নাচি নাচি আগুৱাই যাম পশু-পক্ষীৰ সতে গঢ়িম বন্ধত্ব সুৰক্ষিত কৰিম সেউজ বননিৰ অস্তিত্ব গঢ়ি ল'ম এটি ক্ষুদ্ৰ কুটীৰ পৃথিৱীৰ কোনো এটি সুন্দৰ কোণত কটাম সন্তোষেৰে এটি এটি দিন অনন্ত বিশ্বৰ এই বিশাল ভূস্বৰ্গতে হাঁহি হাঁহি হ'ম যে এদিন বিলীন।







কে<mark>ডেট সাগৰ নিলীম বৰুৱা</mark> (৬৪৫৪) ভাস্কৰ ছাত্ৰাবাস

কৰ'ণা



কেডেট মুকুন্দ মাধৱ দত্ত (৬৩০৩) একালব্য ছাত্ৰাবাস

হে মোৰ প্ৰিয় কেডেট বন্ধু
তুমি যে এতিয়া একান্তই আপোন
অজান ঠাই, অচিন পৰিবেশ
তুমিয়েইতো কৰিলা জীৱন সহজ সৰল
আমি হৈ পৰিলো এটি পৰিয়াল।
বন্ধু, এতিয়া আমি সকলো আপোন ভাই,
বিপদৰ বন্ধু নাই কোনো ভিনপৰ।
বিশ্বাস আৰু আশ্বাসৰ প্ৰতীক তুমি,
তুমিয়েইতো থিয় দিছা সাহস হৈ বুকুৰ মাজত
প্ৰতিখন বাধাৰ প্ৰাচীৰ বগাবলৈ....
দিছা প্ৰেৰণা, প্ৰতিটো খোজতে আগুৱাই যোৱাত।
বন্ধু, এতিয়া আমি ভাতৃ আপোন হদয়ৰ
আহা বন্ধু হাতত হাত থোৱা
কৰি যাওঁ নিজ কৰ্তব্য
দেশ মাতৃৰ সেৱাই যে আমাৰ লক্ষ্য।



পৃথিৱীৰ বুকুলৈ তুমি নতুনকৈ আহিলা গোটেই পৃথিৱীক কঁপাই তুলিলা। বন্ধুজনৰ আশা ধূলিস্যাত কৰি অকালতে সপোনবোৰ তুমি পেলালা মোহাৰি। তোমাৰ প্ৰকোপত হল সকলো লকডাউন তাৰ ছবিখন অতিকে নিদাৰুণ কতজনে অনাহাৰে কটালে জীৱন, কতজনৰ অনাহাৰে মিলিলে মৰণ। নতুন প্ৰজন্মৰ বাবে আহিল আন্ধাৰ, স্কুল কলেজ সকলোবোৰ হল অসাৰ। বহুতো মহান লোকৰ প্ৰাণ কাঢ়ি লৈ কুখ্যাতি ৰাখি গলা চিৰদিনলৈ। বেয়াৰ মাজতে তুমি ভাল জ্ঞানো দিলা, মিতব্যয়ী হবলৈ আমাক শিকালা। উচ্চ-নীচ ভেদভাৱ আঁতৰ কৰিলা. সমগ্ৰ মানৱজাতিক একে শাৰীতে বহুৱালা। আহা আমি সবে মিলি কৰো অংগীকাৰ কৰ'ণা মহামাৰীৰ কৰো প্ৰতিকাৰ।







জাহুৱী ভূঞা বৰদলৈ নগাঁও

প্ৰতি মাহৰ শেষৰ দেওবাৰটোৱে <mark>আমালৈ সদা</mark>য় বসন্তৰ একাঁজলি সেউজীয়া কঢিয়াই লৈ আহে....

আমাৰ হেঁপাহৰ এক <u>যাত্ৰা</u> আৰম্ভ হয় নগাঁৱৰ পৰা-আৰু গোৱালপাৰাৰ দুধনৈ-মাটিয়াত অৱস্থিত সৈনিক স্কুল চৌহদত প্ৰৱেশ কৰাৰ পাচতে এই যাত্ৰাৰ সামৰণি পৰে।

সেই বৃহৎ চৌহদৰ আটক ধুনীয়া পৱিবেশৰ মাজেদি ল'ৰা হঁতৰ আৱাস গৃহলৈ সোমাই যাওঁ, ল'ৰাক লগ পাওঁ…আন্তৰিক ভাৱ বিনিময় হয় উজাৰি।

সঁচাই, এই সুন্দৰ আৰু মৰমৰ অনুষ্ঠানটিৰ সৈতে একাত্ম হৈ বহ সুখ আৰু গৌৰৱ অনুভৱ কৰোঁ।

"STUDENT"

S: Study -অধ্যয়ন

T: Truthfulness - সত্যবাদিতা

U: Unity -একতা

D: Dicipline - নিয়মানৱৰ্তিতা

E: Enthusiasm -উদ্যম বা আগ্রহ

N: Neutrality - নিৰুপেক্ষতা

T: Trustworthy -বিশ্বাসী

ছাত্ৰ জীৱনৰ প্ৰকৃত সাৰ্থকতা লুকাই থকা এই আটাইবোৰ গুণ আহৰণ কৰি প্ৰত্যেক জন ছাত্ৰৰ জীৱন সমৃদ্ধ হোৱাত এই বিদ্যালয়ৰ প্ৰতি গৰাকী শিক্ষকে আহোপুৰুষাৰ্থ কৰা আজি পাঁচ বছৰে বৰ ওচৰৰ পৰা দেখি আহিছোঁ আৰু অনুভৱ কৰিছোঁ। এইখিনিতে এই বিদ্যালয়ৰ বিদ্যায়তনিক কেইটামান বিশেষ দিশ সম্পৰ্কে আমাৰ নিজা অনুভৱ বিনয় আৰু সৰল ভাৱে ব্যক্ত কৰিবলৈ প্ৰয়াস কৰিলোঁ।

জীৱনত কৃতকাৰ্য্যতা লাভ কৰিবলৈ আৰু লগতে এক প্ৰভাৱশালী আৰু বিশেষ ব্যক্তিত্বৰ পূৰ্ণ বিকাশৰ বাবে প্ৰয়োজন হোৱা অধ্যৱসায়, সময়ানুবৰ্তিতা, কৰ্তব্যপৰায়ণতা, আত্মনিৰ্ভৰশীলতা, মিতব্যয়িতা, শিষ্টাচাৰ, সৌজন্যতাৰোধ, দায়িত্ব বোধ ন্যায় পৰায়ণতা ইত্যাদি বিশেষ গুণ বোধৰ আদিপাঠ-ল'ৰাহঁতে তেওঁলোকৰ সন্মানীয় শিক্ষক সকলৰ নিৰলস আৰু নিৰৱচ্ছিন্ন প্ৰচেষ্টাৰ পৰাই আহৰণ কৰে আৰু এই দৰেই জীৱনৰ কঠিন বাটত সহজে বাট বলিবলৈ শিকে। উল্লেখনীয় যে যি কোনো এটা ছাত্ৰাবাসতে এজনে কৰা ভুলৰ বিপৰীতে সকলোৱেই সেই বোজা বিনা প্ৰতিবাদে মূৰ পাতি লোৱাৰ বাবে গঢ়ি তোলা এক বিৰল অভ্যাস আৰু মানসিক প্ৰস্তুতিয়ে তেওঁলোকক নিকা মন এটাৰে সৱল ভাৱে গঢ় লৈ উঠাত বৰকৈ সহায়ক হয়।

বিদ্যালয়ৰ শ্ৰেণী কোঠাৰ বাহিৰত অধ্যয়নৰ ক্ষেত্ৰত সম্পূৰ্ণ নিজা প্ৰচেষ্টাৰে জ্ঞানাৰ্জন কৰিবলৈ অৰ্থাৎ আনৰ সহায়ৰ ওপৰত নিৰ্ভৰ নকৰাকৈ আগবাঢ়িবলৈ শিক্ষা পোৱাটো অন্য এক গুৰুত্বপূৰ্ণ দিশ বুলি আমি অনুভৱ কৰোঁ।

ল'ৰাহঁতৰ সৰ্বাঙ্গীন বিকাশ (All round development) ৰ ক্ষেত্ৰত বিশেষ ভাৱে গুৰুত্ব প্ৰদান কৰাটো এই বিদ্যালয়ৰ অন্যতম মুখ্য বৈশিষ্ট্য। খেলা-ধূলা, গীত-বাদ্য, নৃত্য, তৰ্ক, নাটক, সৃষ্ঠিশীল লেখাৰ প্ৰতি ছাত্ৰ সকলৰ মাজত বিশেষ ভাৱে আগ্ৰহ আৰু কৌতুহলৰ সৃষ্টি কৰিব পৰাটো প্ৰশংসনীয় পদক্ষেপ।

ওপৰোক্ত দিশ সমূহ মই এজন অতি সাৰাধণ অভিভাৱক হিচাবে মোৰ ব্যক্তিগত উপলব্ধি আৰু অনুভৱখিনিহে সৰল ভাৱে ইয়াৰ ব্যক্ত কৰাৰ প্ৰয়াস কৰিছোঁ।

অৱশ্যেই স্বীকাৰ্য্য যে এই সমগ্ৰ পৰিঘটনা সন্মানীয় বিদ্যালয় কৰ্তৃপক্ষৰ সুপৰিচালনাৰ বাবেহে সহজ আৰু সম্ভৱ হৈ উঠিছে। সেয়েহে এই ছেগতে সমূহ অভিভাৱকৰ হৈ সন্মানীয় বিদ্যালয় কৰ্তৃপক্ষৰ প্ৰতি আন্তৰিক কৃতজ্ঞতা জ্ঞাপন কৰিলোঁ হেঁপাহেৰে। পৰিশেষত পুৱাৰ পৰা আবেলিৰ খেল পথাৰ আৰু নৈশ আহাৰৰ কোঠালিৰ পৰা শোৱাৰ সময়লৈকে প্ৰত্যেক জন শিক্ষকৰ ছাত্ৰ সকলৰ জাৱন সুশৃংখলিত ভাৱে গঢ়ি তোলাত যি বিশাল অৱদান আছে সেয়া ইয়াত প্ৰকাশ কৰিবলৈ যোৱাটো মোৰ পক্ষে ধন্টতা মাথোন?

আমাৰ অশেষ শ্ৰদ্ধা আৰু আন্তৰিক কৃতজ্ঞতা সেই সকল মহান শিক্ষকলৈ নিবেদিলোঁ। কাৰ্যালয়ৰ সমূহ কৰ্মৰত কৰ্ম্মচাৰী আৰু বিদ্যালয় সূচাৰুৰূপে আগবঢ়াই নিয়াত সহায় কৰা প্ৰতি জন ব্যক্তি লৈকে যাঁচিলো আমাৰ অন্তৰভৰা ধন্যবাদ। কৰ'ণা মহামাৰীৰ দিনতো শিক্ষক সকলে অনলাইন শ্ৰেণী সমূহত

অশেষ প্ৰচেষ্টাৰে সৈতে যি দৰে পাঠদান কৰিলে...সেয়া অসমৰ শিক্ষানুষ্ঠান সমূহৰ ভিতৰতে হয়তো বিৰল উদাহৰণ হৈ ৰ'ব।

সংঘাত



কেডেট অনুপম চমুৱা (৬৪৪৯) ভাস্কৰ ছাত্ৰাবাস





কেডেট হৃষিকেশ দেৱৰঞ্জন বৰুৱা (৫৮০১) লোহিত ছাত্ৰাবাস

ঘৰখনলৈ যেন পুনৰ জীৱন ঘূৰি আহিল। অতদিনে কৰা কস্টৰ, সাধনাৰ ফল অৰূপে আজি পালে। সি নিজে ডাক্তৰ হব নোৱাৰিলেও তাৰ ভায়েক আজি ডাক্তৰ হল। দেউতাকৰ মনৰ ইচ্ছা আংশিক ভাৱে হলেও সফল হল। আজিৰ পৰা দহ বছৰ আগৰ দিনটো আজিও জল জল পট পটকৈ তাৰ মনত আছে। সেই দিনটোৰ পৰাই তাৰ জীৱনৰ সংঘাত আৰম্ভ হৈছিল। সকলোবোৰ সপোন ভাঙি চূৰ মাৰ হৈ গৈছিল তাৰ। নিজৰ কথা নাভাবি সি সিদ্ধান্ত লৈছিল পৱনৰ জীৱনটো সি গঢ়িব। যিমান কস্ত কৰি হলেওঁ দেউতাক আশা আংশিক ভাৱে হলেও পূৰণ কৰিব।

সুন্দৰপুৰ গাঁৱত এটি সুখী পৰিয়াল আছিল। পৰিয়ালটোৰ মুৰবী ইন্দ্ৰজিত ডেকা পত্নী আৰু দুই পুত্ৰৰে সৈতে তেওঁৰ সুখৰ সংসাৰ। তেওঁ এটা সৰু কোম্পানীত কাম কৰিছিল আৰু মাজে মাজে দুই এটা বাঁহৰ সামগ্ৰী সাজি বিক্ৰী কৰিছিল। ঘৰৰ পিছফালে থকা মাটিডৰাত কৰা পাচলি দুই পুত্ৰ অৰূপ আৰু পৱনে বজাৰলৈ নি বিক্ৰী কৰিছিল। ইয়াৰেই দুয়োৰে পঢ়া শুনাৰ খৰচটো ওলাইছিল। ঘৰখনৰ প্ৰতিজন সদস্যই সহজ সৰল, ধাৰ্মিক স্বভাৱৰ আছিল। ইন্দ্ৰজিত্ ডেকাৰ পুত্ৰ অৰূপ দ্বাদশ শ্ৰেণীত আৰু সৰু পুত্ৰ পৱনে নৱম শ্ৰেণীত পঢ়ে। দুয়োজনেই পঢ়াত চোকা আছিল বাবে বাপেকৰ পুত্ৰেক হঁতক লৈ বহুত আশা-দুয়োজনই ডাক্তৰ হৈ মানৱ সেৱা কৰিব....

দিন বাগৰিল। উচ্চতৰ মাধ্যমিক পৰীক্ষাত অৰূপে ৯৫% শতাংশ নম্বৰ লাভ কৰি উত্তীৰ্ণ হল। ঘৰখনত আনন্দ, উলাহে নধৰা হল। তাৰ খবৰ লবলৈ মানুহৰ সোঁত ববলৈ ধৰিলে। বাপেকৰ আনন্দ চাই কোনে কিন্তু সেই সুখ, সেই আনন্দ যেন ভগৱানৰ সহ্য নহল। পিছদিনা ইন্দ্ৰজিতে কামলৈ যোৱাৰ আগতে লগৰ কৰ্মচাৰী সকললৈ মিঠাই আনি ৰৈ থকা বাছখনত বহিছিলহি মাথোন পিছফালৰ পৰা মালবাহী ট্ৰাকে আহি বাছ খনত খুন্দিয়ালে লগে লগে ২০/২৫ জন যাত্ৰীসহ বাছখন গৈ দ খাৱৈ এটাত পৰিলগৈ....এজনো যাত্ৰী নাবাছিল। দুৰ্ঘটনাৰ খবৰটো পাই অৰূপ দৌৰি গৈছিল বাছ আস্থানলৈ। গৈ সিদেখিলে মৃতদেহ বোৰ খাৱৈৰ পৰা তুলি ইতিমধ্যেই শাৰী শাৰী কৈ বগা কাপোৰেৰে ঢাকি থোৱা আছে। তাৰ মাজত সি বিচাৰি পাইছিল তাৰ দেউতাকৰ মৃতদেহ।

কাম কাজ যোৱাৰ পিছত অৰূপে মাক আৰু পৱনক চম্ভালিছিল। টিউচন কৰি, পাচলিৰ খেতি কৰি সি উপাৰ্জন কৰা পইচাৰে ঘৰ চলোৱাৰ লগতে ভায়েকক পঢ়াত উৎসাহ যোগাইছিল। আজি যেন তাৰ সকলো কষ্ট সাৰ্থক হল। চকু পানীখিনি দুহাতেৰে মচি সি দেউতাকৰ ফটোখনত সেৱা জনালে। "মাধৱ আজি মই তোমাৰ লগত তোমালোকৰ স্কুলত হোৱা নাটক চাবলৈ যাম দেই"—মাকৰ কথা যাৰ শুনাৰ লগে লগে মাধবৰ খং উঠিল। সি কোনো দিনেই মাকক সহজভাবে লব নোৱাৰিলে। সি বাকী একো নাজানে, কেবল জানে যে তাৰ মাক তাৰ লগৰবোৰৰ মাকতকৈ বেলেগ। আৰু তাৰ লগৰ বোৰে তাৰ মাকক দেখিলে কিবা ফিচিঙা ফিচিঙি কৰে। সেইবাবে তাৰ মাক স্কুললৈ যোৱাটো সি কেতিয়াওঁ নিবিচাৰে। লগে লগে সি খঙেৰেই কলে, "নালাগে তুমি যাব, দেউতা যাব নহয়।" মাকৰ মুখখন ক্ষন্তেক সময়ৰ বাবে হলেও মলিন হৈ গ'ল।

এনেদৰেই সময় পাৰ হ'ল। মাধবে কোনো দিনেই মাকক সহ্য কৰিব নোৱাৰিলে। পঢ়াৰ তাগিদাত যেতিয়া ঘৰৰ বাহিৰলৈ যাব লগা হ'ল তেতিয়া যেন সি ভালহে পালে। মাকৰ মুখখন, মনত পৰিলেই তাৰ কিবা লাগি যায়। সেয়েহে খুব কমেই আহে ঘৰলৈ। আহে মাথোন দেউতাকৰ বাবে। পঢ়া শুনাত ভাল আছিল বাবে চাকৰিৰ বাবে সি বেছিদিন অপেক্ষা কৰিব লগা নহ'ল। সি এতিয়া এটা কোম্পানীৰ এজন উচ্চ পদস্থ বিষয়া। ইতিমধ্যেই দেউতাকৰ মৃত্যু হৈছিল তাৰ। চাকৰিৰ তাগিদাত সি দেউতাকৰ শ্ৰাদ্ধৰ পিছদিনাই গলগৈ। অকলশৰীয়া মাকৰ খবৰ লবলৈকো তাৰ সময় নাই।

হঠাতে দেউতাকৰ বন্ধ ভবানন্দ বৰুৱা উকিলে তাক জৰুৰী ভাবে মাতি পঠিয়ালে। সি আহি পোনে পোনে উকিল খুৰাকৰ ঘৰলৈকে গল। তেখেতে তাক খবৰ দিলে মাক হস্পিতালত ভৰ্তি হৈ থকাৰ কথা আৰু লগতে তাৰ হাতত তুলি দিলে এখন ডায়েৰী। লগতে সিহঁতৰ সম্পত্তিৰ কাগজ পত্ৰ। ডায়েৰী খন মাকৰ আছিল বাবে সি পঢ়িবলৈ ইচ্ছা কৰা নাছিল যদিও ভবানন্দ বৰুৱাই জোৰ দি ধৰাত সি পঢ়িবলৈ আৰম্ভ কৰিলে। যিমানে ডায়েৰীত লিপিবদ্ধ কথাবিলাক পঢ়ি গৈছে তাৰ এনে লাগিবলৈ ধৰিলে যেন তাৰ ভৰিৰ তলৰ মাটিবোৰ এফালৰ পৰা খহিবলৈ আৰম্ভ কৰিছে। মাকে লিখিছিল কেনেকৈ এখন ট্ৰাকে সিহঁতৰ গাড়ীখন খুন্দিয়াইছিল আৰু তাৰ চকু এটা নম্ভ হৈ গৈছিল......মাকে কিদৰে নিজৰ চকু এটা তাক দান দিছিল......। যি গৰাকী মাকৰ এটা চকু নাই বাবে, দেখিবলৈ কুশ্ৰী বাবে সি ইমান দিনে ভাল ব্যৱহাৰ নকৰিলে সেই গৰাকী মাকেই তাক কণা হোৱাৰ পৰা बक्का कबिला। অथह....... मि लिबिवरेल थिबल, प्लिबि प्लिबि मि হস্পিতাল পালেগৈ। মাক থকা কোঠালীটোলৈ সি সোমাই গল। কিন্তু ইতিমধ্যেই নাৰ্ছ এগৰাকীয়ে মাকৰ দেহটো বগা কাপোৰ এখনেৰে ঢাকি দিছিল....।





কেডেট সাগৰ নীলিম বৰুৱা (৬৪৫৪) একালব্য ছাত্ৰাবাস

সপোন দেখিছিলো.....সৈনিক স্কল গোৱালপাৰাত পঢ়াৰ। গোৱালপাৰা সৈনিক স্কুল-উস কি এক অনুভূতি। সেই সপোন পুৰা কৰিবলৈ শাৰীৰিক ভাবে আৰু মানসিক ভাবে প্ৰস্তুত কৰিছিলো নিজকে। মা-দেউতাই অফুৰম্ভ সাহস আৰু প্ৰেৰণা দিছিল প্ৰতিটো মহৰ্ততে। প্ৰস্তুতি চলাইছিলো প্ৰৱেশ পৰীক্ষাৰ বাবে। মা-দেউতা, দাদা সকলোৱে সহায় কৰিছিল। অংক নোৱাৰিলে দাদাই কোবাইছিলো। অশেষত নিৰ্দিষ্ট দিনটো আহি পৰিছিল ৭ জানৱাৰী ২০১৯। আগদিনাই আদি গুৱাহাটীৰ এখন হোটেলত আছিলো যাতে সময়মতে পৰীক্ষাহলত উপস্থিত হব পাৰো, পুৱা ৫ বজাতে উঠি গা পা ধুই ভগবানক প্ৰাৰ্থনা কৰিছিলো। মায়ে কৈছিল অকণমান কিতাপখন চোৱাচোন। পৰীক্ষাৰ বাবে দেউতাই এয়োৰ ফৰ্মেল পেন্ট চাৰ্ট চিলাই দিছিল। সেইযোৰ পিন্ধি সাজ হৈছিলো গন্তব্যস্তান নাৰেংগী আৰ্মি স্কল অভিমখে। পৱা ছয় বাজিছিল-এখনো এটো বা চিটিবাছ চকত পৰা নাছিল। হোটেলৰ পৰা কিছদৰ যোৱাৰ পিছত এখন মেজিক গাড়ী পোৱাত তিনিও উঠিলো। দেউতাৰ অলপ চিন্তা হৈছিল স্কুলখনৰ একেবাৰে সঠিক স্থানটো কোনখিনিত বা আছিল কাৰণ ঠাইবোৰৰ বহুত পৰিবৰ্তন হৈছিল। এইখিনিত এটা বৰ আচৰিত সংযোগ ঘটিছিল-ভাবিলেই এতিয়াও কিবা সাঁথৰ যেন লাগে। এতিয়াও মা-হঁতে কয় হয়তো ভগবানে আমাক সহায় কৰিব আহিছিল। কিছদৰ যোৱাৰ পিছত এগৰাকী ভদ্ৰ মহিলা গাড়ীখনত উঠিল। মুখত মাক্স, হয়তো ধূলিৰ বাবে। কাৰণ তেতিয়া কৰোণা নাছিল। ফৰ্মেল পোচাক আৰু স্কল বেগ দেখি মহিলা গৰাকীয়ে স্পিছিল কলৈ যাবা বাবা। মই কোৱাত কলে ময়ো তালৈকে গৈ আছো। মই সেই খন স্কলৰে শিক্ষয়িত্ৰী আৰু আজি পৰীক্ষাত গাৰ্ড দিবলৈ আহিছো চিন্তা কমি গৈছিল। যিহেত স্কলৰ সঠিক ঠিকনা এতিয়া আৰু বিচাৰি থাকিব নালাগে। বৰ আচৰিত আৰু আকস্মিক সংযোগ নহয়নে? অলপ দৰ গৈ তেওঁ কলে আমি এতিয়া ই-ৰিক্সা লব লাগিব, কাৰণ বিদ্যালয় চৌহদত আন গাড়ী প্ৰৱেশ নিষেধ। মই স্কুলত কাম কৰো বাবেহে ই-ৰিক্সাখন সোমাব দিব। আপোনালোকে এই স্টেচনতে চাহ খাই লওঁক, মই ৰৈছো। সঁচাকৈ কিমান নিৰহংকাৰী, অচিনাকী জনক ইমান সহায় কৰাৰ মন, আজিও মনত পৰিলে তেওঁৰ শ্ৰদ্ধা ওপজে। ভোক লাগিছিল কিন্তু একো খাব নোৱাৰিলো টেন চনত। লৰালৰিকৈ আমি ই-ৰিক্সাত উঠি স্কলৰ চৌহদত সোমালো। তেওঁ আমাৰ পৰা বিদায় লৈ স্কুলৰ ভিতৰত প্ৰৱেশ কৰিলে। কিন্তু দুখৰ কথা য়ে তেওঁক এতিয়া দেখিলেও আমি চিনি নাপাম। কাৰণ তেওঁৰ মাক্স খন লাগি আছিল। ইমান ছাত্ৰ আৰু অভিভাৱক.....আমাৰ নথি পত্ৰ সমহ পৰীক্ষা কৰি এজন এজনকৈ ভিতৰলৈ লৈ গৈছিল সামৰিক পোচাক পিন্ধা এজন

সৈনিকে। ভয় <mark>লাগিছিল তথাপি</mark> মনত প্ৰৱল হেঁপাহ......এজন <mark>কেডেট</mark> হবলৈ গোৱালপাৰা সৈনিক স্কুলৰ।

পৰীক্ষা হৈ গল সুকলমে। বিশ্বাস জন্মছিল কিবা এটা ভাল হবলৈ গৈ আছে মা-দেউতা উৎকণ্ঠাৰে ৰৈ আছিল গেটত। তাৰ পিছত এটা মাহৰ উত্তেজনা আৰু উৎকণ্ঠা, চিন্তা আৰু দুশ্চিন্তাৰ পিছত পৰীক্ষাৰ ফলাফল ওলাল।মই লিখিত পৰীক্ষাত উত্তীৰ্ণ হলো।সকলো উৎফুল্লিত হল। মা-দেউতা আত্মীয় স্বজনে মোক মৰমেৰে ওপচাই পেলালে।

এখন যুদ্ধহে শেষ হল—আনখন যুদ্ধ সমাগত। শেষ যুদ্ধ সেয়া হল শাৰীকিক আৰু মৌখিক পৰীক্ষা। নিৰ্দিষ্ট তাৰিখৰ আগ দিনাই আকৌ মা-দেউতাৰ সৈতে গুৱাহাটীৰ হোটেলত বাহৰ পাতিলো। পৰীক্ষা হব বশিস্ট আৰ্মি হস্পিতালত। আবেলি আমি তিনিও হস্পিতেল চাবলৈ গলো। আবেলি চাৰি বাজিছিল। এজন মোৰ বয়সীয়া লৰা অভিভাৱকৰ সৈতে পৰীক্ষা দি ওলাই আহিছে মাই চিনাকি হৈ পৰীক্ষাৰ বিষয়ে সোধাত লৰাজনে অভয় দি কলে কোনো চিন্তা নাই-অল দা বেস্ট। সেই দেৱাশীষ এতিয়া আমাৰ কেডেট সকলৰ এজন।

কিযে অভিজ্ঞতা নতুন ৰোমাঞ্চকৰ, লাজ লগা ভয় লগা......মুঠতে সকলো অতিক্রমি মৌখিক পৰীক্ষা দিলো। এতিয়া চূড়ান্ত ফলাফললৈ অপেক্ষা। ভগবানৰ আশীর্বাদত মই উত্তীর্ণ হলো। সপোন পূৰ হোৱাৰ দিশে.....অৱশেষত নামভর্তিৰ তাৰিখ আহি ১৫ মে ২০১৯ চন। যাত্রা-সপোনৰ যাত্রা গোৱালপাৰা সৈনিক স্কুল অভিমুখে.....

গাটো বেয়া আছিল অলপ মোৰ। কিন্তু মই অনুভৱ কৰা নাছিলো.....কেৱল চকু সন্মুখত নিৱদ্ধ। সেই লক্ষ্য স্থানলৈ। অৱশেষত থিয় হলোগৈ-ৰাইনো গেটৰ সন্মুখত.....বুকুখন ফুলি উঠিছিল সগৌৰবে। ময়ো প্ৰথম খোজটো থম মোৰ অদম্য হেঁপাহ আপাহৰ কেন্দ্ৰ গোৱালপাৰা সৈনিক স্কুল। মায় কৈছিল মনেৰে এবাৰ সেৱা কৰা। মই মূৰ দোৱাই ঈশ্বৰক কৈছিলো-হে প্ৰভু মোক শক্তি আৰু সাহস দুয়োটাই দিবা। জীৱনৰ এই নতুন বাটত সুকুমে খোজ দিবলৈ.....

নামভৰ্তি হল। কিমান যে ডাঙৰ প্ৰেক্ষাগৃহ......কিমান ছাত্ৰ। হোষ্টেলত থৈ যাবৰ সময়ত মায়ে কান্দিছিল। মোৰো বেয়া লাগিছিল কিন্তু দেখুওৱা নাছিলো। কাৰণ মইয়েইতো নিৰ্বাচন কৰিছিলো এই জীৱন গঢ়াৰ কমাৰ শাল। দুচকু মুছিছিলো দেখিছিলো আকৌ নতুন সপোন-লক্ষ্য আৰু উদ্দেশ্য পূৰণ কৰাৰ। সফল কৰা হে, গোৱালপাৰা সৈনিক স্কুল, তোমাক প্ৰণাম।







কেডেট ভাৰ্গৱ নাথ (৬২৮০) একলব্য ছাত্ৰাবাস

মানুহৰ জীৱনটো সপোনেৰে ভৰপূৰ। সকলোৱে বিচাৰে নিজৰ সকলোবোৰ সপোন পূৰ হোৱাটো। কিন্তু সপোন দেখিলেই যে সকলোবোৰ সপোন পূৰ হ'ব তেনে নহয়। মানুহৰ জীৱনত সফলতা-বিফলতা এটা মুদ্ৰাৰ ইপিঠি-সিপিঠি। বিফলতাত আমি হতাশ নহৈকিদৰে সফলতাৰ দিশে আগুৱাব পাৰো তাৰ চিন্তা কৰিব লাগে।

মানৱ জীৱনত সফলতাৰ মূল চাবী কাঠি হ'ল আত্মবিশ্বাস। আত্মবিশ্বাস এনে এক শক্তি যি মানুহৰ অন্তৰত থাকে। আত্মবিশ্বাস অবিহনে মানুহ এজনে জীৱনত কেতিয়াও সফল হ'ব নোৱাৰে। আত্মবিশ্বাসৰ অভাৱ হলে মানুহৰ মনোবল দুৰ্বল হয়। মনোবলৰ অভাৱ হলেই কৰ্ম কৰিব পৰা শক্তি নোহোৱা হয়। আত্মবিশ্বাস যাৰ আছে তেওঁ নিশ্চয় এদিন সফল হবই। নেপোলিয়ন বোনাপাৰ্ট, মেণ্ডেলা, মহাত্মা গান্ধী আদি মহানলোকৰ সফলতাৰ মূলতেই আছিল আত্মবিশ্বাস।

সময়ৰ টিকনি আগফালে উৰে-সেয়েহে আমি জীৱনত সফল হবলৈ হলে সময়ৰ সদব্যৱহাৰ কৰিব জানিব লাগিব। কোনো কাম পিছলৈ পেলাই নথৈ সময়মতে কৰিব লাগে। নিজৰ স্বাৰ্থৰ কাৰণে কৰ্তব্যক অবহেলা কৰা লোকে কেতিয়াও জীৱনত সফল হব নোৱাৰে।

থৈৰ্য্য হৈছে মানুহৰ জীৱনৰ এক মহৎ গুণ। যিসকল লোকে থৈৰ্য্য সহকাৰে একাগ্ৰতাৰে কোনো কামত নিজকে নিয়োজিত কৰি ৰাখিব পাৰে, তেওঁলোকে নিশ্চয় এদিন সফলতাৰ মুখ দেখিবই।
মানুহে নিজৰ মাজত লুকাই থকা অহংকাৰ, কাম, ক্ৰোধ আদি ত্যাগ
নম্ৰ আৰু বিনয়ী হোৱাৰ চেক্টা কৰিব লাগে। আনৰ দোষ বিচাৰি
ফুৰাতকৈ গুণখিনিক প্ৰশংসা কৰিব লাগে। মানুহে আনক সমালোচনা
নকৰি নিজক সমালোচনা শিকিব লাগে। কোনোৱে সমালোচনা
কৰিলেও আনৰ সমালোচনাক গুৰুত্ব নিদি নিজৰ কৰ্তব্য কৰি যাব
লাগে।

এজন মানুহৰ ব্যক্তিত্ব মানুহজনৰ আচাৰ ব্যৱহাৰটো ফুটি উঠে। সেয়েহে সফল ব্যক্তিত্বৰ অধিকাৰী হবলৈ হলে মানুহৰ আচাৰ-ব্যৱহাৰ, মাত-কথা সদায় শুৱলা হব লাগে। সৰুক মৰম আৰু ডাঙৰক শ্ৰদ্ধা কৰিব শিকিব লাগে। মানুহে সদায় পৰিস্কাৰ পৰিচ্ছন্ন ভাৱে শালীনতা যুক্ত পৰিপাটি সাজপাৰ পৰিধান কৰিব লাগে।

আমি মৌচুন্বী টেঙা এটিৰ মধুৰ ৰসৰ সোৱাদ লবলৈ যিদৰে ইয়াৰ তিতা বাকলি আৰু ফলটোৰ ভিতৰত থকা তিতা বাকলি আৰু তিতা গুটিবোৰ পেলাই দিব লাগে, তেনেদৰে আমিও যদি জীৱনৰ প্ৰকৃত আনন্দৰ সোৱাদ লব খোজো তেনেহলে আমি আমাৰ মনত সোমাই থকা অহংকাৰ ৰূপী বাকলি আৰু ক্ৰোধ, দ্বৰ্যা, ঘৃণা আৰু অহংকাৰৰূপী বীজবোৰ আঁতৰাব লাগিব। তেতিয়াহে আমি জীৱনৰ প্ৰকৃত সোৱাদ লব পাৰিম।





Bal Mandir Public School

















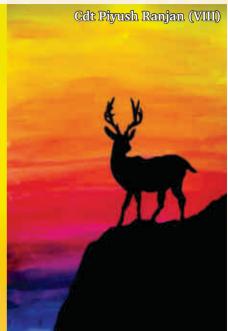




Art Gallery



















SAINIK SCHOOL GOALPARA (SSG)

SSG the first residential public school of its kind was established on 12 Nov 1964 in Goalpara. It was inaugurated by Shri Sarat Singha, the Honourable CM of Assam. The founder Principal was Lt Col DN Sahni. The school shifted to Rajapara in 1976. The school is spread over 506 acres and has infrastructure to train 650 cadets. The school functions under the Sainik School Society under the Ministry of Defence.

SSG was raised to impart public school education to the boys of the region and prepare them academically, physically and psychologically for entry into the National Defence Academy. Appx 250 cadets have joined the armed forces through NDA entry and many others through other lateral entries. The school has produced five National Awardee teachers.

The motto is "Sarva me Sadhyam" which means "Everything is Achievable".

HOW TO JOIN SAINIK SCHOOL GOALPARA?

Candidates (Boys & Girls for VI & Boys for IX) are to clear the All India Sainik School Entrance Examination (AISSEE) conducted every year. Selected candidates who qualify in the written examination will be called for Medical Examination and Certificate Verification for admission.

Class	Age 10 to 12 years as on 31" Mar of the year	Girls-10Boys-88	Reservation		
			SC	15 %	
			ST	7%%	
			Domicile (Assam)	67%	
IX	13 to 15 years as on 31st Mar of the year	Boys-12	Other states	Remaining Seats	
			Defence (Serving/ Ex Servicemen)	25 % of domicile & Other state category	

Exam Details: AISSEE is an OMR based examination. Details are as follows:-

Class VI Duration of Examination 150 minutes			Class IX Duration of Examination 180 minutes		
(a)	Maths	50×3	(a)	Maths	50 x 4
(b)	Gen Knowledge (SC & SST)	25 x 2	(b)	English	25 x 2
(c)	Language	25 x 2	(c)	Intelligence	25 x 2
(d)	Intelligence	25 x 2	(d)	Gen Science	25 x 2
	Total Marks	300	(e)	Social Studies	25×2
	IULDI IVIDI AS	300		Total Marks	400

Qualifying Marks : 25 % in each subject and 40 % in aggregate.

Medium of Examination : English for Class IX and English, Hindi or Assamese for Class VI.

Scholarships : Rs 40,000/- for domicile children of Assam, irrespective of parental income. Scholarship for other

States is as per respective State policy.

Important Dates Online Registration through National Testing Agency for Admission opens in Oct every year

and the Date of Examination is the first Sunday of January every year.

Exam Centres : As decided by National Testing Agency.

More info on sainikschooladmission.in & www.sainikschoolgoalpara.org

Contact Us: Sainik School Goalpara, Rajapara Post, Goalpara Dt, Assam 783133

Call Us: 03663-287076 (Principal) | 03663-287119 (Vice Principal) | 03663-287118 (Admin Officer)

Follow us: www.sainikschoolgoalpara.org | Proud SSGians | Mail us: contact@sainikschoolgoalpara.org

